

## Maryam Amini



## Personal Information

### Maryam Amini

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**Academic Rank:** Assistant Professor (Research)

### Organization:

National Nutrition & Food Technology Research Institute (NNFTRI) connected to Shahid Beheshti University of Medical Sciences (SBMU)

Nutrition Research Department

**Scopus Author ID:** 23392150500

**Web of Science Researcher ID:** G-1642-2016

**ORCID:** 0000-0002-5279-213X

**ResearchGate:** [https://www.researchgate.net/profile/Maryam-Amini-](https://www.researchgate.net/profile/Maryam-Amini)

### Google scholar:

<https://scholar.google.com/citations?hl=en&user=Mu7FKFgAAAAJ>

Number of published articles in November 2021:36, H-Index:10; i-10 Index:10(based on Google Scholar) & H-Index: 10 (based on Scopus).

Scopus Author ID: 23392150500

ResearcherID: G-1642-2016

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## Research Interest

1. School/community/family based intervention to improve nutrition/health and qualitative research in health and nutrition
2. Paediatrics nutrition
3. Prevention of childhood obesity
4. Mass media and nutrition/health
5. Dietary consumption surveys
6. Validation/development of tools for data collection in dietary assessments
7. Recipe calculation, food composition table

## Education

### 1. Ph.D.

Nutritional Sciences, Tehran University of Medical Sciences, Tehran, Iran, 2014

Thesis Title:

Developing and evaluating of an interventional model to prevent and control childhood obesity in primary school children of district 9 of Tehran

Supervisor: Dr. Djazayery A., Dr. Majdzadeh R.

### 2. M.Sc.

Nutritional Sciences, Shahid Beheshti University of Medical Sciences and Health Services, Tehran, Iran, 2002

Thesis Title:

Evaluation of food advertisements on children's TV programs and determination of the relationship between TV food advertisements recalled and foods demanded and consumed by students of junior high school, district 6, Tehran, 2000-2001.

Supervisor: Dr. Mohsenianrad, M., Dr. Kimiagar, M.

### 3. B.Sc.

Nutritional Sciences, Shahid Beheshti University of Medical Sciences and Health Services, Tehran, Iran, 1992

## Language Skills

### 1. English

Speaking: Fluent, Reading: Good, Writing: Good

### 2. Farsi

Speaking: Native, Reading: Native, Writing: Native

## Awards & Honors

1. Distinguished researcher in the 9th (2008) research festival of SBMU.
2. Distinguished researcher in the 7th (2006) research festival of SBMU.
3. Awarded in "National Symposium for Organizing Media Advertisements in Health" for the best article, 2008.
4. Distinguished lecturer in the First National Congress on Snack Foods, 2014.
5. Awarded in "The 4<sup>th</sup> International mHealth congress, 16-18 February 2021, Shiraz, for the best article, entitled: "*Development of a mobile application for data collection in a nationwide survey measuring COVID-19 pandemic effects on Iranians' nutritional status and food security*". . **Amini, M.**, Rasekhi, H., Doustmohammadian, A., Ghodsi, D., Nikooyeh, B., Rabiei, S., Neyestani, T.R.

## Scientific Position

1. **Assistant Professor (research)**, Nutrition Research Department, NNFTRI, Shahid Beheshti University of Medical Sciences, 2015 to present
2. **Researcher**, Nutrition Research Department, NNFTRI, Shahid Beheshti University of Medical Sciences, 2008-2015

3. **Nutrition Officer**, Nutrition Research Department, NNFTRI, Shahid Beheshti University of Medical Sciences, 1997-2008.
4. **Nutrition Officer**, Community Nutrition Department, Faculty of Nutrition sciences and Food technology, Shahid Beheshti University of Medical Sciences, 1993-1995

## Experiences

## Research projects

1. Designing, supervision and executive coordination of the project “Effectiveness of nutritional interventions on COVID-19 outcomes: a systematic review and meta-analysis” (Research leader)
2. Designing, supervision and executive coordination of the project “Systematic review of nutritional studies related to COVID-19 pandemic regarding considering ethical criteria recommended by WHO” (Research leader)
3. Supervision and executive coordination of the project “The association between body mass index and eating disorders in professional bodybuilding women: a case-control” (Research leader)
4. Designing, supervision and executive coordination of the project “Evaluation of Lived experience of Covid-19 survivors in Tehran” (Research leader)
5. Designing, supervision and executive coordination of the project “Collection and harmonization of recipes for common mixed-dishes in the country based on portion size” (Research leader)
6. Designing, supervision and executive coordination of the project “Collection and harmonization of recipes for traditional mixed-dishes in the country based on portion size” (Research leader)
7. Designing, supervision and executive coordination of the project “Collection and harmonization of recipes for fast foods in the country based on portion size” (Research leader)
8. Designing, supervision and executive coordination of the project “Preparation of Food Nutrient Database to determine the nutritional value of foods and food intake” (Research leader)

9. Designing, supervision and executive coordination of the project “Opinion analysis of children about the causes of low consumption of milk and dairy products in Tehran” (Research leader)
10. Designing, supervision and executive coordination of the project “Content analysis of advertisements related to food products in radio, television, and billboards of Tehran with emphasis on how to comply with laws passed in the area of health of the Islamic Republic of Iran in 2018” (Research leader)
11. Technical assistance for development of a national plan for surveillance, monitoring and evaluation of initiatives for reduction of dietary risk factors in industrial foods , WHO, 2018
12. Designing, supervision and executive coordination of the project “Opinion analysis and expectations of stakeholders in the field of health and nutrition from the establishment of National Food and Nutritional Surveillance Program (NFNSP)” (Research leader)
13. Designing, supervision and executive coordination of the project” Investigation of the compliance of food products commercials’ content in mass media with related health policy issues of ministry of health and medical education: a systematic review and analysis of related policies” (Research leader)
14. Designing, supervision and executive coordination of the project “Evaluation of a dish-based FFQ”. (Research leader)
15. Designing, supervision and executive coordination of the project “Effect of school-based interventions in prevention and control of childhood obesity: A systematic review on systematic reviews and meta-analyses”. Funded by KURC(Knowledge Utilization Research Center), 2013-2015 (Research leader)
16. Designing, supervision and executive coordination of the project ” Content analysis of nutritional content information to elementary school children's channel Canals. Funded by NNFTRI, 2007-2009 (Research leader)
17. Designing, supervision and executive coordination of the project “Study of the effective factors on nutritional status of below 2 years old children in Damavand in 2007: A qualitative study”. Funded by NNFTRI, 2007-2008. (Research leader)
18. Designing, supervision and executive coordination of the project “The study on dietary pattern of primary school students in Tehran, with an emphasis on snacks consumption and some factors affecting it, 2003-2004” Funded by NNFTRI, 2003-2006 (Research leader)
19. Effectiveness study of traditional bakeries' flour fortification with vitamin D in addition to Iron and Folic acid (Colleague)

20. Formulation of canola oil with vitamins A and D and  $\gamma$ -oryzanol and evaluation of the efficacy of its consumption on anthropometric, inflammatory and metabolic indicators of adults with type 2 diabetes: a randomized controlled clinical trial (Colleague)
21. Evaluation of vitamin D status of children and adults in two cities Birjand and Yazd: Assessment of initial vitamin D status before implementation of vitamin D fortification of bakery's flour (Colleague)
22. Dietary changes of the Iranian households during lockdown for COVID-19 and then after (Colleague)
23. A minimum package to prevent and control stunting and linear growth failure in children under two years old in Sistan and Balouchestan and South Khorasan (Colleague)
24. Assessment of current nutritional status, food intake and plate food waste cost in patients hospitalized in medical-surgical wards of Imam Hossein, Shohada-ye-Tajrish and Modarres hospitals in 2019-2020 and proposing solutions to improve nutritional status and to reduce food waste in these patients (Colleague)
25. The association between dietary inflammatory Index (DII) and risk of hematological malignancies: a case-control study(Colleague)
26. Evaluation of the trend of the effects of economical sanction on household food security and nutritional status of under 5yr children and women in childbearing ages during 2018-9, Iran (Colleague)
27. National comprehensive study on household and individuals food consumption pattern and nutritional status
28. Executive coordination of the project "National Food and Nutritional Surveillance Program (NFNSP)" (Colleague)
29. Supervision and executive coordination of the project "Cohort of Shahid Beheshti University of Medical Sciences to seek staff's health" (Colleague)
30. To develop a protocol for a survey on diet and nutrition and its relation with NCDs in Iran. 2017 (Colleague)
31. Nutrition Global Targets by 2025: A Regional Situation Analysis, WHO.2017 (Colleague)
32. Editing progress report of Iran in relation to ICN2 document for WHO.2017(Colleague)

33. Preparation of an advocacy paper entitled:” Promoting physical activity to prevent non-communicable diseases” (Colleague)
34. Supervision and executive coordination of the nationwide project "National Comprehensive study on Household Food Consumption Pattern and Nutritional Status in Iran, National Nutrition and Food Technology Research Institute, 2001-2003.” in six provinces of Kerman, Fars, Chaharmahal and Bakhtiari, Kurdistan, Kohgiluyeh and Boyerahmad and Guilan. Funded by NNFTRI, 2000-2003 (Colleague)
35. Executive coordination of the project “The impact of nutritional status and levels of zinc, iron and calcium in the urine of pregnant women on the occurrence of adverse maternal and fetal outcomes. Funded by Tarbiat Modarres University, 2009-2012(Colleague)
36. Executive coordination of the project “Study of the status of breast feeding during the first hour after birth”. 2009 (Colleague)
37. Executive coordination of the project “Food security of Afghan refugees living in Varamin, Pakdasht”. Funded by WFP, 2008 (Colleague)
38. Executive coordination of the project “The validity and reliability of household insecurity Questionnaire”. Funded by NNFRI,, 2008 (Colleague)
39. Executive coordination of the project “Nutritional assessment of handicapped children of Tehran schools”. Funded by NNFRI, 2008 (Colleague)
40. Executive coordination of the project “The validity and reliability of a semi-quantitative food list to evaluate current energy intake in children 7 and 8 years in Tehran”. Funded by NNFRI, 2007 (Colleague)
41. Executive coordination of the project "A Qualitative Study ( Focus Group) of the Nutrition Education Demands of Primary School Children in Tehran, 2002". Funded by WHO, 2002-2003. (Colleague)
42. Designing of the Project “Evaluation of nutritional habits and their relationship with chronic diseases (in phase of standardizing the questionnaire). Funded by NNFTRI, 2000-2004. (Colleague)
43. Executive coordination of the project “Study of intermittent and daily doses of iron supplementation on hematological and biochemical indicators of iron status of high school girls in Zahedan, Rasht and Shiraz, 1996 to 1997”. Funded by MOHME and NNFRI, 1996-1998 (Colleague)
44. Executive coordination of the project “Food Album”. Funded by NNFRI ,1995-2000. (Colleague)

45. Executive coordination of the project “The effect of calcium supplementation on blood pressure of pregnant women”, Funded by NNFRI ,1994-1995 (Colleague)
46. Executive coordination of the nation-wide project” Prevalence and determinants of EPM in children under 6 years and determination of appropriate intervention methods in rural areas of Ilam, Borazjan and Bardsir”. Funded by NNFTRI, MOHME, UNICEF (Colleague)
47. Executive coordination of the project “The relationship between dietary pattern and weight gain in pregnant women with birth weight in home healths of Karaj and Shemiranat 1993 to 1994”.Funded by NNFRI, 1993-1994 (Colleague)

## Books

### Farsi(Compilation)

1. Applied Guideline of Healthy Snacks for Children (2011), Authors: Dadkhah Piraghaj, M., Amini, M. Eslami Amirabadi, M., Shariatzadeh, N., Zoghi, T.
2. Nutrition Abstracts and Reviews of Iran 1st, 2nd , 3rd ,5th , 6th and 7th editions (**6 books**).
3. Nutrition Guidance in Corona virus. Amini, M. et al

### Translation

1. Half chapter of the book “Present Knowledge in Nutrition” ( Public nutrition in humanitarian crisis), 2013
2. A part of Nutrition Almanac (2012)
3. Three chapters of handbook of Enteral nutrition, ASPEN (2011)
4. Chapter 40 of Krause's Food Nutrition and Diet therapy, 2007

## Papers

### English

1. Omidvar, N., Al-Jawaldeh, A.,Amini, M., Babashahi,M., Abdollahi,Z., Ranjbar, M,..Food Marketing to Children in Iran: Regulation that Needs Further Regulation. Current Research in Nutrition and Food Sciences. 2021; Volume 9, issue 3.

2. Rabiei Samira, Ghodsi Delaram, Amini Maryam, Nikooyeh Bahareh, Rasekhi Hamid, Doustmohammadian Azam, Abdollahi Zahra, Minaie Mina, Sadeghi Ghotbabadi Farzaneh, Neyestani Tirang R.. Changes in fast food intake in Iranian households during the lockdown period caused by COVID-19 virus emergency, National Food and Nutrition Surveillance. *Food Sci Nutr.* 2021;00:1–10
3. Ayoubi SS, Yaghoubi Z, Pahlavani N, Philippou E, MalekAhmadi M, Esmaily H, Golnaz Ranjbar, Maryam Amini, Mohsen Nematy, Abdolreza Norouzy. Developed and validated food frequency questionnaires in Iran: A systematic literature review. *J Res Med Sci* 2021;26:50.
4. Azam Doustmohammadian, Nasrin Omidvar\*, Nastaran Keshavarz Mohammadi, Hassan Eini-Zinab, Maryam Amini, Morteza Abdollahi, Saeed Esfandiari, Zeinab Amirhamidi. Food and Nutrition Literacy (FNLIT) is Associated to Healthy Eating Behaviors in Children. *Nutrition and Food Sciences Research.* 2021 Vol 8, No 3, Jul-Sep, pages:37-47
5. Razieh Anari , Maryam Amini , Bahareh Nikooyeh , Delaram Ghodsi , Parisa Torabi , Tirang R. Neyestani Evaluation of Nutritional Status, Food Intake and Costs of Food Waste in Hospitalized Patients, Considering Relevant Causes and Finding Possible Solutions: Protocol of a Mixed-Method Study.. *Nutrition and Food Sciences Research* Vol 8, No 3, Jul-Sep 2021, pages: 1-10
6. Hamid Rasekhi , Samira Rabiei , Maryam Amini , Delaram Ghodsi , Azam Doustmohammadian , Bahareh Nikooyeh , Zahra Abdollahi , Mina Minaie , Farzaneh Sadeghi , Tirang R. Neyestani. COVID-19 Epidemic-Induced Changes of Dietary Intake of Iran Population During Lockdown Period: The Study Protocol National Food and Nutrition Surveillance. *Nutrition and Food Sciences Research* Vol 8, No 2, Apr-Jun 2021, pages: 1-4
7. **Maryam Amini\***. Azam Doustmohammadian. Mansour Ranjbar Dietary Risk Reduction Projects in Industrial Foods in Iran.. *SJFST*, 2021; 3(1): 1-4
8. Maryam Amini, Delaram Ghodsi, Azam Doustmohammadian, Bahareh Nikooyeh, Tirang R.Neyestani. Exploring health and nutrition stakeholders' expectations and perception toward establishment of the Food and Nutrition Surveillance in Iran. *International Journal of Health Planning and Management* Pub Date : 2021-02-23 , *DOI:* 10.1002/hpm.3130
9. Amini M, Esmailzadeh A, Omidvar N, Abtahi M, Dadkhah-Piraghaj M, Nikooyeh B Neyestani TR. Development of a dish-based food frequency questionnaire for Iranian population.. Development of a dish-based food frequency questionnaire for Iranian population. *Med J Islam Repub Iran.* 2020; 34 (1) :889-893: <http://mjiri.iums.ac.ir/article-1-5832-en.html>



10. Fatemeh Khorramrouz, Azam Doustmohammadian, Omid Eslami, Majid Khadem-Rezaiyan, Parisa Pourmohammadi, Maryam Amini and Maryam Khosravi. Relationship between household food insecurity and food and nutrition literacy among children of 9–12 years of age: a cross-sectional study in a city of Iran. *BMC Res Notes* (2020) 13:433: <https://pubmed.ncbi.nlm.nih.gov/32933579/>
11. Razieh Anari, **Maryam Amini\***, Neyestani TR. Food Habits, Weight Status and Metabolic Risk Factors in a Group of Adults in Tehran. *Nutrition Science and Food Research*, July 2020, 7(3):15-23.: <http://nfsr.sbmu.ac.ir/article-1-383-en.html>
12. Maryam Amini. Abolghassem Djazayeri, Maryam Khosravi, Mehrnoosh Shafadoost. Promotion of Physical Activity to Prevent Non-communicable Diseases: An Advocacy Paper *IJPVM*, 19 August 2020, 11:124.
13. Mahdiah Hosseinzadeh, Elham Razmpoosh, Elham Shareghfarid, Elham Hosseinzadeh, Hossein Hadinedoushan, Maryam Salami, Maryam Khosravi, **Maryam Amini\***, Hassan Mozaffari-Khosravi. The Effect of a Single Mega dose Injection of Vitamin D on serum Adiponectin concentration at First Gestational Diabetes Mellitus: A Randomized Controlled Clinical Trial. *Clinical Nutrition Experimental*, 2020, October 33:39-48.
14. Azam Doustmohammadian , Nasrin Omidvar , Nastaran Keshavarz-Mohammadi , Hassan Eini-Zinab , Maryam Amini , Morteza Abdollahi , Zeinab Amirhamidi, Homa Haidari. Low food and nutrition literacy (FNLIT): A barrier to dietary diversity and nutrient adequacy in school age children. *BMC Research Notes*. Volume 13, Issue 1, 12 June 2020, Article number 286
15. Gity Sotoudeh , Firoozeh Raisi , Maryam Amini , Reza Majdzadeh , Mahdiah Hosseinzadeh , Fatemeh Khorram Rouz. Maryam Khosravi. Vitamin D deficiency mediates the relationship between dietary patterns and depression: A case-control study. *Ann Gen Psychiatry* (2020) 19:37. <https://doi.org/10.1186/s12991-020-00288-1>
16. Azam Doustmohammadian, **Maryam Amini\*** , Ahmad Esmailzadeh, Nasrin Omidvar, Mitra Abtahi, Monireh Dadkhah-Piraghaj, Bahareh Nikooyeh and Tirang R. Neyestani. Validity and reliability of a dish-based semi-quantitative food frequency questionnaire for assessment of energy and nutrient intake among Iranian adults. *BMC Res Notes* (2020) 13:95 [.https://doi.org/10.1186/s13104-020-04944-3](https://doi.org/10.1186/s13104-020-04944-3)
17. Maryam Khosravi, Gity Sotoudeh, **Maryam Amini\***, Firoozeh Raisi, Anahita Mansoori and Mahdiah Hosseinzadeh. The relationship between dietary patterns and depression mediated by serum levels of Folate and vitamin B12. *BMC Psychiatry* (2020) 20:63. <https://doi.org/10.1186/s12>

18. Aazam Doustmohammadian, Nastaran Keshavarz Mohammadi, Nasrin Omidvar, Maryam Amini, Morteza Abdollahi, Hassan Eini-Zinab, Zeinab Amirhamidi, Saeed Esfandiari, Don Nutbeam. Food and nutrition literacy (FNLIT) and its predictors in primary schoolchildren in Iran. *Health Promotion International*, 7 August 2018
19. Maryam Amini, Monireh Dadkhah Piraghaj, Maryam Khosravi, Neda Lotfollahi. Dietary Patterns and Obesity Associated Factors in Primary School Children..*Nutrition and Food Sciences Research*, Vol 5, No 1, Jan-Mar 2018, pages: 1-10
20. Doustmohammadian A, Omidvar N, Keshavarz-Mohammadi N, Abdollahi M, Amini M, Eini-Zinab H. Developing and validating a scale to measure Food and Nutrition Literacy (FNLIT) in elementary school children in Iran. *PLoS ONE* 12(6): e0179196.(ISI)
21. Hajizadehghaz M, **Amini M\***, Abdollahi A. Iranian Television Advertisement and Children's Food Preferences, *Int J Prev Med* 2016, 7(1):128
22. Abtahi, M., Pouraram, H., Djazayeri, A., Amini, M. Relationship between prevalence of overweight and obesity in adolescent girls and socio-economic status of their families: a case study in Tehran *J Nutri Health* 2016;2(1)
23. Maryam Amini, Abolghasemm Djazayeri, Reza Majdzadeh, Mohammad Hossein Taghdisi, Haleh Sadrzadeh-Yeganeh, Zahra Abdollahi, Nasrin Hosseinpoor Niazi, Maryam Chamari, Mahdieh Noormohammadi. A school-based intervention to reduce excess weight in overweight and obese primary school children . *Biol Res Nurs*. 2016;18(5):531-40. doi:10.1177/1099800416654261.
24. Mansoori A, Amini M, Kolahdooz F, Seyedrezazadeh E. Obesity and Pro12Ala Polymorphism of Peroxisome Proliferator-Activated Receptor-Gamma Gene in Healthy Adult. *Annals of Nutrition and Metabolism* 2015; 67 (2), 104-118
25. Maryam Amini, Abolghassem Djazayeri, Reza Majdzadeh, Mohammad Hossein Taghdisi, Shima Jazayeri Effect of school-based interventions to control childhood obesity: A review of reviews.. *Int J Prev Med* 2015;6:68
26. Mina Biria, Maryam Amini, Minoobabaei, Arezoo Ebn Ahmady, Harry A.Lando, Gholamreza Eslami Amirabadi. Dietary Habits and Caries Experience Among 9-year-old School Children. *JMED Research* 2015:1-10

27. Amini M, Khosravi M, Baradaran H.R, Atlasi R. Vitamin B12 supplementation in end stage renal diseases: a systematic review. *Vitamin B12 supplementation in end stage renal diseases: a systematic review. Med J Islam Repub Iran* 2015 (27 January). Vol. 29:167
28. Nahid Salarkia, Maryam Amini, Morteza Abdollahi, Babak Eshrati, Tirang Reza Neyestani Mothers' Views on Food Security and Complementary Feeding: A Qualitative Study in Urban Iran.. *Nutrition and Food Sciences Research* 2014, 1(2):35-42
29. Amini, M., Omidvar, N., Yeatman, H., Shariatjafari, S., Eslami-Amirabadi, M., Zahedirad, M. Content Analysis of food advertising in Iranian children's television programs. *Int J Prev Med* 2014 Oct;5(10):1337-42; (Pubmed)
30. Maryam Amini, Abolghassem Djazayeri, Reza Majdzadeh, Mohammad-Hossein Taghdisi, Haleh Sadrzadeh-Yeganeh, Maryam Eslami-Amirabadi. Children with Obesity Prioritize Social Support against Stigma: A Qualitative Study for Development of an Obesity Prevention Intervention. *Int J Prev Med* 2014; 5:960-8 (Pubmed)
31. Amini, M., Dadkhah-Piraghaj, M., Abtahi, M., Abdollahi, M., Houshiarrad, A., Kimiagar, M. Nutritional Assessment for Primary School Children in Tehran: An Evaluation of Dietary Pattern with Emphasis on Snacks and Meals Consumption. *Int J Prev Med*, 2014, 5(5): 611-6 (pubmed)
32. Salarkia, N., Abdollahi, M., Amini, M., Neyestani, TR. An adapted Household Food Insecurity Access Scale is a valid tool as a proxy measure of food access for use in urban Iran. *Food Security*, 2014, 6(2): 275-282 (ISI)
33. **Amini, M\***, Salarkia, N., Eshrati, B., Djazayeri, A. Poor breastfeeding as a probable cause of childhood malnutrition: Exploring mothers' and care givers' views on breastfeeding via a qualitative study in Damavand, Iran. *Razavi Int J Med* 2013, 1(1):30-4
34. Morteza Abdollahi, Hayedeh Kianfar, Mitra Abtahi, Maryam Amini. Factors influencing children's food choices: Results from focus groups discussion with children and their mothers. *Rawal Medical Journal* 2011, 36(3).
35. **Amini, M\***; Alavi-Naini, AM.; Doustmohammadian, A.; Karajibani, M., Khalilian, A., Nouri-Saeedloo, S., Salimi, M., Shafaghi, K. Relationship between childhood Obesity and physical Activity Patterns, *RMJ* 2009, 1-10.
36. Abdollahi, M., **Amini M\***, Kianfar, H., Dadkhah, M., Eslami-Amirabadi, M., Zoghi, T., Assasi, N., Kalantari, N. Qualitative study on nutritional knowledge of primary-school children and mothers in Tehran, Eastern Mediterranean Health Journal 2008; 14(1): 82-89 (Pubmed)

37. **Amini, M\***, Kimiagar, M., Omidvar, N. Prevalence of overweight and obesity among junior high school students in a district of Tehran. JRMS 2007; 12(6): 315-319 (Pubmed)
38. Alavi, A., Amini, M., Noori-saeedloo, R., Karajibani, M., Khalilian, A., Salimi, M., Shafaghi, K. Association of obesity with food habits and body image in school children in Nakhon Pathom province, Thailand, Iranian Journal of Public Health 2006,35(2):42-48. (ISI)
39. Amini, M., Mohsenianrad, M., Kimiagar, M., Ghaffarpoor, M., Omidvar, N., Mehrabi. Food Advertising on Iranian children's Television: a content analysis and an experimental study with junior high school students, Ecology of Food and Nutrition, Y. Ecology of Food and Nutrition 2005, 44:123-133, (ISI)
40. Houshiar-Rad, A., Omidvar, N., Mahmoodi, M., Kolahehdooz, F., Amini, M. Dietary intake, anthropometry and birth outcome of rural pregnant women in two Iranian districts, Nutrition Research 1998, 18(9):1469-1482(ISI)

**\*=Maryam Amini is corresponding author**

#### **In press (accepted not published yet)**

1. Mayam Amini, Azam Doustmohammadian, Samira Rabiei , Marjan Bazhan, Mitra Abtahi Perceived barriers and facilitators to dairy consumption among school-age children : A qualitative study. Journal of Nutrition and Food Security(JNFS)
2. Mohadese Borazjani, Maryam Amini, Shiva Faghieh. Perceived barriers to weight loss: a qualitative study of lived experiences of women with obesity in Shiraz. Journal of Nutrition and Food Security(JNFS)
3. Development, validity and reproducibility of a dish-based semi-quantitative food frequency questionnaire in Iran. Mediterranean Journal of Nutrition and Metabolism.

#### **Other English articles**

1. Excess weight reduction in primary school students, Maryam Amini, Abolghassem Djazayeri, Atlas of Science, 14 Nov 2017.  
<https://atlasofscience.org/excess-weight-reduction-in-primary-school-students/>

1. Doostmohammadian A , **Amini M\***. Women Empowerment, a Strategy to Combat the Double Burden of Malnutrition and actualisation of Sustainable Development. Iranian Journal of Nutrition Sciences & Food Technology S 166 Vol. 13, No. 1, Spring 2018
2. Dr. Hamid Sourì et al., A review of the cohort of health workers of Shaheed Beheshti University of Medical Sciences. (Pajoohandeh) Research journal of Shaheed Beheshti University of Medical Sciences (Vol 21, No. 6, pp:346-355, Feb. and March of 2017).
3. Hajizadehghaz M, **Amini M\***, Abdollahi A. Do Children tend to Consume Food Commercials? Content Analysis of TV Commercials and Evaluation of the Relationship between Recalling Them with Food Interests of Primary School Children in Shirvan, 2015. Iranian Journal of Nutrition Sciences & Food Technology 2017, Vol. 12, No. 3, Autumn 2017.
4. Soltanmora S, Moghaddam-Banaem L, Amini M. NUTRITIONAL INTAKES OF ZINC, IRON, AND VITAMINS RELATIONS WITH SERUM LEVELS OF ZINC AND IRON IN EARLY PREGNANCY, The Journal of Urmia University of Medical Sciences 2015, 26(3):260-267
5. Salarkia N, Amini M, Abdollahi M, Eshrati B. Socio-Economic and Cultural Factors Affecting Child Feeding Practices: an Exploratory Qualitative Study in Damavand. Iranian Journal of Nutrition Sciences & Food Technology 2011, 5(4): 75-86
6. Salarkia N, Amini M, Eslami Amirabadi M, Dadkhah M, Zowghi T, Heidari H3, Abdollahi M. Mothers' views and beliefs about the role of complementary feeding in children under the age of two in Damavand: a qualitative study Arak Medical University Journal (AMUJ) 2010, 13(2): 63-74
7. Mosaheb P., Gargar Novin Z., Malekafzali B., Abadi A., Amini M. The relationship between food and dental caries in a group of Iranian children in 2009. Research in Dental Sciences 2010, 7(4): 43-51
8. Salarkia N, Abdollahi M, Amini M, Eslami Amirabadi M. Validation and Use of the HFIAS Questionnaire for Measuring Household Food Insecurity in Varamin. Iranian Journal of Endocrinology and Metabolism 2009, 13(4):374-383
9. Dadkhah piraghaj M., Amini, M., Houshiar Rad A., Abdollahi, M., Zoghi T., Eslami amirabadi M Qualitative and quantitative dietary assessment of primary school children in Tehran. Iranian Journal of Nutrition Sciences & Food Technology 2008, 13(1): 31-44.

10. Amini M, Mohsenian rad M., Kimiagar M., Omidvar N, Which foods do TV food advertisements entice our children to eat? Iranian Journal of Nutrition Sciences & Food Technology 2007, 2(1): 49-57
11. Amini M., Houshiar Rad A., Abdollahi M., Ghaffarpour M., Kalantari N. Patterns of fruit and vegetable consumption among rural and urban Iranian households. Iran J Nutr 2006, 2(1): 45-52
12. Abdollahi M., Abtahi M., Amini M., Dadkhah M., Zoghi T., Eslami M., Kianfar h., Assasi N., Kalantari N. Nutrition education: as perceived by school children and their mothers. Journal of the Iranian Institute for Health Sciences Research(PAYESH) 2006 ,1(3): 221-228
13. Abdollahi M., Kianfar N., Houshiarrad A., Amini M., Dadkhah M., Zoghi T. Consumption pattern (bread and rice) among teachers in 3rd, 6th , 8th and 13th districts in Tehran. Oloome Pirapezeshki, Quarterly Scientific and Research Journal 2004,2(3): 345-350

**\*=Maryam Amini is corresponding author**

#### Other Persian Articles

1. Nutritional care in cancer (1), Amini M. The world of nutrition 2005, 4(43):30-31
2. Nutritional care in cancer (2), Amini M. The world of nutrition 2005, 4(44):28-29
3. Nutritional care in cancer (3), Amini M. The world of nutrition 2006, 4(45):32-33
4. Nutritional care in cancer (4), Amini M. The world of nutrition 2006, 4(47):33-35
5. Nutritional care in cancer (5), Amini M. The world of nutrition 2006,
6. Lessons from a quantitative and qualitative research to improve the health of employees of a large industrial complex. Morteza Abdollahi, Arezoo Bustani, Maryam Amini. Healthy Work Quarterly, Fall and Winter 2009 - Third Year. No. 9-10 5(48):26-27

#### Scientific reviewer of journals

- Academia Letters
- BMC Nutrition
- BMC Research Notes
- Child: Care, Health and Development (UK)
- Childhood Obesity
- Clinical Nutrition ESPEN
- Food and Nutrition Bulletin
- Frontier in Nutrition

- Health Expectation (USA)
- Heliyon
- ICAN: Infant, Child & Adolescent Nutrition (Australia)
- IHEPSA (Iranian Health education and promotion Association) (Persian)
- International Journal of Health Planning and Management
- International Journal of Sport Nutrition and Exercise Metabolism
- Iranian Journal of Nutrition Sciences and Food Technology (Persian)
- Iranian Journal of Pediatrics (English language, Persian)
- JAST (JOURNAL OF AGRICULTURAL SCIENCE AND TECHNOLOGY) (Persian)
- JCHC (Journal of Child Health Care) (Uk)
- JLGHS(Journal of Local and Global Health Science) (Qatar)
- JMIR Infodemiology
- JMIR Public Health and Surveillance
- JMIRxMED
- Journal of Medical Internet Research
- Journal of Nutrition Education and Behavior
- Journal of Obesity (Hindawi Publication)
- Journal of School Health (USA)
- MJIRI (Medical Journal of Islamic Republic of Iran) (English language, Persian)
- Nutrition & Dietetics (Australia)
- Nutrition and Food Science Research (English language, Persian)
- Open access journal of Public Health
- Plos one
- Razavi international Journal of Medicine (English language, Persian)

## Workshops/Webinars (learner or Instructor)

1. How to write a policy brief? NNFTRI, 31<sup>st</sup> November-1<sup>st</sup> December 2021(Persian, Learner)
2. Food and Nutrition Surveillance, NNFTRI, 20<sup>st</sup> November 2021(Persian, Instructor)
3. Food and Nutrition Surveillance, NNFTRI, 1<sup>st</sup> November 2021(Persian, Instructor)
4. Scientific writing and proof editing, Best Academy, August 2021
5. Scientific writing, Best Academy, August 2021(Learner)
6. Food and Nutrition Surveillance, NNFTRI, 29<sup>th</sup> June 2021(Persian, Instructor)
7. Food and Nutrition Surveillance, NNFTRI, 14<sup>th</sup> May 2020(Persian, Instructor)
8. Food and Nutrition Surveillance, MOHME, January 28<sup>th</sup> (Persian, Instructor)
9. Food and Nutrition Surveillance, NNFTRI, 8-9<sup>th</sup> October 2019(Persian, Instructor)
10. Food Consumption Survey, MOHME, 2019 (Persian, Instructor)
11. Systematic review & meta-analysis, SBMU, March 2018. (Persian, Learner)

12. Responsible for holding the workshops of the Third International Nutrition Congress, NNFTRI, 19-21<sup>st</sup> December 2018
13. Ethics in clinical trials, SBMU, 12<sup>th</sup> July, 2018 (Learner)
14. NOPA system of MOHME, NNFTRI library, 2018(Persian, Learner)
15. PAZHOOHAN System of SBMU, 2018,
16. Food consumption surveys (FCSs), food composition tables & data management systems, NNFTRI, August 28-30, 2017(in English, Instructor & Learner)
17. Ethics in publication of research works, SBMU, 2016 (Learner)
18. ORCID, NNFTRI, 2016 (Learner)
19. The second workshop of Qualitative Studies in Nutritional Research, NNFTRI, 2016 (Persian, Instructor, Scientific Secretary)
20. Traditional, indigenous and cultural food and nutrition, September 8-9, Tehran, Iran, 2016(in English,Learner)
21. How to develop a business plan, Center for Growth and Innovation, NNFTRI, 2016
22. Assessment of dietary intake, SBMU, Student Research Committee, 2016 (Persian, Instructor)
23. SPSS, Student Research Committee, 2015 (Persian, Instructor)
24. Assessment of dietary intake, SBMU, 11<sup>th</sup> congress of paediatric nutrition, 2016 (Persian, Instructor)
25. Ethics, SBMU, 11<sup>th</sup> November 2015 (Persian, Learner)
26. Structural Equation Modeling (SPSS, AMOS, LISREL), NNFTRI, 10-11<sup>th</sup> November 2015 (Persian, Learner)
27. Electronic sources of Elsevier, including Scopus, Science Direct and Mendely, TUMS, October 21<sup>st</sup> 2015 (Persian and English, Learner)
28. Capacity building for assessment of dietary intake by means of questionnaire methods, NNFTRI, 2015, 30<sup>th</sup> June-1<sup>st</sup> July (Persian, Instructor)
29. Capacity building for assessment of dietary intake by means of questionnaire methods, NNFTRI, 27<sup>th</sup> July, 2015 (Persian, Instructor)
30. SPSS software (introductory),NNFTRI, 2015 (Instructor)
31. Teaching methods (OSCE), EDC, SBMU, 2014 (Learner)
32. Teaching methods (teaching in small groups), EDC, SBMU, 2014 (Learner)
33. Teaching methods (lecture), EDC, SBMU, 2014 (Learner)
34. Teaching methods (Multiple Choice Questionnaire, MCQ), EDC, SBMU, 2014 (Learner)
35. Teaching methods (curriculum development 1&2), EDC, SBMU, 2014 (Learner)
36. Enabling those involved in scientific publications, SBMU, 2014 (Learner)
37. MAXQA software, SPH, TUMS, 2014 (Learner)
38. First National Training Workshop on Planning For Effective Communications Strategies to Improve Nutrition Programmes, WHO, 2012 (in English , Learner& Instructor)
39. Knowledge translation, KURC, TUMS, 2011(Learner)
40. Knowledge translation, SPH, TUMS, 2011(Learner)
41. Scientific Writing, SPH, TUMS, 2010 (Learner)



42. Food Policy-Current approaches to broadly, NNFTRI, 2009 (Learner)
43. Digital Library, SPH, TUMS, 2009 (Learner)
44. Critical appraisal, NNFTRI, 2008 (Learner)
45. Assessing the nutritional status of children with physical disabilities in Tehran schools, Nutrition and Food Industry Research Institute, February 2007(Facilitator)
46. Scientific Writing1&2, NNFTRI, 2007 (Learner)
47. The first workshop of Qualitative Studies in Nutritional Research, NNFTRI, 2007 (Instructor)
48. Endnote software, 2007 (Learner)
49. How to prepare a CV? NNFTRI, 2007 (Learner)
50. MD consult website/database, NNFTRI, 2007 (Learner)
51. MS-ACCESS software, NNFTRI, 2007 (Learner)
52. Epidemiology of Childhood Obesity, NNFTRI, 2007 (Learner)
53. Food in a social context,13-14 May2007, Faculty of Nutrition Sciences & Food Technology (Learner)
54. Nutrition in emergency situations, 17-18 April 2007, Faculty of Nutrition Sciences & Food Technology (Learner)
55. Ethics in Nutrition and Food Industry Research, NNFTRI, 2006(Learner)
56. Scientific Writing, JAHAD DANESHGAHI, Shahid BeheshtiUniversity, 2006
57. Qualitative Studies, SBMU, 2006 (Learner)
58. Food and Nutrition Security in the context of HIV/AIDS, NNFTRI, 2006 (Learner)
59. SPSS software, NNFTRI, 2005 (Learner)
60. How to search in Google? NNFTRI, 2005 (Learner)
61. Qualitative Studies, MOHME, 2000 (Learner)
62. Breastfeeding Promotion, Faculty of Nutrition, SBMU, 1999 (Learner)
63. EPI6 software, TUMS, 1999 (Learner)
64. Methodology and Research, SBMU, 1998 (Learner)
65. Weigh Control, Iran Nutrition Society, 1998 (Learner)
66. Diet Therapy, Iran Nutrition Society, 1998 (Learner)
67. Nutritional status assessment, NOANDISHANE TAGHZIEH Society, 2010 (Instructor)
68. Food labeling, NNFTRI, 2009 (Instructor)
69. Weight management and physical activity in staff of organizations, Roshd Institute of management and technology (Ghalamchi), 2008 (Instructor)
70. Growth and nutrition improvement of children, SBMU, 2005 to 2006, 9 workshops (Instructor)
71. National Comprehensive Study on Household Food Consumption Patterns and Nutritional Status of I.R. Iran, NNFTRI, 2001, 3 workshops(Instructor)

## Short Courses

1. Training course on Methods of Qualitative Studies, EDC, SBMU, 10 March-10 July 2008 (Learner)
2. Training course on Food Habit Research Methodology, 25 August-15 December 2004, Institute of Nutrition, Mahidol Univesity(INMU), Thailand (Learner)

## Teaching

1. Nutrition of Special Groups, 4 times, Islamic Azad University.2006-2008
2. Nutrition of Special Groups, Faculty of Nutrition, SBMU, 2014

## Adviser of theses/projects

1. Validity and Reproducibility of a Semi-Quantitative Dish-based Food Frequency Questionnaire in Comparison of Food Records and Biomarkers in Adults- Mashhad (PhD thesis by Samaneh Sadat Ayoubi, Mashad University of Medical Sciences School of Medicine)
2. Dietary patterns and Alzheimer's (M.D. Thesis, Mentor:Dr. Rezvan Hashemi.Tehran University of Medical Sciences)
3. Validation of Food and Nutrition Literacy Assessment Tool in Second Grade Children in Mashhad, M.Sc. thesis by Fatemeh Khorramrouz, Mashad University of Medical Sciences School of Medicine)
4. Developing and validating a scale to measure Food and Nutrition Literacy (FNLIT) in elementary school children in Tehran.(PhD thesis by A. Doostmohammadian, Shahid Beheshti University of Medical Sciences)
5. Barriers of weight control from the perspective of overweight or obese women referred to Imam Reza Clinic (Shiraz). Master thesis by M.Borazjani, Shiraz University of Medical Science, 2016
6. Content analysis of TV advertisement directed at children. Research conducted by M. Hajizadeh
7. Advising the public company, VITANA, about "Evaluation of the nutritional needs of infants and children up to 6 years to produce a food product, particularly on the Iranian nutritional needs".
8. The relationship of dental caries and frequency of dietary snacks on 9-year-old students of Tehran Primary Schools on Districts of 4, 7 & 8: 2010-2011. Babaei, M. (Submitted by), Biria, M.(Supervisor), Amini, M.(Advisor).A thesis submitted in partial fulfilment of the doctoral degree in dentistry, Dental School, SBMU, 2011
9. The relationship between food intake and dental caries in 6-11-year-old children visite in Shemiranat Health Care Center) Mosaheb, P.(Submitted by), Kargarnovin, Z., Malek Afzali, B. (Supervisors), Abadi, A., Amini, M. (Advisors). Thesis for M.Sc. degree in Nutrition Sciences, International branch of SBMU, 2009

10. Dietary assessment of regular and shift workers in Bandar Imam Petrochemical Complex. Funded by Bandar Imam Petrochemical Complex, 2007-2008.

## Skills

SPSS, EndNote, Microsoft Office, MAXQDA

## Oral presentations

1. **Amini, M.** Delaram Ghodsi, Azizollaah Zargaraan. Monitoring unhealthy food promotion to children on Iran mass media: Modification of INFORMAS protocol. INFORMAS ESYMPOSIA 2021, October 21<sup>st</sup> . United Kingdom, Europe, Eastern Mediterranean Region (English, Presenter)
2. Development of a mobile application for data collection in a nationwide survey measuring COVID-19 pandemic effects on Iranians' nutritional status and food security, The 4<sup>th</sup> International mHealth congress, 16-18 February 2021, Shiraz. **Amini, M.**, Rasekhi, H., Doustmohammadian, A., Ghodsi, D., Nikooyeh, B., Rabiei, S., Neyestani, T.R. (Persian, Presenter)
3. Dietary risk reduction projects in industrial foods in Iran, Third International Conference on Interdisciplinary Studies in Iranian Food Industry and Nutrition Sciences, 20 December 2020, Tehran, I. R. IRAN. **Amini, M.**, Doustmohammadian, A., Ranjbar, M. (Presenter)
4. Differences of perceptions of girls and boys regarding milk and dairy consumption and their preferred information sources among elementary school children in Tehran. Third International Conference on Interdisciplinary Studies in Iranian Food Industry and Nutrition Sciences, 20 December 2020, Tehran, I. R. IRAN. **Doustmohammadian, A.**, Amini, M.
5. Validation of an Iranian Dish-based Food Frequency Questionnaire, the 3<sup>rd</sup> International and 15<sup>th</sup> Iranian Nutrition Congress, December 19-21, 2018, Iran, Tehran. **Amini, M.**, (English, Presenter)
6. Ethics in Nutrition Research and Practices (Ethical considerations in qualitative studies), Round Table, the 3<sup>rd</sup> International and 15<sup>th</sup> Iranian Nutrition Congress, December 19-21, 2018, Iran, Tehran. **Amini, M.**, (Persian, Presenter)
7. Lifestyle modification in weight control of children and adolescents 4<sup>th</sup> Congress of Improving Child and Adolescent Nutrition, 14<sup>th</sup> Congress of Iranian Child Nutrition Association, 3-5<sup>th</sup> February 2016, Tehran **Amini, M.**, (Persian, Presenter)

8. School-based approaches to childhood obesity prevention: an update on global experiences, First International NLRCS Congress, Mashhad University of Medical Sciences, Mashhad, Iran, 6-8<sup>th</sup> September 2017. **Amini, M.**, (English, Presenter)
9. Successful Global Experiences in the Management of Overweight and Obesity in Children and Adolescents, **Amini M.**, Jazayeri A., Mujadzadeh, Taqdisi M., Jazayeri. 12<sup>th</sup> Congress of Child and Adolescent Nutrition, February 27-28, 2016, Tehran (Persian, Presenter)
10. The effect of school-based interventions in controlling childhood obesity. **Maryam Amini**, Abolghasem Jazayeri, Reza Majdzadeh, Mohammad Hossein Taghdisi, Shima Jazayeri. Food and Health Congress (Code 1103463), Vice Chancellor for Research and Technology, Mazandaran University of Medical Sciences and Health Services, April 16-17, 2016.
11. "Reducing Child Malnutrition" in the Conference on Ending Child Malnutrition in the program of a consensus meeting to end child malnutrition, dairy and egg promotion, World Children Research Institute, May 10, 2016
12. Rationale for designing a school-based intervention to prevent or control childhood obesity, **Amini M.**, Djazayeri A., Majdzadeh R.,.... The 1st International & 13th Iranian Nutrition Congress, November 30-December 3, 2014 (English, Presenter)
13. Food consumption pattern of primary school children with emphasis on snacks, **Amini M.**, Dadkhah M., Abtahi M., The 1st conference of snacks, Institute of Food Science and Technology, Mashhad, 2014 (Persian, Presenter)
14. Developing and evaluating of an interventional model to prevent and control childhood obesity in primary school children of district 9 of Tehran. **Amini M.**, Djazayeri A.,.... School children conference, Tehran, 2014 (Persian, Presenter)
15. Principles of Proper Nutrition for Women in Tehran Municipality Health Conference, Ivan Shams Hall, November 1, 2013 **Amini M.** (Persian, Presenter)
16. Principles of Proper Nutrition for the Prevention and Treatment of Obesity on the occasion of Health Week at the invitation of Tehran Health Center, October 20, 2013 **Amini M.** (Persian, Presenter)
17. Children's TV ads loaded with junk food: A study of food advertising on Iranian children's television Presentation of a 2005 article published in the journal Ecology of Food and Nutrition at the WHO Regional Workshop entitled First National Training Workshop on Planning For Effective

Communications Strategies to Improve Nutrition Programs, March 2012-2013 Amini M. (Persian, Presenter)

18. Knowledge Translation. Presented in the Journal Club. Department of Nutrition and Biochemistry, School of Health, October 2011, University of Tehran 2013 Amini M. (Persian, Presenter)
19. Healthy Eating Index. Presented in the Journal of the Club. Department of Nutrition and Biochemistry, School of Health, University of Tehran 2013 Amini M. (Persian, Presenter)
20. Healthy Study. Presented in the Journal Club. Department of Nutrition and Biochemistry, School of Health, University of Tehran Amini M. (Persian, Presenter)
21. Diverting Pyramid. Presented in the Journal Club. Department of Nutrition and Biochemistry, School of Health, University of Tehran Amini M. (Persian, Presenter)
22. Mass media and their role in child nutrition, Nutrition and child health planning (Scientific Association of Child Nutrition), July 4 and 5, 2009 Amini M. (Persian, Presenter)
23. Role of advertisements in children's food habits. Amini M. ,..... School Children Conference, Tehran, 2009 (Persian, Presenter)
24. Mass Media and Childhood Obesity, Symposium of the Association for the Prevention of Childhood Obesity, May 10, 2008 Amini M. (Persian, Presenter)
25. Food advertisements. Amini M. ,..... Childhood Obesity Association, Tehran, 2008 (Persian, Presenter)
26. Nutrition during preschool and primary school, National Conference on Malnutrition in Children Under 8, December 16, 2006, Mahshahr Amini M. (Persian, Presenter)
27. Food advertisements. Amini M. ,..... School Children Conference, Tehran, 2006 (Persian, Presenter)
28. Food habit research methodology, Thailand travel report. 2005. Presented in the Journal Club. NNFTRI Amini M. (Persian, Presenter)

29. FOOD MARKETING AND ADVERTISING DIRECTED AT CHILDREN" in 2004. Presented in the Journal Club. NNFTRI Amini M.( Persian,Presenter)
30. Nutrition and blood pressure in the scientific-educational seminar of the Iranian Diabetes Association in 2003 Amini M.( Persian,Presenter)
31. Food safety, on the occasion of World Food Day in the place of extension management and public participation of Fars Agricultural Jihad in 2003 Amini M.( Persian,Presenter)
32. Qualitative study of nutrition education needs in primary school children in Tehran, Presented in the Journal Club. NNFTRI. 2003 Amini M.( Persian,Presenter)
33. Control of obesity and overweight in Arasbaran Cultural Center at the invitation of Protein Weekly in 2003 Amini M.( Persian,Presenter)
34. Evaluating the content of food advertisements in the children and adolescents TV program at the invitation of the Iranian Nutrition Association in 2002 Amini M.( Persian,Presenter)
35. Prevalence of obesity, fat distribution and related factors in junior high school student, district 6 of Tehran. Amini M......The 1st congress on the prevention of non-communicable diseases, Tehran, 2002 (Persian, Presenter)
36. Obesity of children at the invitation of the Association of Parents and Teachers of Neda School located in Chizar neighborhood of Tehran in 2000 Amini M.( Persian,Presenter)
37. Principles of Nutrition in the Conference of Vocational and Technical Teachers of Education Department of District 1 of Islamshahr in 2000 Amini M.( Persian,Presenter)
38. Familiarity with the field of nutrition in the week of job selection for middle school students of Allameh Tabatabai School in District 15 of Tehran in 1993 Amini M.( Persian,Presenter)

## Poster presentations

1. A review of the documents related to commercial messages related to food products in the Iranian mass media in the period 1996-96, Authors: Dr. Maryam Amini, Dr. Azizullah Zargaran, Dr. Del Aram Ghodsi. Obesity Congress December 2019 (Presenter)

2. The effectiveness of an intervention model for the prevention and control of obesity in primary school students in Tehransar, **Maryam Amini**, Abolghasem Jazayeri, Rezaamjadzadeh, Mohammad Hossein Taghdisi, Haleh Sadrzadeh Yeganeh. 5th Iranian Obesity Prevention and Treatment Congress, December 16-17<sup>th</sup> , 2015 (Presenter)
3. Study of childhood obesity and physical activity patterns in urban primary schools in Thailand. Maryam Amini, Azam Doost Mohammadian. 5th Iranian Obesity Prevention and Treatment Congress, December 16-17, 2015
4. Sustainability of an intervention to prevent and control childhood obesity among primary school children in District 9 of Tehran, The 2<sup>nd</sup> international and the 14<sup>th</sup> Iranian Nutrition Congress, Tehran, September 2016 **Maryam Amini** (Presenter)
5. CONTENT ANALYSIS OF SCHOOL TEXTBOOKS IN A VIEW OF IMPROVING NUTRITIONAL KNOWLEDGE AND SKILLS OF PRIMARY SCHOOL CHILDREN, The 2<sup>nd</sup> international and the 14<sup>th</sup> Iranian Nutrition Congress, Tehran, September 2016 **Maryam Amini** (Presenter)
6. Dietary pattern and obesity in primary school children in Tehran, The 2<sup>nd</sup> international and the 14<sup>th</sup> Iranian Nutrition Congress, Tehran, September 2016 **Maryam Amini** (Presenter)
7. What is the nutritional value of primary school children's snack? Abtahi M., Amini M., Dadkhah . The 1<sup>st</sup> conference of snacks, Institute of Food Science and Technology, Mashhad, 2014
8. Effects of a multi-component intervention in management of overweight and obesity among school children, Nutrition & Growth 2014, Barcelona, 2014
9. Food and daily calorie intake in food insecure households in urban Iran. Salarkia N, Abdollahi M, Amini M, Neyestani T ISBNPA (International Society of Behavioral Nutrition and Physical Activity) Annual Meeting , San Diego, California, USA, May 21-24, 2014.
10. Evaluation of the relationship between daily intakes of zinc and Hb, Hct, MCV, MCH, MCHC in the first half of pregnancy. Soltanmoradi S , Babaie M, Moghadam L, Amini M. The first international congress on Midwifery and Reproductive Health, 24<sup>th</sup> to 26<sup>th</sup> May, Mashhad, 2011
11. Evaluation of effective maternal factors on impaired Glucose Challenge Test (GCT) in pregnancy. Safary K, Moghaddam Banaem L, Amini M. 17<sup>th</sup> Congress of Iranian Society for Reproductive Medicine, 2-4 March, Tehran, 2011

12. Barriers to early breastfeeding and maternal child skin to skin contact at the time of birth: a qualitative study. Salarkia N, Kalantari N, Amini M, Eslami M. 10th International Family Nursing Conference (FNC2011).Kyoto, Japan, 25-27 June 2011
13. Qualitative evaluation of breastfeeding and skin-to-skin contact between mother and child in the first hour of birth and the factors affecting it from the perspective of specialist physicians. National Congress for the Promotion of Neonatal Health, Mashhad, February 10, 2011
14. How to implement breastfeeding in the first hour after birth from the perspective of mothers: a qualitative study. Salarkian, Kalantari, Amini, Islami Amirabadi. 11th Shiraz Nutrition Congress 10-13 November 2010
15. Food Advertising Targeted at School-Age Children: A Content Analysis of Iranian Television and Magazines, Zaragoza- Child health in Europe, The IDEFICS Study ,Spain, 8-9 November 2010
16. Exploration the early initiation of breastfeeding and maternal–baby skin to skin contact within one hour of birth. Salarkia N, Amini M, Eslami M, Kalantari N, Global Congress Of Maternal And Infant Health, Barcelona, Spain 22-26 September 2010
17. Household food insecurity in Varamin, 11th Congress of Nutrition, Shiraz, 2010
18. A content analysis of nutritional information channels, 11th Congress of Nutrition, Shiraz, 2010 **Maryam Amini** (Presenter)
19. Practices of women related to feeding colostrums. Amini M, Salarkia N, Houseinpour N, Abdollahi M. 19th International Congress of Nutrition, Bangkok, Thailand, 4-9 October 2009.
20. A Qualitative Study of Mothers and Caregivers' Views and Beliefs about Young Child Feeding. Salarkia N, Amini M, Alipour S , Abdollahi M. 4<sup>th</sup> Europaediatrics2009. Moscow, Russia, 3-6 July 2009
21. A qualitative study of mothers and caregivers' view and beliefs about young child feeding, The 13th Asian Pacific Congress of Pediatrics and 3rd Asian Pacific Congress of Pediatric Nursing. Shanghai, China, October 14-18, 2009.
22. Food advertising on Iranian Children's TV programs, 12th World Congress on Public Health, Turkey, Istanbul, April 27th to May 1st 2009 **Maryam Amini** (Presenter)
23. Mothers perceptions of complementary feeding practices: An exploratory qualitative study, 12th World Congress on Public Health, Turkey, Istanbul, April 27th to May 1st 2009
24. Nutrition in the workplace; **Maryam Amini**, Morteza. Abdullahi and Arezoo. Bustani.2009 (Presenter)



25. The role of socioeconomic factors in infant nutrition: A qualitative study. Salarkian N., Amini M., Zoghi T., Abdullahi M. The Second Congress on Obesity Prevention in Iran. Tehran 6-8 November 2009
26. Understanding the role and function of health care network in nutrition of children under 2 years old from the perspective of mothers: a qualitative study. Salarkian, Amini, Islami Amirabadi, Zouqit, Heydariyeh and Ishrati b. Isfahan University of Medical Sciences. 2009
27. Energy and nutrients intake among overweight/obese school children in Tehran, ECE, Turkey, Istanbul, April 25-29<sup>th</sup> , 2009. **Maryam Amini** (Presenter)
28. Food intake of Asian School Aged Children in Tehran And Birmingham: A Comparative Study, 7th Annual Conference of the International Society of Behavioral Nutrition and Physical Activity, The Rimrock Hotel & Resort, Banff, Alberta, Canada, May 21-24, 2008
29. Exploring mother's views of breastfeeding: a focus group study within rural and urban areas of Damavand, Iran, 9th Annual Interdisciplinary Research Conference, Dublin 5th - 7th November 2008
30. Assessment of the performance of primary health care delivery system in children under two years from the perspective of healthcare workers and key informants, city of Damavand, The 2nd Congress of Family Health, Tehran, 2008.
31. Calcium and dairy intakes in primary school students in Tehran, The 10th Iranian Nutrition Congress, Tehran, 2008
32. Dietary pattern of primary school students in Tehran with emphasis on snack consumption. The 10th Iranian Nutrition Congress, Tehran, 2008 **Maryam Amini** (presenter)
33. The relationship between job and education with food intake in school children in Tehran, The 10th Iranian Nutrition Congress, Tehran, 2008 **Maryam Amini** (presenter)
34. View of the mothers about breast feeding: focus group discussions with mothers in Damavand, The 10th Iranian Nutrition Congress, Tehran, 2008
35. Nutritional assessment of ordinary and shift workers of Bandar Imam Petrochemical Complex, The 10th Iranian Nutrition Congress, Tehran, 2008. **Maryam Amini** (presenter)
36. Level of physical activity in male employees of Bandar Imam Petrochemical Complex, The 1st National Congress of the metabolic syndrome, Tabriz, 2008

37. The prevalence of obesity and hypercholesterolemia in Bandar Imam Petrochemical Complex staff, The 1st National Congress of the metabolic syndrome, Tabriz, 2008
38. The view of the mothers on the role of supplementary feeding in nutritional health of under-2-year children, Infants and Children Nutrition Congress, Mashhad, 2008
39. Survey of mothers' views with children under two years old in Damavand city about the characteristics of a healthy child. **Amini M**, Salarkian N, Dakhah M, Heydari H. The second seminar on healthy children. Jihad of Iran University of Medical Sciences. February 6-18, 2008\_(presenter)
40. Qualitative study of the role of complementary nutrition in the nutritional health of children under two years of age from the perspective of mothers,. National Congress of Infant and Child Nutrition, Mashhad, August, 2008
41. Attitudes of child caregivers towards health services provided by health centers in the nutrition of children under 2 years: a qualitative study. Salarkia N, Amini M, Zoqit T, Heydari H. The second seminar on healthy children. Jihad of Iran University of Medical Sciences. February 6-18, 2008
42. FOOD PATTERN OF PRIMARY SCHOOL CHILDREN IN TEHRAN AND SOME RELATED FACTORS, ISBNPA, Spain, June ,2007 **Maryam Amini** (
43. Taste Preference among school students in Tehran and its relationship with sex and BMI, 10th European Nutrition Conference, Paris, 10-13 July 2007. **Maryam Amini**
44. The prevalence of overweight and obesity and its relationship with time spent for watching television and using computers in school children in Tehran, The 1<sup>st</sup> Congress of obesity prevention and treatment, Tehran, 2008 **Maryam Amini** (presenter)
45. Content analysis of food advertising on channels 1 and 2 of children's television in Iran, December 2006, The 8th Annual Research Congress of medical students and The 1st International Congress of Medical Sciences in Iran, Shiraz, 2007 **Maryam Amini**
46. Pattern of iron intake in elementary school students in Tehran, The 4th Congress of Epidemiology, Orumieh, 2007 **Maryam Amini** (presenter)
47. Some dietary habits related to cooking methods and the consumption of oils and fats in the households of Iran, The 3rd Congress of prevention of non-communicable disease, Tehran, 2006 **Maryam Amini** (presenter)
48. Fruit and vegetable consumption patterns in rural and urban areas of Ira, The 9th Iranian Nutrition Congress, Tabriz, 2008 **Maryam Amini** (presenter)

49. Comparison of fruits and vegetables consumption in urban and rural areas of East Azarbaijan province during 2000-2002, The 9th Iranian Nutrition Congress, Tabriz, 2008 **Maryam Amini** (presenter)
50. Meal and snack consumption pattern of Iranian households, 2000-2002, The 9th Iranian Nutrition Congress, Tabriz, 2008 **Maryam Amini** (presenter)
51. Tea consumption pattern of households in the country, 2000-2002, The 9th Iranian Nutrition Congress, Tabriz, 2008 **Maryam Amini** (presenter)
52. Association of obesity with dietary habits and body image in school-aged children of Nakhon Pathom Province, Thailand, The 9th Iranian Nutrition Congress, Tabriz, 2008 **Maryam Amini** (presenter)
53. Prevalence of overweight and obesity among school children in Tehran, 2005/10th International Congress on Obesity, Sydney, Australia, 3-8 September, 2006
54. Some food habits related to chronic diseases in school teachers, Tehran, I.R.IRAN, 2000. 18th international Congress of Nutrition, Durban, September 19-23, 2005
55. Recognition of effective factors on food choices of children in Tehran: A qualitative study, Tehran, Iran. 18th international Congress of Nutrition, September 19-23, Durban, 2005.
56. Food consumption patterns of children: A Focus Group Discussion (FGD) with primary school children in Tehran. 18th international Congress of Nutrition, Durban, 2005
57. Obesity among Thai school children (10-12 years old) and its relationship to activity pattern. XVIIth IEA World Congress of Epidemiology, Bangkok, 2005.
58. Prevalence of obesity, status of fat distribution and some related factors in junior high school children in a Tehran district. 13th European Congress on Obesity, Prague, 26-29 May 2004
59. The content of food advertising on children's television 2000, The 8th Iranian Nutrition Congress, Tehran, 2004 **Maryam Amini** (presenter)
60. Awareness of food choice of school children and its influencing factors in a focus group discussion (FGD), The 8th Iranian Nutrition Congress, Tehran, 2004 **Maryam Amini** (presenter)
61. Qualitative study of nutrition education needs of children in Tehran, 2003, The 8th Iranian Nutrition Congress, Tehran, 2004
62. Research conducted in the field of trace elements in Iran (1976-1999), The 7th International Congress of Endocrine diseases, Tehran, 2004 **Maryam Amini** (presenter)
63. Some dietary habits associated with chronic diseases in teachers of 4 districts in Tehran, The 7th International Congress of Endocrine diseases, Tehran, 2004

64. Development and evaluation of response rate of a food frequency questionnaire. 6th IEA Eastern Mediterranean Regional Scientific Meeting, Ahwaz, 2003. **Maryam Amini** (presenter)
65. Food frequency questionnaire, an appropriate tool in the epidemiologic studies, The 2nd Congress of Prevention of non-communicable diseases, 2003
66. Obesity and its relationship with the children's TV watching , The 2<sup>nd</sup> Congress of Prevention of non-communicable diseases, Tehran, 2003 **Maryam Amini** (presenter)
- 67.
68. TV food advertisements and the relationship of their recall with food demanded and consumption. 9th World Congress on Clinical Nutrition, London, 2002. **Maryam Amini** (presenter)
69. Consumption pattern of seafood in Tehran capital city.9th World Congress on Clinical Nutrition, London, 2002.
70. The relationship between TV food advertisements recalled and foods demanded and consumed by students of junior high school, district 6, 2000, Tehran, The 7rd Iranian Nutrition Congress, Guilan, 2002 **Maryam Amini**
71. Consumption pattern of some sea foods including fish, tuna and shrimp among teachers of 4 districts in Tehran, 2000, The 1st congress of Medicine and Sea, Booshehr, 2001
72. Consumption pattern of rice in four districts of Tehran, 2000, The 8th Iranian meeting of rice, Karaj, 2001
73. The relationship between food consumption pattern of pregnant women and birth weight of their infants in Karaj and Shemiranat villages, The 3rd Iranian Nutrition Congress, Tehran, 1994
74. The average weight gain during pregnancy and its relationship with birth weight in the villages of Karaj and Shemiranat, The 3rd Iranian Nutrition Congress, Tehran, 1994
75. The trend of nutritional research over the years 1976 to 1392, The 3rd Iranian Nutrition Congress, Tehran, 1994

## Other activities

- 1- Supervisor of Zabol and Ilam Staff in the field operations of the National Food and Nutrition Surveillance, 2020-2021
- 2- Responsible of workshops of the Nutrition Congress of 2018
- 3- Supervision and executive coordination of field operations of the comprehensive survey "Studies on food consumption pattern and nutritional status in 2000-2001 in six provinces of Kerman, Fars, Chaharmahal and Bakhtiari, Kurdistan, Kohkiluyeh, Boyer-Ahmad and Guilan."
- 4- Assistant Editor of NFSRJournal, February 17, 2020
- 5- Member of the Scientific Committee of the Nutrition Congress, 2018
- 6- Member of the Consultative Council of Public Education and Knowledge Translator of the Institute since January 2021

- 7- Member of the scientific committee of the cohort study of Shahid Beheshti University of Medical Sciences since August 2016
- 8- Membership in the Research Ethics Committee of NNFTRI, December 2013 to summer 2019
- 9- Diet therapy consultation in the clinic of the NNFTRI for three years
- 10- Diet therapy consultation in the clinic of the World Nutrition Publication for 10 months
- 11- Talking and interviewing 17 radio and television programs about nutrition since 1998 to 2017