

## Soodeh Razeghi Jahromi

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### Education

2007-2010	PhD in Nutrition Tabriz University of Medical Sciences Tehran/Iran	<b>GPA:</b> 19.3/20.00/ <b>Thesis:</b> 20/20.00
2004- 2007	M. S.c in Nutritional Sciences Tehran University of Medical Sciences and Health Services Tehran/Iran	<b>GPA:</b> 18.6/20.00
1999- 2004	B. S. in Nutritional Sciences Shaheed Beheshti University of Medical Sciences and Health Services Tehran / Iran	<b>GPA:</b> 16.3/20.00

### Short courses

#### March 2012-March 2013

Nutrition in geriatrics, Tehran University of Medical Sciences

#### July 2014

Medical education

### Experience

#### March 2015-current

**Department of clinical nutrition and dietetics and Food Technology, Faculty of Nutrition Sciences, National Nutrition and Food Technology Research Institute, Shahid Beheshti University of Medical sciences**

*Associate professor*

#### May 2018-Current

**Mehr Nutrition Science & Technology Development**

*CEO- Start-up incubated in Shahid Beheshti University of Medical Sciences*

#### Feb 2016-April 2018

**Vista Salamt Pars Company**

*CEO- Start-up incubated in Shahid Beheshti University of Medical Sciences*

#### Sep 2012-Current

**Multiple Sclerosis Research Center and Headache Research Center, Tehran University of Medical Sciences**

*Assistant professor*

#### Jan. 2009-Feb 2018

**University of Social Welfare and Rehabilitation Sciences (geriatric department)**

*Assistant professor*

- Teaching to the student of MPH and PhD in geriatrics
- Referee of SALMAND journal

#### Jan 2016- Feb 2018

**Bayer pharmaceutical company**

*Advisor (In Patient Support)*

#### Jan 2009- Oct.2009

**Cancer Institute:** Tehran University

*Research assistant*

- Working on the validation and adaptation of Diet history questionnaire of cancer

#### Dec 2006 – April 2011

**Khatam-al-Anbia Hospital (Epilepsy, Pain, Spinal Injury & geriatric clinic):**

Tehran

*Dietitian*

**Shefa Neuroscience Research Center:** Tehran

*Research assistant*

- Establishing the EAE (animal model of multiple sclerosis) and seizure model
- Working on animal model of cervical cancer
- Performing histological and biochemical tests
- Working with Stereotaxic, varbatome, cell work (for In vivo recording), florescent and optic microscope
- Cooperating in human studies. Gathering and analyzing the data.

**Jan 2008-Jan 2009**

**Dana pharmaceutical company:** Tehran

*Scientific consultant*

- Working on food supplements

**Sept 2005 – Dec 2005**

**Emam khomeini General Hospital:** Tehran University

*Nutrition Consultant (apprenticeship)*

- Working with patients
- Recommend diets according to patients special needs

**July 2003 – Aug 2003**

**Abasabad Food Complex (ETKA):** Tehran

*Quality Control Assistant (apprenticeship)*

- Performing microbial and biochemical tests on tomato paste

**June 2003 – July 2003**

**ChocoPars Company:** Tehran

*Quality Control Assistant (apprenticeship)*

- Performing microbial and biochemical tests on chocolate and jelly and cake powder

**Rewards**

- Winner of the “Top Technologist” at **Aboreyhan Biruni Research Festival**
- Winner of the “ZHJIANG high level foreign experts innovation center” start-up program

**Professional Memberships**

- International Headache Society & Iranian Headache Society
- MS (multiple sclerosis) Society of Iran
- Multiple Sclerosis Research Center, Neuroscience Institute, Tehran University of Medical Sciences
- Headache department, Iranian Research Center of Neurological disease, Tehran University of Medical Sciences
- Iraninan Parkinson Society (Co-founder)
- Gerontology Research Center, University of Rehabilitation and welfare
- Research and Development Center, Imam Hossein Hospital, Shahid Beheshti University of Medical Sciences

**Professional experience**

- Educational deputy of geriatrics department, Tehran University of Medical sciences and member of residency promotion exam committee (Jan 2014-Jan 2015)
- Head of R&D department. Faculty of Nutrition Sciences and Food Technology, Shahid Beheshti University of Medical sciences (2015-current)

- Member of scientific committee of 3th national food intake survey of Iran (current)

### **Organizational/Administrative Experience**

- Language: Fluent in English and German, and a little French
- Certificates:
  - IELTS (2006) and CAE (2005) from the University of Cambridge
  - TestDaf from TestDaf institute (Fern university in Hagen, Germany) (2006);
  - Zertifikat Deutsch from Gothe-institut (2005)
- English teacher in Kanoon-e-Zaban institute (Sep 2003-Sep 2004)

### **Thesis under supervision**

- The effect of B.complex supplementation on migraine headache
- Dietary factors and risk of familial Multiple Sclerosis
- Elemental diet as an adjuvant therapy in RRMS
- Dietary factors and risk of pediatric headache
- Dietary factors and risk of episodic and chronic headache in adults
- The effect of probiotics supplementation on mild to moderate depression
- The effect of probiotics supplementation on ADHD
- The effect of probiotics supplementation on migraine headache
- The effect of saffron supplementation on anxiety
- The effect of epigallocatechin gallate supplementation on traumatic brain injury
- Nutritional risk factors in NMO
- Effect of Nanocrocine in modulating mild to moderate depression and cognition of RRMS patients
- Effect of Saffron on major anxiety disorder

### **Dissertation Title**

"Effects of genistein and diadzein-extracted from soy- in prevention and treatment of animal model of Multiple Sclerosis (Experimental Allergic Encephalomyelitis -EAE) in mice

### **Research interests**

- Medical nutrition therapy in neurological disorders.
- Nutrition therapy of the elderly
- Gut-CNS Axis
- Medical nutrition therapy in Diabetes
- Nutritional management of Obesity

### **Computer Skills**

Spss, Office programs, Photoshop, STATA

## Publications

### Articles

1. RABIEI S, TABESH MR, **JAHROMI SR**, ABOLHASANI M. 2022. The association between depression, obesity and body composition in Iranian women. *Clinical Nutrition Open Science*.
2. AHMADIANI ES, ARIYANFAR S, SOROUSH M, **JAHROMI SR**. 2022. Role of sarcopenia risk in predicting COVID-19 severity and length of hospital stay in older adults: a prospective cohort study. *British Journal of Nutrition* 24:1-29.
3. NEMATGORGANI S, **RAZEGHI-JAHROMI S**, JAFARI E, TOGHA M, RAFIEE P, GHORBANI Z, AHMADI ZS, BAIGI V. 2022. B vitamins and their combination could reduce migraine headaches: A randomized double-blind controlled trial. *Current Journal of Neurology* 17:105-18.
4. GHANAATGAR M, TAHERZADEH S, ARIYANFAR S, **JAHROMI SR**, MARTAMI F, GHARAEI JM, TEIMOURPOUR A, SHAHRIVAR Z. 2022. Probiotic supplement as an adjunctive therapy with Ritalin for treatment of attention-deficit hyperactivity disorder symptoms in children: a double-blind placebo-controlled randomized clinical trial. *Nutrition & Food Science*.
5. ARIYANFAR S, **RAZEGHI JAHROMI S**, TOGHA M, GHORBANI Z. 2022. Review on Headache Related to Dietary Supplements. *Current Pain and Headache Reports* 7:1-26.
6. NOORMOHAMMADI M, GHORBANI Z, NASER MOGHADASI A, SAEEDIRAD Z, SHAHEMI S, GHANAATGAR M, REZAEIMANESH N, HEKMATDOOST A, GHAEMI A, **RAZEGHI JAHROMI S**. 2022. MIND Diet Adherence Might be Associated with a Reduced Odds of Multiple Sclerosis: Results from a Case–Control Study. *Neurology and therapy* 11(1):397-412.
7. SCHRÖDER T, KÜHN G, KORDOWSKI A, **JAHROMI SR**, GENDOLLA A, EVERS S, GAUL C, THAÇI D, KÖNIG IR, SINA C. A. 2022. Digital Health Application Allowing a Personalized Low-Glycemic Nutrition for the Prophylaxis of Migraine: Proof-of-Concept Data from a Retrospective Cohort Study. *Journal of clinical medicine* 20;11(4):1117.
8. **JAHROMI SR**. 2022. Role of diet, food, and nutrition in prevention and treatment of headache. In *Headache and Migraine in Practice* (pp. 347-358). Academic Press.
9. ARIYANFAR S, **JAHROMI SR**, REZAEIMANESH N, TOGHA M, GHORBANI Z, KHADEM E, NOORMOHAMMADI M, TORKAN Z. 2022. The association between dairy intake and migraine odds among pediatrics and adolescents: A case-control study. *Iranian Journal of Child Neurology* 16(1):105.
10. **RAZEGHI JAHROMI S**, MORADI TABRIZ H, TOGHA M, ARIYANFAR S, GHORBANI Z, NAEENI S, HAGHIGHI S, JAZAYERI A, MONTAZERI M, TALEBPOUR M, ASHRAF H. 2021. The correlation between serum selenium, zinc, and COVID-19 severity: An observational study. *BMC Infectious Diseases* 21(1):1-9.
11. GHORBANI Z, RAFIEE P, HAGHIGHI S, **JAHROMI SR**, DJALALI M ET AL. 2021. The effects of vitamin D3 supplementation on TGF- $\beta$  and IL-17 serum levels in migraineurs: post hoc analysis of a randomized clinical trial. *Journal of Pharmaceutical Health Care and Sciences* 7 (1), 1-9
12. MOUSAVI M, **RAZEGHI JAHROMI S**, TOGHA M GHORBANI Z, HEKMATDOOST A, ET AL. 2021. The Association Between Dietary Acid Load and Odds of Migraine: A Case–Control Survey. *Neurology and therapy* 10 (1), 335-348.
13. MOUSAVI M, RAJABIAN TABESH M, KHALAJ A, EINI-ZINAB H, **RAZEGHI JAHROMI S** (CORRESPONDING AUTHOR), ABOLHASANI.M.

2021. Food Addiction Disorder 2 Years After Sleeve Gastrectomy; Association with Physical Activity, Body Composition, and Weight Loss Outcomes. *Obesity Surgery*, 1-9
14. GHORBANI Z, RAFIEE P, HAGHIGHI S, **RAZEGHI JAHROMI S**, DJALALI M, MORADI-TABRIZ H, MAHMOUDI M, AND TOGHA M. 2021. The effects of vitamin D3 supplementation on TGF- $\beta$  and IL-17 serum levels in migraineurs: post hoc analysis of a randomized clinical trial. *Journal of Pharmaceutical Health Care* 7(1): 1-9.
  15. GHORBANI Z, RAFIEE P, FOTOUHI A, HAGHIGHI S, MAGHAM RR, AHMADI ZS, DJALALI M, ZAREEI M, **JAHROMI SR**, SHAHEMI S, MAHMOUDI M. 2020. The effects of vitamin D supplementation on interictal serum levels of calcitonin gene-related peptide (CGRP) in episodic migraine patients: post hoc analysis of a randomized double-blind placebo-controlled trial. *The Journal of Headache and Pain*. 21(1):1-3.
  16. ARZANI M, **JAHROMI SR**, GHORBANI Z, VAHABIZAD F, MARTELLETTI P, GHAEMI A, SACCO S, TOGHA M. 2020. Gut-brain Axis and migraine headache: a comprehensive review. *The journal of headache and pain*. 21(1):1-2.
  17. VAHID-DASTJERDI L, JAZAERI S, HADAEGH H, **JAHROMI SR**, HOSSEINI SM. 2020. Sucrose substitution by polyols for the production of shelf stable macaroon: attribution of their molecular weight and synergy. *European Food Research and Technology*, 1-11
  18. TOGHA M, **JAHROMI SR**, GHORBANI Z, RAFIEE P. 2020. Evaluation of Inflammatory State in Migraineurs: A Case-control Study. *Iranian Journal of Allergy, Asthma and Immunology*
  19. REZAEIMANESH N, SAEEDI R, SAHRAIAN MA, **JAHROMI SR**, MOGHADASI AN. 2020. The possible beneficial effects of higher vitamin B6 intake from diet on cognitive function of patients with neuromyelitis optica spectrum disorder. *Multiple Sclerosis and Related Disorders*, 10:21-32
  20. GHORBANI Z, TOGHA M, RAFIEE P, SADAT AHMADI Z, RASEKH MAGHAM R, DJALALI M, SHAHEMI S, MARTAMI F, ZAREEI M, **RAZEGHI JAHROMI S**, ARIYANFAR S, MAHMOUDI M. 2020. Vitamin D3 might improve headache characteristics and protect against inflammation in migraine: a randomized clinical trial. *Neurological Sciences*, 1-10
  21. **RAZEGHI JAHROMI S**, GHORBANI Z, MARTELLETTI P, LAMPL C, TOGHA M. 2019. Association of diet and headache. *The journal of headache and pain* 20 (1), 1-11
  22. TOGHA M, JAHROMI SR, GHORBANI Z, GHAEMI A, RAFIEE P. An investigation of oxidant/antioxidant balance in patients with migraine: a case-control study. *BMC neurology* 19 (1), 1-10
  23. GHORBANI Z, TOGHA M, RAFIEE P, AHMADI Z, RASEKH MAGHAM R, HAGHIGHI S, **RAZEGHI JAHROMI S**, AND MAHMOUDI M. 2019. Vitamin D in migraine headache: a comprehensive review on literature. *Neurological Sciences*, 1-19
  24. ARIYANFAR SH, **RAZEGHI JAHROMI S**, REZAEIMANESH N, TOGHA M, GHORBANI Z, KHADEM E, GHANAATGAR M, NOORMOHAMMADI M, AND TORKAN Z. 2019. Fruit and vegetable intake and odds of pediatric migraine. *Nutrition & Food Science*
  25. **RAZEGHI JAHROMI S**, TOGHA M, GHORBANI Z, HEKMATDOOST A, KHORSHA F, RAFIEE P, SHIRANI P, NOORMOHAMMADI M, AND ANSARI H. 2019. The association between dietary tryptophan intake and migraine. *Neurological Sciences* 40 (11): 2349-2355.
  26. REZAEIMANESH N, **RAZEGHI JAHROMI S**, NASER MOGHADASI A, RAFIEE P, GHORBANI Z, BELADI MOGHADAM N, HEKMATDOOST A,

- AND SAHRAIAN MA. 2019. Dietary total antioxidant capacity and neuromyelitis optica spectrum disorder susceptibility. *Nutrition & Food Science*.
27. TOGHA M, HAGHDOOST F, KHORSHA F, **RAZEGHI JAHROMI S**, AND GHORBANI Z. 2019. Body Mass Index and its Association with Migraine Characteristics in Female Patients. *Archives of Iranian medicine* 22 (10): 554-559.
  28. TOGHA M **RAZEGHI JAHROMI S**, GHORBANI Z, MARTAMI F, AND SEIFISHAHPAR M. 2019. Serum Vitamin B12 and Methylmalonic Acid Status in Migraineurs: A Case-Control Study." *Headache: The Journal of Head and Face Pain* 59 (9): 1492-1503
  29. TOORANG F, SASANFAR B, **RAZEGHI JAHROMI S**, EBRAHIMPOUR KOUJAN, NARMCHESHM S, RAFEI A, AND ZENDEHDEL K. Validation of Diet History Questionnaire in Assessing Energy and Nutrient Intakes of Iranian Population. *Iranian Journal of Public Health* 48 (6): 1074-1081.
  30. REZAEIMANESH N, **RAZEGHI JAHROMI S**, GHORBANI Z, BELADI MOGHADAM N, HEKMATDOOST A, NASER MOGHADASI A, AZIMI AR, AND SAHRAIAN MA. 2019. The association between dietary sugar intake and neuromyelitis optica spectrum disorder: A case–control study." *Multiple sclerosis and related disorders* 31 (2019): 112-117
  31. MARTAMI F, TOGHA M, SEIFISHAHPAR M, GHORBANI Z, ANSARI H, KARIMI T, AND **RAZEGHI JAHROMI S**. 2019. The effects of a multispecies probiotic supplement on inflammatory markers and episodic and chronic migraine characteristics: A randomized double-blind controlled trial. *Cephalalgia* 39 (7): 841-853.
  32. TOGHA M, **RAZEGHI JAHROMI S**, GHORBANI Z, MARTAMI F, AND SEIFISHAHPAR M. 2018. Serum vitamin D status in a group of migraine patients compared with healthy controls: a case–control study. *Headache: The Journal of Head and Face Pain* 58 (10): 1530-1540
  33. MARTAMI F, **RAZEGHI JAHROMI S**, TOGHA M, GHORBANI Z, SEIFISHAHPAR M, AND SAIDPOUR A. 2018. The serum level of inflammatory markers in chronic and episodic migraine: a case-control study." *Neurological Sciences* 39 (10): 1741-1749.
  34. GHORBANI Z, NAZARI S, ETESAM F, NOURIMAJD S, AHMADPANA M, AND **RAZEGHI JAHROMI S**. 2018. The effect of synbiotic as an adjuvant therapy to fluoxetine in moderate depression: a randomized multicenter trial." *Archives of Neuroscience* 5 (2)
  35. **RAZEGHI JAHROMI S**, ABOLHASANI M, GHORBANI Z, SADRE- JAHANI S, ALIZADEH Z. et al. 2018. Bariatric surgery promising in migraine control: A controlled trial on weight loss and its effect on migraine headache. *Obesity surgery* 28 (1), 87-96 (impact factor: 3.94)
  36. MARTAMI F, GHORBANI Z, ABOLHASANI M, TOGHA M, MEYSAMIE A, SHARIFI A, **RAZEGHI JAHROMI S** (corresponding author). 2017. Comorbidity of gastrointestinal disorders, migraine, and tension-type headache: a cross-sectional study in Iran. *Neurological Sciences*. 1-8
  37. TOGHA M, JAHANSHAHI M, ALIZADEH L, **JAHROMI SR**, VAKILZADEH G, ALIPOUR B. 2017. Rapamycin augments immunomodulatory properties of bone marrow-derived mesenchymal stem cells in experimental autoimmune encephalomyelitis. *Molecular neurobiology* 54 (4), 2445-2457.
  38. BAGHBAN RAHIMI S, MOHEBBI A, VAKILZADEH G, BIGLARI P, **RAZEGHI JAHROMI S**. et al. 2017. Enhancement of therapeutic DNA vaccine potency by melatonin through inhibiting VEGF expression and induction of antitumor immunity mediated by CD8+ T cells. *Archives of virology*, 1-11
  39. JAFARNIA N, GHORBANI Z, NOKHOSTIN M, MANAYI A, NOURIMAJD S, **JAHROMI SR** (corresponding author). 2017. *Archives of Neuroscience* 4 (4)

40. MOGHADDASSI M, TOGHA M, SHAHRAM F, HANIF H, DADKHAH S, **JAHROMI SR**, et al. 2016. Headache in Behcet's disease: types and characteristics. *SpringerPlus* 5 (1), 1077
41. SAHRAIAN MA, NAGHSHINEH H, SHATI M, **JAHROMI SR**, REZAEI N. 2016. *Multiple sclerosis and related disorders* 10, 82-85.
42. **RAZEGHI JAHROMI S**, SAHRAIAN MA, TOGHA M, SEDIGHI B, SHAYGANNEJAD V. 2016. Iranian consensus on use of vitamin D in patients with multiple sclerosis. *BMC Neurology* 16 (1), 76
43. HATEF B, HASHEMIRAD F, MEFTAHI GH, SIMORGH L, **RAZEGHI JAHROMI S**, RAHIMI F, TOGHA M. 2016. The efficiency of pulsed electromagnetic field in refractory migraine headaches: a randomized, single-blinded, placebo-controlled, parallel group. *International Journal of Clinical Trials* 3 (1), 24-31
44. **RAZEGHI JAHROMI S**, GHAEMI A, ALIZADEH A, SABETGHADAM F, MORADI TABRIZ H, TOGHA M. 2016. Effects of Intermittent Fasting on Experimental Autoimmune Encephalomyelitis in C57BL/6 mice. *Iranian Journal of Allergy, Asthma & Immunology*, 15 (3), 212-219
45. **RAZEGHI JAHROMI S**. 2015. Is it safe for Multiple Sclerosis patients to fast? *Journal of Fasting and Health* 3 (4), 144-147.
46. TAGHDIRI F, TOGHA M, **RAZEGHI JAHROMI S** & PAKNEJAD S. M. H. 2015. Celecoxib vs Prednisone for the Treatment of Withdrawal Headache in Patients with Medication Overuse Headache: A Randomized Double-Blind Clinical Trial. *Headache: The Journal of Head and Face Pain*, 55(1), 128-135.
- RAZEGHI JAHROMI S**, ARREFHOSSEINI SR, GHAEMI A, ALIZADEH A, MORADI TABRIZ H, TOGHA M. 2014. Alleviation of experimental allergic encephalomyelitis in C57BL/6 mice by soy daidzein. *Iranian Journal of Allergy, Asthma & Immunology*. 13(4): 256-264
47. TAGHDIRI F, TOGHA M, **RAZEGHI JAHROMI S**, REFAEIAN F. 2014. Cinnarizine for the prophylaxis of migraine associated vertigo: a retrospective study." *SpringerPlus* 3(1): 1-5
48. **RAZEGHI JAHROMI S**, SAHRAIAN MA, ASHTARI F, AYRAMLO H, ETEMADIFAR M, ET AL. 2014. Islamic fasting and Multiple Sclerosis. *BMC Neurology*. 14: 56
49. SADRE-JAHANI S, ABOLHASSANI M, DEGHANI S, JALILI M, TALEBPOUR M, IMANI H, **RAZEGHI JAHROMI S**. 2013. Relationship between nutrient intake and body composition one year after bariatric surgery. *International Research Journal of Applied and Basic Sciences*. 7 (14): 1177-1183
50. **RAZEGHI JAHROMI S**, ARREFHOSSEINI SR, GHAEMI A, ALIZADEH A, SABETGHADAM F, TOGHA M. 2013. Effect of oral genistein administration at early and late phase of allergic encephalomyelitis. *Iranian Journal of Basic Medical Sciences*. 17: 509-515
51. **RAZEGHI JAHROMI S**, BIDADIAN M., ABOLHASANI M., KOTI L. 2013. Comparison of obesity /psychological disorders comorbid between older and younger adult women. *Psychology*. 4(11): 1-3.
52. AALAMI HARANDI S., TOGHA M., SADATNASERI A., HAMED HOSSEINI S., **RAZEGHI JAHROMI S**. Cardiovascular risk factors and migraine without aura: a case-control study. *Iranian Journal of Neurology*. 12 (3).
53. **RAZEGHI JAHROMI S**, ABOLHASANI M., TOGHA M. 2013. The effect of body fat mass and fat free mass on migraine headache. *Iranian Journal of Neurology*. 12 (1): 23-27.
54. KARIMZADEH F., JAFARIAN M., GHARAKHANI M., **RAZEGHI JAHROMI S**, GORJI A. 2013. Behavioural and histopathological assessment of the effects of

- periodic fasting on pentylenetetrazol-induced seizures in rats. *Nutritional Neuroscience*. 16(4): 147-152.
55. **RAZEGHI JAHROMI S.**, TOGHA M., RAZEGHI JAHROMI M., ALOOSH M. 2012. Dietary patterns and risk of multiple sclerosis. *Iranian Journal of Neurology*. 11 (2): 47-53
  56. TOGHA M., GHEINI MR., AHMADI B., KHASHAIAR P., **RAZEGHI S.**, 2012. Lipid profile in cerebrovascular accidents. *Iranian Journal of Neurology*. 10 (2): 1-4
  57. HAMIDIAN Y., TOGHA M., NAFISI S., DOWLATSHAHI S., **RAZEGHI JAHROMI S.**, BELADI MOGHADAM N., NAMAZI N., TAJIK P., MAJED M., ALOOSH M. 2012. Antigen antibody in sporadic adult ataxia. *Iranian Journal of Neurology*. 10 (1): 16-20
  58. KAZEMI H., HASHEMI-FESHARAKI S., **RAZEGHI S.**, NAJAFI M., KOLIVAND PH., KOVAC S., GORJI A. 2012. Intractable epilepsy and craniocerebral trauma: Analysis of 163 patients with blunt and penetrating head injuries sustained in war. *Injury*. 43 (12): 2132-35
  59. GHAEMI A., SOLEIMANJAHI H., **RAZEGHI S.**, GORJI A., TABARAEI A., MORADI A., ALIZADEH A., VAKILI MA. 2012. Genistein induces a protective immunomodulatory effect in a mouse model of cervical cancer. *Iran J Immunol*. 9(2):119-27
  60. **RAZEGHI JAHROMI S.**, TOGHA M., HASHEMI FESHARAKI S., NAJAFI M., BELADI MOGHADAM N., ARAB KHERADMAND J., GORJI A. 2011. Gastrointestinal adverse effects of antiepileptic drugs in intractable epileptic patients.. *Seizure*. 20 (40): 343-6
  61. GHARAKHANI M., **RAZEGHI JAHROMI S.**, SADEGHIAN H., KAZEMI H., GORJI A. 2011. Potential drug interactions in war-injured veterans. *Iranian Journal of Pharmacology & Therapeutics*. 10 (10)
  62. **RAZEGHI S.**, HOSSEINI S., RAZEGHI E., MEISAMI A., SADRZEDE H., 2010. Factors associated with malnutrition in hemodialysis patients. *Saudi Journal of Kidney Diseases and Transplantation*, 21(5): 846-851
  63. GHAEMI A., GILL P., SOLEIMANGAHI P., **RAZEGHI JAHROMI S.**, 2010. Recombinant  $\gamma$ -phage nanobioparticles for tumor therapy in mice models. *Genetic vaccine and therapy*, 8(3): 1-7
  64. AKHONDZADEH S., SHAFIEE S., HARIRCHIAN M., TOGHA M., CHERAGHMAKANI H., **RAZEGHI S.**, HEJAZI S., YOUSEFI S., ALIMARDANI M., JAMSHIDI R., REZAZADEH A., YOUSEFI SA., ZARE A., MORADI F., VOSSOUGH A., 2010. A 22- week, multi-center, randomized, double blind controlled trial of Crocus sativus in the treatment of mild to moderate Alzheimers disease. *Psychopharmacology*. 207: 637- 643
  65. AKHONDZADEH S., SHAFIEE S., HARIRCHIAN M., TOGHA M., CHERAGHMAKANI H., **RAZEGHI S.**, HEJAZI S., YOUSEFI S., ALIMARDANI M., JAMSHIDI R., REZAZADEH A., YOUSEFI SA., ALIMARDANI R., JAMSHIDI A., ZARE F., MORADI F., 2010. Saffron in the treatment of patients with mild to moderate Alzheimer's disease: a 16- week, randomized and placebo-controlled trial. *Journal of clinical pharmacy and therapeutics*. 10 (1111): 1-8
  66. **RAZEGHI S.**, AREFHOSSEINI SR., MEHRANGIZ EBRAHIMI M., TOGHA M., ROSHANGAR L., TARIHI T., 2010. Prevention of Animal Model of Multiple Sclerosis by oral genistein, extracted from soy bean. *Iranian Journal of Neurology*. 8(26-27): 505-510.
  67. TOGHA M., RAHMAT M., NILAVARI K., ASHRAFIAN H., **RAZRGHI S.**, KOHAN L, 2008. Cinnarizine in refractory migraine prophylaxis: efficacy and tolerability. A comparison with sodium valproate. *The Journal of Headache and*



68. TOGHA M., AKHONDZADEH S., MOTAMEDI M., AHMADI B., **RAZEGHI S.**, 2007. Allopurinol as adjunctive therapy in intractable epilepsy: A double-blind and placebo-controlled trial. *Archives of Medical Research*. 38(3): 313-316
69. **RAZEGHI JAHROMI S.**, TOGHA M., ABEDINI PARIZANI M., KHASHAYAR P., 2006. Evaluating the effect of Piridoxin (B6 Vitamin) on reducing signs of premenstruation syndrome in 16 to 45-year-old females. *Iranian Journal of Neurology*, 5 (13): 12-18

## **Books**

- GAINI Z, **RAZEGHI JAHROMI S.** Ten steps for healthy nutrition in Autism. *NNFTRI publication*
- **RAZEGHI JAHROMI S.** 2014. Junk food. *MIRMAH publication*
- **RAZEGHI JAHROMI S.**, DEHGHAN S., KAZEMI H., KHAJAVI M. 2014. Nutrition and fitness. *MIRMAH publication*
- KAZEMI H., KOLIVAND P., SHAHROKHI SH., BAGHERI K., **RAZEGHI JAHROMI S.** 2013. Nutrition in neurological disease. *Mirmah publication*
- **RAZEGHI JAHROMI S.**, TOGHA M. 2006. Medical Nutrition Therapy for Neurologic Disorders. *Salekan publication*
- **RAZEGHI JAHROMI S.** 2006. Daily diet. *Salekan publication*

## **Books under review and in process**

- HAJI FARAJI M, **RAZEGHI JAHROMI S.** Encyclopedia of Islamic Bioethics, the chapter of diet, Oxford University press

## **Oral and Poster Presentations in Congresses**

1. REZAEIMANESH N, **JAHROMI SR.** MOGHADASI AN, GHORBANI Z, ESKANDARIEH S, SAHRAIAN MA. Animal Fat Plus Hydrogenated Fat in Association with Increased Odds of Neuromyelitis Optica Spectrum Disorder. 36<sup>th</sup> Congress of European Committee for Treatment and Research in Multiple Sclerosis- ECTRIMS (Poster presentation).
2. REZAEIMANESH N, **JAHROMI SR.** MOGHADASI AN, GHORBANI Z, ESKANDARIEH S, SAHRAIAN MA. Potential Role of High Omega6 to Omega3 Fatty Acids Ratio in Increasing Odds of Neuromyelitis Optica Spectrum Disorder. 36<sup>th</sup> Congress of European Committee for Treatment and Research in Multiple Sclerosis- ECTRIMS (Poster presentation).
3. REZAEIMANESH N, **JAHROMI SR.** MOGHADASI AN, GHORBANI Z, ESKANDARIEH S, SAHRAIAN MA. Is a Higher Dietary Intake of Vitamin E Related to Lower Odds of Neuromyelitis Optica Spectrum Disorder? 36<sup>th</sup> Congress of European Committee for Treatment and Research in Multiple Sclerosis- ECTRIMS (Poster presentation).
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- seropositivity in neuromyelitis optica spectrum disorder patients. 35<sup>th</sup> Congress of European Committee for Treatment and Research in Multiple Sclerosis-ECTRIMS (Poster presentation).
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  7. REZAEIMANESH N, **RAZEGHI JAHROMI S**, GHORBANI Z, BELADI MOGHADAM N, HEKMATDOOST A, MOGHADASI AN, AZIMI AR, AND SAHRAIAN MA. 2018. Various Types of Dietary Sugar and Neuromyelitis Optica Spectrum Disorder. 34<sup>th</sup> Congress of European Committee for Treatment and Research in Multiple Sclerosis- ECTRIMS (Poster presentation).
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  14. SEYFI-SHAHPAR M, MARTAMI F, TOGHA M, GHORBANI Z, **JAHROMI SR**, ANSARI H. 2017. The Effects of probiotic supplementation on chronic migraine (CM) headache: a randomized placebo-controlled double-blind study. 11<sup>th</sup> European Headache Federation Congress- EHF (Poster presentation)
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  17. ABOLHASANI M, **JAHROMI SR**, SAHRAIAN MA. The effect of Mediterranean diet and exercise as a complementary therapy in fatigue of patients with relapsing remitting MS (RRMS). 2016. 32<sup>nd</sup> Congress of European

- Committee for Treatment and Research in Multiple Sclerosis- ECTRIMS (Poster presentation).
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  19. MARTAMI F, ABOLHASANI M, JAHROMI SR, MARYAM S, TOGHA M. The comparison of strengthening exercise efficacy between tension headache plus neck pain and cervicogenic headache. 5<sup>th</sup> European Headache and Migraine Trust International Congress – EHMTIC (poster presentation)
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  21. **RAZEGHI JAHROMI S**, 2015. Unapproved effective therapies in multiple sclerosis: nutritional intervention. 13<sup>th</sup> international multiple sclerosis congress. Sari, Iran (Oral presentation)
  22. **RAZEGHI JAHROMI S**, 2015. Unapproved effective therapies in headache: nutritional intervention. 4<sup>th</sup> international headache conference, Tehran (Oral presentation)
  23. **RAZEGHI JAHROMI S**, ABOLHASANI M., TOGHA M. 2015. Comorbidity of gastrointestinal disorders and migraine. 17<sup>th</sup> Congress of the International Headache Society – IHC (Poster presentation)
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  26. KARIMZADEH F, JAFARIAN M, **RAZEGHI JAHROMI S**, GORJI A. 2014 The antiepileptic role of metabotropic glutamate type-1 $\alpha$  receptor in WAG/Rij rats. 2014. ISDN (Poster presentation)
  27. KARIMZADEH F, SAJADIAN A, ESTEGHAMAT S, ESHAGHABADI A, SIEG F, MEUTH S, SEIDENBERG T, BUDDE T, **RAZEGHI JAHROMI S**, GORJI A. 2014. Behavioral and histopathological assessment of the effect of neural registration peptides 2945 on pentylentetrazol-induced seizures in rats. ISDN (Poster presentation)
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  29. **RAZEGHI JAHROMI S**, TOGHA M. 2014. Mediterranean diet and neurological disease. 21<sup>st</sup> international congress of neurology and clinical electrophysiology (poster presentation)
  30. **RAZEGHI JAHROMI S**, ABOLHASANI M, MEYSAMIE A, TALEBPOUR M, SADRE-JAHANI S, TOGHA M. 2014. A cross-sectional study of migraine improvement after diet/exercise-induced weight loss or bariatric surgery. 24<sup>th</sup> European Neurological Society-European Federation of Neurological Societies joint congress (poster presentation)
  31. SADRE-JAHANI S, **RAZEGHI JAHROMI S**, ABOLHASSANI M, JALILI

- M, DEHGHANI, TALEBPOUR M, IMANI H. 2013. Relationship between healthy eating index and body composition one year after bariatric surgery. 7<sup>th</sup> international congress of minimally invasive surgery. Tehran, Iran (As a poster)
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  33. ABOLHASANI M, **RAZEGHI JAHROMI S.** TOGHA M, SAHRAIAN MA. The effect of continuous low dose creatine supplementation on fatigue in MS. 1st International Iranian Congress on Devic Syndrome-Isfahan- Iran (As a poster)
  34. **RAZEGHI JAHROMI S.** IMANI H. 2013. Nutrition and neurological disease. 20<sup>th</sup> international congress of neurology and clinical electrophysiology. Tehran-Iran (Oral presentation)
  35. **RAZEGHI JAHROMI S.**, ABOLHASANI M., BIDADINAN M. 2013. Comparison of obesity/psychological disorders co morbid between middle aged and old women. 20<sup>th</sup> international congress of geriatrics and gerontology. Seoul, Korea (As a poster)
  36. **RAZEGHI JAHROMI S.**, GHAEMI A., ALIZADEH A., TOGHA M. 2012. Periodic fasting mediates suppression of T-cell proliferation in experimental autoimmune encephalomyelitis. 9<sup>th</sup> international multiple sclerosis congress. Tehran, Iran (Oral presentation)
  37. **RAZEGHI JAHROMI S.**, ABOLHASANI M. 2012. Effect of weight on healthy aging. 3ed health promotion congress. Sari, Iran (As a poster)
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  39. **RAZEGHI JAHROMI S.**, 2011. Effect of early nutrition on brain. Congress on Brain, Mind and Education in children. Tehran-Iran (As a poster)
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  41. **RAZEGHI JAHROMI S.**, GHARAKHANI M., 2010, Dose calorie restriction helps epileptic patients? International epilepsy congress. Mashhad-Iran (As a poster)
  42. **RAZEGHI JAHROMI S.**, TOGHA M., GHAEMI A., ALIZADEH A., 2010. Oral genistein, extracted from soy bean, exerts protective properties in animal model of multiple sclerosis (autoimmune encephalomyelitis) 20<sup>th</sup> meeting of the European Neurological Society. Berlin-Germany (As a poster)
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  46. **RAZEGHI JAHROMI S.** TOGHA M., 2009. Obesity and pain. The 1<sup>st</sup> International Meeting of Pain. Bandar-e-Anzali-Iran (oral presentation)

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52. **RAZEGHI JAHROMI S.**, TOGHA M., 2008. Gastrointestinal side effects of antiepileptic drugs. The 18<sup>th</sup> meeting of the European Neurological Society. Nice-France(As a poster)
53. **RAZEGHI JAHROMI S.**, TOGHA M., ABEDINI PARIZANI M., KHASHAYAR P., 2008. Effects of Piridoxin (B6 Vitamin) supplement on reducing the signs of premenstruation syndrome. The 1<sup>st</sup> Congress of Nutrition Students. Tehran-Iran (oral presentation)
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55. **RAZEGHI JAHROMI S.**, 2008. Bergamontin and metabolic syndrome.. 1<sup>st</sup> congress of metabolic syndrome. Tabriz-Iran (As a poster)
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57. **RAZEGHI JAHROMI S.**, 2006. Dietary Recommendation in Myasthenia Gravis. 13<sup>th</sup> International Congress of Neurology and Clinical Electrophysiology. Tehran-Iran (As a poster)
58. **RAZEGHI JAHROMI S.**, 2005. Nutritional guides in Epilepsy. 2<sup>nd</sup> Epilepsy Congress. Tehran University of medical sciences, Tehran-Iran (Oral presentation)
59. **RAZEGHI JAHROMI S.**, 2005. Dietary Recommendation in Multiple Sclerosis. 2<sup>nd</sup> International Congress on Multiple Sclerosis. Tehran-Iran (As a poster)
60. **RAZEGHI JAHROMI S.**, 2005. Nutritional in Alzheimer's Disease. Twelve International Congress of Neurology and Clinical Electrophysiology. Tehran-Iran (As a poster)
61. **RAZEGHI JAHROMI S.**, 2004. Nutritional in Multiple Sclerosis. 1<sup>st</sup> International Congress on Multiple Sclerosis. Tehran-Iran (As a poster)