

CV: AREZOO REZAZDEH

Date: 03/08/2019

General Information:

Name	Arezoo Rezazadeh
Date of Birth	23/09/1982
Place of Birth	Iran – Sarab
Nationality	Iranian
Gender	Female
Address	National Institute of Nutrition and Food Technology, Faculty of Nutrition and Food Technology, Shahid Beheshti University of Medical Sciences, Tehran, Iran PO Box: 1981619573
E mail	arezoo.rezazadeh@sbmu.ac.ir ; arezoo.rezazadeh@gmail.com
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Job Information:

Job	Place	Date
Assistant Professor	Community Nutrition department, National Institute of Nutrition and Food Technology, Faculty of Nutrition and Food Technology, Shahid Beheshti University of Medical Sciences, Tehran, Iran	From 2016 up to now

Educational Information:

Degree	Place of education	Date	Grade
Education			
PhD in Nutrition Sciences	School of Nutrition and Food Science, Shahid Beheshti University of medical science, Tehran, Iran	2010 -2015	18.89 (grade A)
MSc in nutrition Sciences	School of Nutrition and Food Science, Shahid Beheshti University of medical science, Tehran, Iran	2005- 2008	18.23 (grade A)
BSc in nutrition Sciences	School of Health & Nutrition, Tabriz University of Medical Science, Tabriz, Iran	2002-2005	17.29 (grade A)
Certification and Additional Training			
Diploma in experimental sciences	Bagherololum elites` high school , Tabriz, Iran	2000	19.07 (grade A)
A member of the “National Elite Foundation”	National Elite Foundation Tehran	From 2015	
A member of the exceptional talent students	Shahid Beheshti University of Medical sciences	MSc. and Ph.D	
Awards			
Best Researcher Award Winner of Shahid Beheshti University of	Shahid Beheshti University of Medical sciences	2008	

Medical sciences and Health Services			
2 nd stand in PhD Entrance Examination	Iran	2010	
Young investigator award winner (Asia Pacific Conference on Clinical Nutrition)	Bangkok, Thailand	2011	
Grant winner of SCOPE(Specialist Certification of Obesity Professional Education) summer school	Cambridge, England	2011	
Winner of Best Non English speaking Poster	16th International Congress of Dietetics, Sydney	2012	
Winner of best Oral presentation	2 nd gathering of Medical Students , Iran	2012	
Winner of Best article among PhD Candidates of Shahid Beheshti University of Medical sciences	7 th and 8 th meeting of Shahid Beheshti Medical Sciences students	2012 , 2013,2014	
Grant winner of III World Congress of Public Health Nutrition	Gran Canaria, Canary Islands	2014	
Best Research Project in National students Cultural Competition	Tehran, Iran	2014	
Best Elite Student of the country	Tehran, Iran	2016	
Best Oral presentation in International Conference on Human Nutrition and Food Sciences	Rome, Italy	2017	
Best Oral presentation in International Conferences on Medical and Health Science (ICMHS)	Copenhagen, Denmark	2018	

Other studies and training courses

Topic	Place	Year
Workshops contributed as a teacher or lecturer		
Assessment of nutritional status of children and adolescents	Tehran, Iran	2016
Capacity building to assess food consumption by questionnaire method (2 series)	Tehran, Iran	2016
Endnote Software	Tehran, Iran	2016
How to write a Proposal	Tehran, Iran	2016
Scientific writing an article (4 series)	Tehran, Iran	2016
How to choose and submit in a suitable journal	Tehran, Iran	2016
Recall questionnaire method to assess food consumption in children	Tehran, Iran	2016
World Food Day (sustainable diet)	Asaloyeh, Iran	2016
Promoting breastfeeding skills, For nutritionists(2 series)	Tehran, Iran	2018,2019
Diet Therapy in Pregnancy and lactation	Tehran, Iran	2018
Attended workshops		
Alignment of multiple pairs genetic workshop	Tehran, Iran	2006
End note and digital library training workshop	Tehran, Iran	2010
Specialist Certification of Obesity Professional Education (Scope) summer school	Cambridge, U.K	2011

Advanced Statistical Methods	Tehran, Iran	2012
Systematic Review workshop	Tehran, Iran	2012
Advanced statistical methods	Tehran, Iran	2012
Nutritional Genomics: Current status, application and future directions in advancing dietetic practice	Sydney, Australia	2012
International Dietetics Workforce Supply/Demand (workshop of The International Confederation of Dietetic Association),	Sydney, Australia	2012
Leadership and change management in advancing dietetics in the global environment	Sydney, Australia	2012
Nutrition Leadership " One Focus, One Voice Through Collaborative and Participatory Dialogue"	Tehran, Iran	2012
Knowledge Translation Workshop	Tehran, Iran,	2013
Teaching methods	Tehran, Iran	2014
Analysis and evaluation of the policy and planning in nutritional projects	Tehran, Iran	2014
Advanced Systematic Review workshop	Tehran, Iran	2014
Nutritional Epidemiology (Dr Willet)	Canary Island, Spain	2014
SEM workshop	Tehran, Iran	2016
ENA Software	Tehran, Iran	2016
Systematic Review and Meta-analysis	Tehran, Iran	2016
Workshop on Traditional, Indigenous and Cultural Food and Nutrition	Tehran, Iran	2016
Summer school: Basics in Human Nutrition Research	Potsdam, Germany	2017
Meta-analysis workshop	Tehran, Iran	2017

Research Background:

1) Publication:

i: Papers

Full Text:	Journal	Date
ISI Journals		
<u>Arezoo Rezazadeh</u> *. Bahram Rashidkhani, Nasrin Omidvar. Association of major dietary patterns with socioeconomic and lifestyle factors of adult women living in Tehran, Iran	<u>Nutrition</u> 26 (2010) 337–34	2010
<u>Arezoo Rezazadeh</u> . Bahram Rashidkhani. The Association of General and Central Obesity with Major Dietary Patterns of Adult Women Living in Tehran, Iran.	Journal of <u>Nutritional Science and Vitaminology</u> . 56 (2010):132-138.	2010
Mahboubeh Shaneshein, <u>Arezoo Rezazadeh</u> , Mahsa Jessri, Tirang Neyestani, Bahram Rashidkhani. Validity of Predictive Equations for Resting Energy	Asia Pac J Clin Nutr 2011;20 (4):646-653	2011

Expenditure among Iranian women		
Golaleh Asghari, Arezoo Rezazadeh , Firoozeh Hosseini-Esfahani , Parvin Mirmiran, Yadollah Mehrab, Mahya Mehran, Fereidoun Azizi. Reproducibility and validity of dietary patterns derived from a food-frequency questionnaire among participants in the Tehran Lipid and Glucose Study	Br J Nutr. 2012 Jan 17:1-9	2012
Nasrin Omidvar, , Tyrang Neyestani, Majid Hajifaraji, Reza Eshraghian, Arezoo Rezazadeh . Sociodemographic factors associated with calcium intake in school age children in Tehran: A cross-sectional study.	Iranian Journal of Pediatrics 2015 February; 25(1):e177.	2015
Arezoo Rezazadeh , Nasrin Omidvar*, Mahmud Ghazi-Tabatabaei, Reza Majdzadeh, Hasan Eini-zeinab, Saeid Ghavamzadeh. Food insecurity, socioeconomic factors and weight status in two Iranian ethnic groups	Ethnicity and Health 2016;21(3):233-50 Ethn Health . doi: 10.1080/13557858.2015.1061102	2016
Arezoo Rezazadeh , Nasrin Omidvar*, Mahmud Ghazi-Tabatabaei, Reza Majdzadeh, Hasan Eini-zeinab, Saeid Ghavamzadeh. General and Central Obesity in Relation with Neighborhood Environment in Two Iranian Ethnic Groups Living in Urmia, West Azerbaijan, Iran	Iranian Red Crescent Medical Journal 18(7): e27591 doi: 10.5812/ircmj.27591.	Published online 2016May17
Arezoo Rezazadeh , Nasrin Omidvar*, Mahmud Ghazi-Tabatabaei, Reza Majdzadeh, Hasan Eini-zeinab, Saeid Ghavamzadeh. Dietary patterns and their relation with socio economic status and food insecurity , in two Iranian ethnic groups living in Urmia, Iran	Public Health Nutrition doi:10.1017/S1368980016001634	2016
Behzad Damari, Zahra Abdollahi, Majid Hajifaraji, Arezoo Rezazadeh* . Food and Nutrition Security Policy in Iran: Situation analysis and the Road-map toward 2021.	Eastern Mediterranean Health Journal 3;24(2):177-188 East Mediterr Health J. 2018 May	2018
Seyedeh Fatemeh Miri, Maryam Javadi, Chung-Ying Lin, Khadijeh Irandoost, Arezoo Rezazadeh , Amir Pakpour. Health related quality of life and weight self-efficacy of life style among normal-weight, overweight and obese Iranian adolescents: A case control study	International Journal of Pediatrics 2017;5 (11): 5975-5984	2017
Sayyed Reza Sobhani, Arezoo Rezazadeh , Nasrin Omidvar, Hassan Eini-Zinabb*	J Sci Food Agric 2019; 0: 0	2019

Healthy diet: a step toward a sustainable diet by reducing water footprint		
Bahareh Seyyedini, Arezoo Rezazadeh,, Nasrin Omidvar, Farid Zayeri, Sakineh Nouri-Saeedlou. Major Dietary Patterns in Relation to Overweight/Obesity in Azeri and Kurd Female Adolescents Living in North West of Iran	Journal of Racial and Ethnic Health Disparities	Under review
Iranian Journals (in Farsi) indexed in: ISC, EMRO ·Index Copernicus ·Chemical Abstracts ·CINAHL ·CABI		
S.Hasan Kazemi, S.Vali Razavie, Arezoo Rezazadeh , Lale pirzeh, Maryam hosseyini, Evaluation of fungi contaminations of flour which is used in bakeries of Tabriz city.	Medical Journal of Mashhad University of Medical sciences 2007; 50 (98): 411-418	2007
Bahram Rashidkhani, Arezoo Rezazadeh , Nasrin Omidvar, Anahita Hoshyarrad,Zohre Setayeshgar. Major dietary patterns and their relation with socioeconomic and demographic factors of 20-50 years old women living in north of Tehran.	Iranian J Nutr Sci Food Tech 2008; 3 (2): 1-12.	2008
Zohre Setayeshgar, Nasrin Omidvar,Hamid Alavi, Arezoo Rezazadeh The influence of socio-economic factors of household on patterns of fruit and vegetable consumption in adolescent girls in Tehran.	Journal of population Study of Iran, 2008; 2(4):152-172.	2008
Arezoo Rezazadeh* . Bahram Rashidkhani,Narmela Asefi. Dietary patterns and their relation with obesity and anthropometric factors in 20-50 years old women with or without history of Obesity, Tehran, Iran.	Women Research Journal of Tabriz Azad University 2008;2:69-86.	2008
Arezoo Rezazadeh* . Bahram Rashidkhani, Nasrin Omidvar. Major dietary patterns and their relation with General and Central obesity of Tehrani women.	Research in Medical Science 2009,2010 33(4); 246-257.	2010
Mahbube Shaneshin, Bahram Rashidkhani, Rana Rafat, Nasrin Omidvar, Anahita Hoshyarrad, Arezoo Rezazadeh , Atena Ramezani, Maryam Behruz.Validity And Reproducibility a Food Frequency Questionnaire For Assessing Dietary Patterns in 18-45 Years Old Women Supported by Health Care in The North And East Of Tehran	Iranian Journal of Endocrinology and Metabolism 2011;13(1):58-66.	2011
Rana Rafat, Hamidreza Dorosty, M.Reza Eshraghian, Arezoo Rezazadeh . The association of myopia and overweight in elementary school children of Eslamshahr	Iranian Journal of Epidemiology 2012;7(3):34-46.	2012

in 2009		
Arezoo Rezazadeh* . Common single nucleotide polymorphisms of the fat mass and obesity associated (FTO) gene and their association with obesity and lifestyle factors: a systematic review	Iranian J Nutr Sci Food Tech 2013;7(5)suppl:651-659.	2013
Arezoo Rezazadeh* . Humidity Percent and Fungal content of consumed Flour of Tabriz City`s Bakeries.	The Journal of paramedical sciences	2013
Behzad Damari, Sahand Riazi-Esfehani, Mina Hajian, Arezoo Rezazadeh* . Assessment of the situation and the cause of junk food consumption in Iran and recommendation of interventions for reducing its consumption	Community Health; Vol. 2, No. 3; 2015	2015
Mina Beytollahi, Hassan-Einizeinab, Zeinab Moslemi Z, Shabnam Hosseini, Arezoo Rezazadeh* . Pre-pregnancy weight status and its relationship with dairy intake in pregnant women under the care of health centers in tehran in 2015.	Community Health 2017;4(1):1-11.	2017
Gholami Nasrin, Behnaz Arezoo Rezazadeh* Association of Junk Food Consumption with Depression in Adolescents Living in High and Low Socio-economic Districts of Tehran	Community Health 2017;5(3):217-225.	2018
Noosha Samieefar, Maryam Golmohammadi, Ronak Rashedi, Arezoo Rezazadeh* , Mohammad Ali Heidarnia. Perception of Nutrition Aspects and the Relation of Spiritual Aspect of Nutrition and Health	Social Determinants of health Vol 4, No 4 (2018) DOI: https://doi.org/10.22037/sdh.v4i4.24245	2018
Comparison of Overweight and Obesity Comparing Overweight/Obesity Prevalence in Azeri and Kurd Female Adolescents Living in Urmia City	Social Determinants of health	In press
Mohammad Masih Mansouri-Tehrani, reza hashemi, Tiam hajiha, Arezoo Rezazadeh* Association of Junk Food Consumption with overweight-obesity among students of basic medical sciences in Shahid Beheshti medical university (SBMU)	Social Determinants of health	In press
Maryam Golmohammadi , Noosha Samieefar , Arezoo Rezazadeh* . Association between Disordered Eating Behavior and Sleep Disturbance in Medical Students of Shahid Beheshti University	Social Determinants of health	In press
Mina Beytollahi, Fatemeh Sedaghat, Arezoo Rezazadeh* . Healthy eating index-2010 in relation with general/central obesity among adult women living in Tehran, Iran	J Kermanshah Univ Med Sci. 2019 June; 23(2):e87491	2019

***corresponding author**

2- Books

Book	Publication		Date
Arezoo Rezazadeh , M Kimiagar. Krause`s Food and nutritional care processes; assessment, diagnosis and intervention;Weight management, 12 th ed. 2012	<u>Khosravi Publication, Tehran, Iran</u>	Translation	2008
Arezoo Rezazadeh . Nutrition in Special groups(Emphasis on the whole lifecycle)	Roodgoon and Nashre Sina <u>Publication, Tehran, Iran</u>	Conflation	2014
Arezoo Rezazadeh , Parisa Keshani. Krause`s Food and nutritional care processes; assessment, diagnosis and intervention (4 chapters), 14 th ed. 2016.	<u>Khosravi Publication, Tehran, Iran</u>	Translation	2017

3- Conferences

	Congress	Date
1- Oral Presentations		
Arezoo Rezazadeh* , S.Hasan Kazemi, S.Vali Razavie. Evaluation of fungi contaminations and humidity percent of flour which is used in bakeries of Tabriz city	7 th congress of students of medical sciences, Tehran,Iran	2006
Arezoo Rezazadeh* , Anahita Hoshyarrad,Morteza Abdollahi, Naser Kalantari, Comparison of energy and nutrient intake status between urban and rural areas of East Azerbaijan state	2 nd international congress of students of medical sciences, Mashhad, Iran	2008
Arezoo Rezazadeh* , Bahram Rashidkhani, Nasrin Omidvar, Anahita Hoshyarrad. Assessment of major dietary patterns and their relation with socioeconomic and demographic factors of 20-50 years old women living in north of Tehran	9 th National Congress of Nutrition, Tehran, Iran	2008
Arezoo Rezazadeh* , Anahita Hoshyarrad,Morteza Abdollahi, Naser Kalantari.Comparison of Malnutrition Status Of Under 5-Year Children of East Azerbaijan state with Total under 5-year Children in Iran	4 th congress of students of Shahid beheshti University of medical sciences, Tehran,Iran	2008
Arezoo Rezazadeh* , Bahram Rashidkhani, Nasrin Omidvar, Anahita Hoshyarrad. Assessment of overweight and obesity prevalence of 20-50 years old women living in north of Tehran Iran, 2007, and it's relation with family history of overweight and obesity	4 th congress of students of Shahid beheshti University of medical sciences, Tehran,Iran	2008
Arezoo Rezazadeh* , Firoozeh Hosseyni, Parvin Mirmiran, Yadollah Mehrabi, Marjan Afghan, Fereidoon Azizi. Reproducibility and validity of dietary patterns derived from a food-frequency questionnaire among participants in the Tehran Lipid and Glucose	Asia Pacific Conference on Clinical NutritionBangkok,Thailand (Accepted for young investigator awards	2011
Arezoo Rezazadeh* , Mahsa Jesri, Bahram Rashidkhani Fruit and vegetable consumption and risk of type 2 diabetes mellitus among Iranian women,	16 th International congress of dietetics, Sydney ,2012,nutrition and dietetics 2012;69 supplement 1, page 56	2012
Mahsa Jessri, Bahram Rashidkhani, Bahareh Hajizadeh, Ghazaleh Eslamian, Arezoo Rezazadeh , Glycemic index, glycemic load and	16 th International congress of dietetics, Sydney ,2012,nutrition and dietetics 2012;69	2012

risk of esophageal squamous cell carcinoma (ESCC): a case-control study. 16th International congress of dietetics, Sydney,2012(Oral presentation).	supplement 1, page 69	
<u>Arezoo Rezazadeh*</u> , Nasrin Omidvar, Bahram Rashidkhani. Major Dietary Patterns of Iranian Women and Their Relation with Ethnicity and duration of Residence in the Capital City(TEHRAN).	20 th International Congress of Nutrition, Granada, Spain	2013
<u>Arezoo Rezazadeh*</u> , Nasrin Omidvar, Mahmud Ghazi-Tabatabaei, Reza Majdzadeh, Hasan Eini-zeinab, Saeid Ghavamzadeh. Major Dietary patterns in relation with Socioeconomic Status, Food Insecurity and lifestyle factors in Two Iranian Ethnic Group Living in Urmia, Iran.	12 th International Congress of Nutrition, Tehran, Iran.	2014
<u>Arezoo Rezazadeh</u> , Nasrin Omidvar. Major Dietary Patterns of Iranians in Relation with Obesity: A Systematic Review	14 th International Congress of Nutrition, Tehran, Iran.	2016
<u>Arezoo Rezazadeh*</u> , Nasrin Omidvar, Hasan Eini-zeinab. Multilevel analysis of the effects of neighborhood, household and individual on anthropometric indices in men and women from two Azeri and Kurd ethnicity living in Urmia city	14 th International Congress of Nutrition, Tehran, Iran.	2016
<u>Arezoo Rezazadeh*</u> , Nasrin Omidvar, Hassan Eini-zinab. Association of major dietary patterns with anthropometric indices based on gender and ethnicity in Iran	World Nutrition Cape town, 2016 Knowledge, Policy, Action, Cape town, South Africa	2016
<u>Arezoo Rezazadeh*</u> , Nasrin Omidvar, Hassan Eini-zinab The Association between Food Security Status and Depression in Two Iranian Ethnic Groups Living in Northwest of Iran.	International Conference on Human Nutrition and Food Sciences , Rome, Italy.	2017
10- <u>Arezoo Rezazadeh*</u> , Nasrin Omidvar, Hassan Eini-zinab. Major Dietary Patterns in Relationship with Anthropometric Indices in North West of Iran.	450th International Conferences on Medical and Health Science (ICMHS), Copenhagen, Denmark.	2018
2-Poster Presentations		
A. International Congresses		
<u>Arezoo Rezazadeh*</u> , S.Hasan Kazemi, S.Vali Razavie. Evaluation of fungi contaminations and humidity percent of flour which is used in bakeries of Tabriz city.	10 th European Nutrition Conference (Paris- France)	2007
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar, Anahita Hoshyarrad Assessment of relation between physical activity and overweight and obesity in 20-50 years old women who are living in the north of Tehran, Iran, 2007: <u>A pilot study</u>	16th European Congress on Obesity (Geneva, Switzerland)	2008
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar, Anahita Hoshyarrad Assessment of overweight and obesity prevalence of 20-50 years old women living in north of Tehran Iran, 2007, and it's relation with family history of overweight and obesity.	16th European Congress on Obesity (Geneva, Switzerland)	2008
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar, Anahita Hoshyarrad Dietary patterns and their relation with overweight and obesity of 20-50 years old women who are living in north of Tehran city, Iran, 2007: <u>A pilot study</u>	16th European Congress on Obesity (Geneva, Switzerland)	2008
<u>Arezoo Rezazadeh*</u> , Anahita Hoshyarrad, Morteza Abdollahi, Naser Kalantari. Comparison of Malnutrition Status Of Under 5-Year Children of East Azerbaijan state with Total under 5-year	16th European Congress on Obesity (Geneva, Switzerland)	2008

Children in Iran		
Arezoo Rezazadeh* Bahram Rashidkhani. Major dietary patterns of adult women living in Tehran, Iran and their relation with body mass Index and waist circumstance.	Scandinavian Pediatric obesity Conference (SPOC) 9-10 July 2010, Stockholm . Poster	2010
Arezoo Rezazadeh* ,Bahram Rashidkhani. THE RELATION BETWEEN MAJOR DIETARY PATTERNS AND ANTHROPOMETRIC INDEXES IN TEHRANI WOMEN WITH AND WITHOUT FAMILIAL HISTORY OF OBESITY	Asia Pacific Conference on Clinical Nutrition .Bangkok, Thiland	2011
Arezoo Rezazadeh* ,Bahram Rashidkhani. The Association of General and Central Obesity with Major Dietary Patterns of Adult Women Living in Tehran, Iran.	Scope summer school meeting 2011, Cambridge, England	2011
Arezoo Rezazadeh* , Bahram Rashidkhani , Nasrin Omidvar. Assessment of Major Dietary Patterns of Iranian Women and Their Relation with Socioeconomic and Demographic Factors.	16 th International congress of dietetics, Sydney .	2012
Arezoo Rezazadeh* , Bahram Rashidkhani. Resting metabolic rate, total energy intake and their relation with type 2 Diabetes Mellitus in Iranian women.	16 th International congress of dietetics, Sydney . (Accepted for the best poster)	2012
Arezoo Rezazadeh* , Nasrin Omidvar, Bahram Rashidkhani. Overweight, General And Central Obesity And Their Association With Ethnicity, Demographics And Socioeconomic Status In Iranian Women	20 th International Congress of Nutrition, Granada, Spain	2013
Arezoo Rezazadeh* , Nasrin Omidvar, Bahram Rashidkhani. Association Of Food Groups Consumption With Central Obesity Among Iranian Women	20 th International Congress of Nutrition, Granada, Spain	2013
Arezoo Rezazadeh* , Nasrin Omidvar, Bahram Rashidkhani. The Association Of Dietary Lipid Profile With Having History Of Hyperlipidemia In Iranian Women	20 th International Congress of Nutrition, Granada, Spain	2013
Omidvar N, Neyestani TR, Hajifaraji M, Eshraghian MR, Rezazadeh A , Haidari H, Zowghi T, Armin S.Calcium Intake, Major Dietary Sources And Its Association With Socio-Economic Status In Primary School Children In Tehran	20 th International Congress of Nutrition, Granada, Spain	2013
Arezoo Rezazadeh , Nasrin Omidvar, Mahmud Ghazi-Tabatabaei, Reza Majdzadeh, Hasan Eini-zeinab, Saeid Ghavamzadeh. Food insecurity, socioeconomic factors and weight status in two Iranian ethnic groups.	. III World Congress of Public Health Nutrition, Gran Canaria, Spain	2014
Arezoo Rezazadeh , Nasrin Omidvar, Bahram Rashidkhani. The relation of fast food pattern with body mass index and physical activity in Iranian women	<i>III World Congress of Public Health Nutrition</i> , Gran Canaria, Spain ,	2014
Arezoo Rezazadeh* , Nasrin Omidvar, Mahmud Ghazi-Tabatabaei, Reza Majdzadeh, Hasan Eini-zeinab, Saeid Ghavamzadeh. Prevalence of overweight, general and central obesity in men and women and two ethnic Kurdish city of Urmia in 1392	International Congress on Obesity of mother and child, Urmia, Iran	2015
Rana Rafat , Arezoo Rezazadeh , Alirza Souri, Zahra Maleki. Prevalence Of Metabolic Syndrome In The Elderly Of Qarchak City	14 th International Congress of Nutrition, Tehran, Iran.	2016
Melika Haji Mohammad-Ebrahim Ketabforoush; Arezoo Rezazadeh . The Relation Between Mediterranean Dietary Pattern	1 st World Congress on the Mediterranean Diet, Milan ,	2016

and Depression: A Systematic Review	Italy	
Arezoo Rezazadeh* , The Anti-Inflammatory Effects of Mediterranean Diet: A Systematic Review	1 st World Congress on the Mediterranean Diet, Milan, Italy	2016
Arezoo Rezazadeh* , Nasrin Omidvar, Hassan Eini-zinab. Association of depression with general and central obesities in Azeri and Kurd ethnic groups in Urmia, West Azerbaijan, Iran	World Nutrition Cape town, 2016 Knowledge, Policy, Action, Cape town, South Africa obesity reviews	2016
B. National Congresses (Iran)		
Arezoo Rezazadeh* , Anahita Hoshyarrad, Morteza Abdollahi, Naser Kalantari. Comparison of Fruits and Vegetables Consumption Pattern of East Azerbaijan State with Mean Consumption in Iran, 1379-1381	9 th National Congress of Nutrition, Tabriz, Iran	2006
Arezoo Rezazadeh* . Assessment of Iron intake status of Iranian in 1379-1381	1st Congress of Trace Elements, Tehran, Iran	2006
Arezoo Rezazadeh* , Anahita Hoshyarrad, Morteza Abdollahi, Naser Kalantari. Comparison of Food Consumption Pattern of East Azerbaijan State with Mean Consumption in Iran	9 th National Congress of Nutrition, Tabriz, Iran	2006
Arezoo Rezazadeh* , Bahram Rashidkhani, Nasrin Omidvar, Anahita Hoshyarrad. The association between dietary patterns and overweight and obesity in 20-50 years old women with or without history of Obesity, Tehran, Iran.	1st Congress of Prevention of obesity, Tehran, Iran	2008
Arezoo Rezazadeh* , Azadeh Aminpour. The relation between food insecurity and obesity in children	1st Congress of Prevention of obesity, Tehran, Iran	2008
Arezoo Rezazadeh* , Bahram Rashidkhani, Nasrin Omidvar, Anahita Hoshyarrad. The relation between central obesity and socioeconomic factors of 20-50 years old women living in north of Tehran.	1st Congress of Metabolic Syndrome, Tabriz, Iran	2008
Zohre Setayeshgar, Nasrin Omidvar, Hamid Alavi, Arezoo Rezazadeh Body mass index in adolescents in high schools of 3 different socioeconomic areas of Tehran	1st Congress of Metabolic Syndrome, Tabriz, Iran	2008
Arezoo Rezazadeh* , Bahram Rashidkhani, Nasrin Omidvar, Anahita Hoshyarrad. Major dietary patterns and their relation with Central and General obesity in adult women in Tehran, Iran.	1st Congress of Metabolic Syndrome, Tabriz, Iran	2008
Arezoo Rezazadeh* , Bahram Rashidkhani. A review of the relation between Major dietary patterns and Diabetes and obesity.	1st Congress of Metabolic Syndrome, Tabriz, Iran	2008
Zohre Setayeshgar, Nasrin Omidvar, Arezoo Rezazadeh . The relation between fruit and vegetable consumption with knowledge and education and BMI in adolescent girls in Tehran.	1st national Congress of nutrition students of Iran, Tehran	2008
Arezoo Rezazadeh* , Bahram Rashidkhani, Nasrin Omidvar. Zohre Setayeshgar, Rana Rafat. The relation between major dietary patterns and hyperlipidemia, Diabetes Mellitus and Hypertension in 20-50 years old women living in north of Tehran	10 th national congress of Iran	2008
Arezoo Rezazadeh* , Bahram Rashidkhani, Nasrin Omidvar. Zohre Setayeshgar, Rana Rafat. The relation between lifestyle factors and major dietary patterns of adult women living in Tehran, Iran.	10 th national congress of Iran	2008
Arezoo Rezazadeh* , Bahram Rashidkhani, Nasrin Omidvar. Zohre Setayeshgar, Rana Rafat. The relation between physical activity and obesity in Tehran women	10 th national congress of Iran	2008
Arezoo Rezazadeh* , Bahram Rashidkhani, Nasrin Omidvar. Zohre Setayeshgar, Rana Rafat. The relation of major dietary patterns with	10 th national congress of Iran	2008

central and general obesity in adult women with or without history of Obesity, Tehran, Iran.		
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani. Fruit and vegetable consumption and their relation with Central Obesity	2 nd gathering of Medical Students of Iran ,Ilam, Iran	2012
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani. Major dietary patterns and its relation with having history of hypertension in adult women living in north of Tehran	5 th gathering of Medical Students of North of Iran ,Semnan, Iran	2012
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar. Meat Consumption and Risk of Type 2 Diabetes Mellitus in Women living in Tehran	13 th national congress of medical students, Babol, Iran.	2012
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar. Meat Consumption and Risk of General and Central Obesity in Women living in Tehran	12 th National Congress of Nutrition, Isfahan, Iran, October, 2012	2012
<u>Arezoo Rezazadeh*</u> , Nasrin Omidvar, Bahram Rashidkhani. Fast Food Pattern and Its Relation with Overweight, General and Central Obesity in Women Living in North of Tehran	14 th national congress of medical students, Sari, Iran.	2013
<u>Arezoo Rezazadeh*</u> , Nasrin Omidvar, Bahram Rashidkhani. The association of fast food pattern and its relation with history of hypertension in women living in north of Tehran	14 th national congress of medical students, Sari, Iran.	2013
<u>Arezoo Rezazadeh</u> , Nasrin Omidvar, Hasan Eini-zeinab, Reza Majdzadeh. Association of depression with general and central obesities in Azeri and Kurd ethnic groups in Urmia, West Azerbaijan, Iran.	<i>International Congress of Obesity, Vancouver, Canada</i>	2016
<u>Arezoo Rezazadeh</u> , Nasrin Omidvar, Hasan Eini-zeinab, Reza Majdzadeh. Association of major dietary patterns with anthropometric indices in men and women from two Azeri and Kurd ethnicity living in Urmia city, West Azerbaijan, Iran.	<i>International Congress of Obesity, Vancouver, Canada</i>	2016

***corresponding author**

2) Projects:

Project	Affiliation	Date
Major dietary patterns and related factors among women aged 18-45 years living in North and East health care network of Tehran city, 2007 (Main Colleague)	by a grant from the National Nutrition and Food Technology Research Institute and by the combined support of the School of Nutrition and Food Science, Shahid Beheshti University of Medical Sciences.	2007
Psychological determinants of fruit and vegetable intake in adolescent in Tehran. (Main Colleague)	by a grant from the National Nutrition and Food Technology Research Institute and by the combined support of the School of Nutrition and Food Science, Shahid Beheshti University of Medical Sciences.	2007
The relation between major dietary patterns and overweight and obesity in students of Shahid	by a grant from Students Research Committee, Shahid Beheshti University of	2012

Beheshti University of Medical Sciences living in Alzahra dormitory (Main Executer)	Medical Sciences	
Design and test of a multilevel model to explain the effects of neighborhood, household and individual on anthropometric factors in men and women living in the city of Urmia, Iran (Main Executer)	by a grant from the National Nutrition and Food Technology Research Institute and by the combined support of the School of Nutrition and Food Science, Shahid Beheshti University of Medical Sciences.	2013
The association of maternal nutritional intake during pregnancy with anthropometric characteristics and motor and cognitive development of the infant from birth to 12 month: a cohort study in Tehran city(Main Executer)	by a grant from Students Research Committee, Shahid Beheshti University of Medical Sciences	2016 up to now (ongoing)
Assessment of stability of dietary quality intake pattern of adult women living in districts under coverage of Shahid Beheshti University of Medical Sciences in north of Tehran, 2008-2017	by a grant from Students Research Committee, Shahid Beheshti University of Medical Sciences	2018
Changes in Iranian household food basket and its compliance with sustainable diet components using Income and Expenditures Survey data, 1991-2015	by a grant from Students Research Committee, Shahid Beheshti University of Medical Sciences	2018
Standardization of the NutriCHEQ tool to identify nutritional risk in children aged 1 to 3	by a grant from the Clinical Research Center of Mofid Hospital, Shahid Beheshti University of Medical Sciences.	2017
Situation analysis of lifestyle status in community living Elders of Tehran, 2018	by a grant from the National Nutrition and Food Technology Research Institute and by the combined support of the School of Nutrition and Food Science, Shahid Beheshti University of Medical Sciences.	From 2017
Iranians National food consumption survey	by a grant from the Ministry of Health and Medical Education, by the combined support of National Nutrition and Food Technology Research Institute , Tehran , Iran	From 2017
The relationship between healthy lifestyle and the risk of acute myocardial infarction in Rasht, 2019	by a grant from the National Nutrition and Food Technology Research Institute and by the combined support of the School of Nutrition and Food Science, Shahid Beheshti University of Medical Sciences.	2019
Investigating the Food Networks Using the Graphic Gassin Model and its Relationship with General and Abdominal Obesity in Azeri and Kurdish Men and Women of Urmia City	by a grant from the National Elite Foundation	2019

3: Teaching and Executive Experiences

3.1. Teaching courses:

Teaching courses: - Undergraduate: "Nutritional Assessment ", "Nutrition in Special Groups", "Diseases caused by malnutrition and it's epidemiology", "Computer application in Nutrition	From 2015
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sciences”, “ Nutrition in Life cycle: Pregnancy and lactation” - Postgraduate: MSc. Seminar , Computer application in Nutrition sciences - Medicine: General Basics Nutrition - Ph.D: Nutritional Assessment in the community, Nutrition and reproductive health	
Teaching in "Basic Nutrition" and "Practical Nutrition", "Nutrition and diet Therapy", and "Food Chemistry" courses at Azad University of Tabriz and Sarab, Iran	2010-2015
Assisting My thesis supervisor in teaching of "Nutrition Planning" and "Nutrition in special groups" and "Assessment of Nutritional Status" and “Primary Health care” courses for undergraduate students	From 2010 up to 2015

3.2. Guidance in Thesis

Thesis. Grade:	Thesis Topic	Duty
MS.c	Assessment of the relationship of school, household and individual factors with anthropometrics indices in girl female adolescents from two Azeri and Kurd ethnicities ethnic groups living in Urmia city	Supervisor
MS.c	Food security status and its association with socio-economic factors and dietary diversity in free-living elderly residents of Tehran city	Supervisor
MS.c	Assessment of the relationship between adequacy, quality and diversity of dietary intake and anthropometric indices in free living (community-dwelling) elders of Tehran city	Supervisor
MS.c	Study of major dietary patterns and it's relation with demographic and socio-economic characteristics in urban and rural areas of Dashtestan County	Supervisor
MS.c	The association of maternal nutritional intake with anthropometric, motor and cognitive development of the infant from birth to 12 month: a cohort study in Tehran city	Supervisor
Ph.D.	Changes in Iranian household food basket and its compliance with sustainable diet components using Income and Expenditures Survey data, 1991-2015	Advisor
MSc.	Association of Food intake and maternal anthropometric characteristics with low birth weight infants: a cohort study	Advisor
MSc.	Food insecurity status and Associated factors in Gharchak Elderly Persons, 1395.	Advisor
MSc.	The relation between diet inflammatory index, total antioxidant capacity and breast cancer	Advisor
MSc.	The relationship between the major dietary pattern and the DASH diet with breast cancer	Advisor
MSc.	Validation and adherence of Nordic nutrition recommendation and its association with abdominal obesity among 20-50 years-old-women living districts under coverage of shahid Beheshti university of medical sciences and health services in north of Tehran, 2017	Advisor
MSc.	The association between healthy lifestyle score and acute	Advisor

	myocardial infarction-A case-control study in Rasht city	
MSc.	Effectiveness of the Cognitive behavioral therapy(CBT) in improving nutritional and weight status in overweight adolescents	Advisor
MSc.	Investigation of Healthy and Less-Healthy Food Shares Changes in Iranian households food basket and its Association with their Socioeconomic and demographic factors over time, 1370-1394	Advisor
MSc.	Recommended Food Score, None Recommended Food Score and Healthy Nordic Food Index and risk of bladder cancer _ a case-control study	Advisor

3.3. Executive

- Supervisor of the “student research committee”, Faculty of Nutrition sciences and Food Technology, Shahid Beheshti University of Medical Sciences from 2015.
- A member of the **Dean’s Council of Young Advisors** of Shahid Beheshti University of Medical Sciences, Faculty of Nutrition sciences and Food Technology from 2015.
- A Member of "**Educational Development Organization**", Shahid Beheshti University of Medical Sciences, Faculty of Nutrition sciences and Food Technology from 2015.
- **Representative** of the Chairman of students` research office in matters of **research centers** of Shahid Beheshti University of Medical Sciences, from 2015.
- A member of “**Growth and Innovation Center**” of National Institute of Nutrition and Food Technology,

4: Other Competences and Skills

Reviewer : A-Journals
Reviewer of BioMed Central journals.
Reviewer of Public Health Nutrition Journal
Reviewer of Iranian Journal of Nutrition Sciences & Food Technology.
Reviewer of Thrita Journal of Medical Sciences.
Reviewer of 3 rd and 4 th <u>international</u> congress and 10 th to 15 th <u>national</u> congresses of students of medical sciences, Tehran, Iran (2009-2014).
B- Projects
Reviewer of Projects of Heart center of Gilan Medical Sci University
Reviewer of 5 Projects of National Institute of Nutrition and food technology
Other Skills
A board member of Basic Sciences exam of Medical Students of Shahid Beheshti University of Med. Science from 2017
Active member of European Public Health Association (EUPHA Section on Food and Nutrition) 2014-2017.
Full membership of British Nutrition Society from 2017
Active member of EUPHANxt network and platform as a mentor 2017.
Active member of students` research committee of Sahaid Beheshti University (2006-2015)

Active Member of Iranian Nutrition Society (2005-2017)
A Member of European Public Health Association (2014-2017)
A member of Canadian Obesity network (2011-2017)
Member of Dietetic Association of Australia (DAA) (2012)
Assisting as a nutrition counselor in Seminar of healthy food, healthy children, Tehran, 2006
Member of Trace elements Society of Iran , 2006
Active participation in the gathering of World's Diabetes Day in Iran, Teharn, 2008

5: Skills in English

Read	Speak	Write
Advanced	Advanced	Advanced