

National Nutrition and Food Technology Research Institute

Study on food consumption patterns

This project is one of the activities of NNFTRI as WHO collaborating center. World Health Organization is monitoring the NCD diet-related risk factors in the Region. This institute is ready to perform this study. It is proposed the first step done at national level and will be carried out for some countries in the region. To assist WHO with this task, the NNFTRI will conduct a regional study in countries to be decided by WHO, to assess salt, TFA, SFA, and sugar intake.

We will prepare the questionnaires, hold the training courses to design methodology and questionnaires, and do data analysis and interpretation for those regional countries which are ready to do. The NNFTRI will produce a comprehensive report with the results of the study and submit it to WHO.

