



CURRICULUM VITAE

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Name: Majid
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Graduation

1. PhD in Clinical Nutrition, King's College London, University of London (2001-2005)
2. Diploma in Nutrition, King's College London, University of London (2000-2001)
3. Graduate Certificate in Academic Practice, (including 9 courses, observational lecturing programme), King's College London, University of London (2002-2005)
4. Master of Science in Nutrition, Faculty of Nutrition and Food Sciences, Shahid Beheshti University of Medical Sciences (SBUMS), Tehran. Iran (1992-95)
5. Bachelor of Science in Nutrition, Faculty of Nutrition and Food Sciences, SBUMS, Tehran, Iran (1988-1990).

Training and Courses

1. Pre-sessional English Course. Language Centre of King's College London (1999)
2. In-sessional English Course. Language Centre of King's College London (2000-2001)
3. Workshop Training in End Note. Manchester University (2001)
4. Academic Writing and Writing up Research course for Graduate Student at Language Centre of King's College London (4-21 Nov 2002)
5. Venepuncture Procedure Training at Guy's and St Thomas' Hospital Trust, London (5 March 2003)
6. Elan Instrument Familiarization (ICP-MS) at Perkin Elmer, Seer Green, UK (7-11 April 2003)
7. A practical course on Clinical Nutrition. St. James's Hospital, University of Leeds, UK, (2-5 Sep 2008)

Development Program for Teaching Assistants at King's College London

Graduate Certificate in Academic Practice (GCAP) Programme

1. Planning & Preparing a lecture (Nov 2001)
2. Being a Demonstrator (Nov 2001)
3. Presentation Skills (Nov 2001)
4. Marking and Giving Feedback (Dec 2001)

5. Meeting Administration (July 2002)
6. Communication in Higher Education (April 2002)
7. Key Issues (Jan 2004)
8. How Students Learn (Jan 2004)
9. Evaluating Practice (Jan 2004)
10. Assessment in Higher Education (Jan 2004)

Workshops

1. Workshop Training in Advanced Statistics and Clinical Trials. Ministry of Health, Treatment and Medical Education, Tehran, Iran (1996)
2. Workshop Training in End Note. Manchester University (2001)
3. Introduction to Reference Manager, at King's College London (12 June 2001, 25 Nov 2001)
4. Introduction to Access for Research, at King's College London (31 Oct 2001)
5. Fundamentals of SPSS (6,13 March 2001), at King's College London
6. Participation in 16th Advanced Methodology Research and Clinical Trials Workshop. Endocrine Research Centre (ERC), SBMU (24-26 Jan 2006).
7. Workshop Training in Nutrition and Diet Therapy on Neurological System diseases, Iranian Nutrition Society of (2 March 2006).
8. Participation in the workshop on Ethics in "Biological Science Research (protection of human subjects)". Cancer Research Institute, Tehran Medical Sciences University (TMSU), 27-28 July 2005.
9. Participation in the workshop on "Food and Nutrition Security in the Context of HIV/AIDS". NNFTRI, 9-11 July 2006.
10. Attendance in the first symposium on Obesity in Iran, Endocrine and Metabolism Research Center, SBUMS, 23 Nov 2006.
11. Attendance in the Symposium of Cancer and its Ethical and law Challenges. Ethics and Medical law Research Centre, SBUMS, 7 February 2007.
12. Participation in the training workshop on "Nutrition in Emergency Situations". By Acción Contra el Hambre (ACF E) at the Faculty of Nutrition Science & Food Technology, SBMU, 17-18 April 2007.
13. Participation in the training workshop on "Food in a Social Context". Faculty of Nutrition Science & Food Technology, SBMU. 13-14 May 2007.
14. Participation in the Symposium of "Obesity and Vulnerable Groups". Endocrinology and Metabolism Research Centre & Iranian Obesity Society, SBMU, 31 May 2007.
15. Participation in the Training Workshop on Qualitative Studies in Nutritional Research ". NNFTRI, SBUMS. 23-24 Dec 2007.
16. Participation in the "Scientific Writing Workshop", levels 1 and 2, NNFTRI, SBUMS. 1, 13 Jan 2008.
17. Participation in the workshop on "Nutrition Research Management and communication", by Friedman School of Nutrition Sciences and Policy, Tufts University, International Nutrition Foundation (INF), NNFTRI, 11-14 May 2008.
18. Participation in "Clinical Nutrition Course", University of Leeds, UK. 2-5 Sep 2008.
19. Participation in the workshop on "National Nutrition and Food Research" by NNFTRI & Nutrition Society of Iran. 21-23 Oct 2008.
20. Participation in the workshop on "Using Recourses of Digital Library" NNFTRI, SBUMS, 1-3 March 2009.
21. Participation in the workshop on "Endnote" NNFTRI, SBUMS, 7-8 March 2009.
22. Participation in the workshop on "Food policy - Current Approaches to Broadly Based Policies" held by NNFTRI, SBUMS and Professor Heather Yeatman from University of Wollongong, Australia, 4-5 May 2009.
23. Presentation in the workshop on "Interventional Performance for Promotion of Food Security in Calamities" at the "4th International Congress on Health, Treatment and Crises Management in Calamities". Medical Society, Iran University of Medical Sciences, Tehran. 15-17 December 2009.
24. Participation in the International Training Course on "Food and nutrition security, Assessment instruments and intervention strategies, GIZ, Feldafing, Berlin, 15 -26 Aug. 2011.
25. Participation in the National workshop on Compiling the relative evaluation of nutrition services, 10-12 July 2012.

Computing

1. Basic and advanced computer course Shaheed Beheshti University of Medical Sciences, Taleghani Hospital, Tehran, Iran (1995)
2. Word 97 Intermediate Skills at King's College London, UK (19 Nov 2001)
3. Microsoft Windows (PC File Management) at King's College London, UK, (05,11 Oct 2001)
4. Foundation Word-Efficiency Techniques at King's College London, UK (14 Nov 2001)
5. File management-training course. King's College London (2001)
6. Reference Manager training course. King's College London (2001)
7. Power point level 1 at King's College London, UK (21 Jan 2002)
8. Power point level Intermediate at King's College London, UK (28 Jan 2002)
9. Power point in practice at King's College London, UK (26 Feb 2002)
10. Excel Introduction at King's College London, UK (19 Feb 2004)
11. Excel Intermediate at King's College London, UK (04 March 2004)
12. **Oral presentation at the workshop on "Paper Writing Skills" NNFTRI, SBMUS, 14-15 Dec 2008.**
13. Endnote training Course, NNFTRI, SBMU, 2012.
14. The 1st workshop on Fore sighting Methodology for health system"- Academy of Medical Sciences (2014-...).
15. Oral presentation on "The role of Universities in promoting the potency of clinical Nutrition experts" at the National Training program for the experts in clinical nutrition, Ministry of Health, Iran, 2014.
16. Participating in a workshop on "Strategic Management and Research planning in Food and Nutrition", NNFTRI, 2012.
17. A member of scientific committee and keynote lecturer in the 2nd National training course on nutritional care in hospital's ICU, Ministry of Health, 2012.

Teaching

1. Taught Research methodology and Primary statistics at Rehabilitation Faculty, SBUMS, Tehran, Iran (1996-2000).
2. Taught Research Methodology in Health Sciences at Faculty of Health, SBUMS, Tehran, Iran (1998)
3. Taught and Facilitated Research Methodology to the academic staff, medical residents at 60 consecutive academic short-term workshop courses in the Research Department of SBUMS, Tehran, Iran (1991-2000).
4. Taught and facilitated medical research paper writing to medical attendants at four consecutive academic short-term workshop courses in the Research Department of SBUMS, Tehran, Iran (1991-2000).
5. Consulted, advised and directed the design, data collection and analysis and initiation of medical research projects at the research department of SBUMS, Tehran Iran (1991).
6. A tutorial lecture to Intercalated B.Sc. Nutrition students about "Metabolic Syndrome" in King's College London [KCL] (March 2004).
7. Demonstrating laboratory practical for 2nd year BSc students in Nutrition, including: Blood Analysis and Diet Computation (Assessment of Nutritional Status), King's College London (Jan 2003)
8. Demonstrating laboratory practical for Intercalated BSc Nutrition students including: Dietary and Biochemical Assessment of Nutritional Status using Micro-diet, Urine Analysis, Energy Expenditure and Anthropometric Assessment of Nutritional Status, King's College London (Sep-Nov 2001-2003)
9. Demonstrating laboratory practical for Year two Medical Students (Special Study Module) including: Dietary Assessment of Nutritional Status, Anthropometric Assessment of Nutritional Status and Data Handling and statistical analysis using Minitab, KCL (Sep- Nov 2004).
10. Lecturing the Food Assessment using Micro-diet Programme for BSc Students of Nutrition & Dietetics, Intercalated BSc Medical students and Year two Medical Students (Special Study Module), KCL (2003-2005).
11. Lecture presentation on "Essential dietetics" in the workshop of "Food and Nutrition Security in the Context of HIV/AIDS". NNFTRI, SBUMS. 9-11 July 2006.
12. Taught "Nutrition in specific groups" for undergraduate students. Nutrition and Food Sciences Faculty, Islamic Azad University. 2007-2008.
13. Taught "Food Program Planning" for undergraduate students. Nutrition and Food Sciences Faculty, Islamic Azad University. 2008-2009.

14. Taught "Principal of Epidemiology" for undergraduate students. Nutrition and Food Sciences Faculty, Islamic Azad University. 2008-2010.
15. Lecturing the "Ethics on Clinical Nutrition Research" in the "1st Professional Workshop of Ethics in Nutrition and Food Technology Research". NNFTRI, SBUMS. 13-15 February 2007.
16. Lecture presentation on "Monitoring and Evaluation" in the workshop on "Improving Community Nutrition" Deputy for Health, Isfahan Medical University. May 2007.
17. Taught Research Methodology in Health Sciences for Postgraduate students. International Unit, Faculty of Nutrition and Food Technology, SBUMS. 2007-2008 and 2010-2012.
18. Lecturing and administrating (as scientific secretariat) in the "2nd Professional Workshop of Ethics in Nutrition and Food Technology Research". NNFTRI, SBUMS. 9-10 February 2008.
19. Lecture presentation on "Vitamin B2" in the workshop on "the Impact of Micronutrients in Human Health". Deputy for Health, SBUMS. 3-4 March 2008.
20. Lecture presentation on "Professional Ethics in Leadership Workshop". NNFTRI, SBUMS, 26-28 Sep 2009.
21. Lecturing and administrating Research Methodology in Health Sciences for alumni and graduate students, and Iranian Nutrition Society 11-12, December 2011.
22. Taught "Seminar skill and presentation" for MSc Students, Faculty of Nutrition Sciences and Food Technology, SBUMS. 2012.
23. Taught "Diet therapy" for MSc and PhD students. Faculty of Nutrition Sciences and Food Technology, SBUMS. 2012.
24. Lecture presentation in "First National Course on Nutritional Cares in ICU", Mashhad University of Medical Science, Dec 2011.
25. Lecture presentation in "2nd National Course on Nutritional Cares in ICU", NNFTRI, SBMU, Feb. 2013.
26. Taught "Advanced research methodology" PhD students. Faculty of Nutrition Sciences and Food Technology, SBUMS, 2011-13.
27. Lecturing and holding an advance workshop on "Writing and publishing a scientific paper" for postgraduate students in the field of nutrition and food sciences, Iran. NNFTRI, Sep 21-22, 2014.

Thesis Supervision

1. The Association of Metabolic Syndrome and Food Patterns in Non-Menopause Women. Hadad Tabrizi S, MSc in Nutrition, International Branch Shahid Beheshti Medical University (2010).
2. The association of overweight and obesity with menarche age and nutritional status in girls aged 11-15 in Mashhad. Dahri M, MSc in Nutrition, International Branch Shahid Beheshti Medical University (2010).
3. Comparison study on the effect of "real oat bread" with "barley bread offered in Tehran" on serum glucose and lipid profiles in dyslipidaemic and type 2 diabetic subjects. Vahab Rezvani, MSc in Nutrition, International Branch Shahid Beheshti Medical University (2010).
4. The association between dietary intake and exam stress in secondary students-2010-11. Azarvand P, MSc in Nutrition, International Branch Shahid Beheshti Medical University (2011).
5. The association between parents' behavior patterns and dietary intake of 2-6 yrs. children in Tehran preschool children-2010. Pazouky M. MSc in Nutrition, International Branch Shahid Beheshti Medical University (2012).
6. The role of socioeconomic factors on nutrition status of 2-6 yrs children in Tehran preschool children-2010. Nikousokhan M., MSc in Nutrition, International Branch Shahid Beheshti Medical University (2012).
7. The prevalence of overweight and obesity and its related factors in secondary girls' students of district 2 in Tehran-2010-11. Asadi Ghafari P., MSc in Nutrition, Nutrition International Branch, Shahid Beheshti Medical University (2012).
8. The effect of Sour tea (*Hibiscus sabdariffa*) on lipids profile in dyslipidemic subjects. Ahmadzadeh-Sani F., MSc in Nutrition. International Branch, Shahid Beheshti Medical University (2012).
9. Docosahexaenoic acid in breast milk reflects maternal fish intake in Iranian mothers (2011). Olang B., PhD in Nutrition, Karolinska Institutet, Stockholm, Sweden.
10. A case-control study of gastric cancer and meat consumption in Iran. Zamani N., MSc in Nutrition. International Branch, Shahid Beheshti Medical University (2013).
11. The effect of omega3 on vasomotor disorders in menopausal women Moghadam R., MSc in Nursing and Midwifing. International Branch, Shahid Beheshti Medical University (2012).

12. The efficacy of caraway seeds water extract on treatment of obesity and overweight and the safety of intake of this traditional herb on human being. Kazemipour M., MSc in Nutrition. University of Malaya, Malaysia, (2012-...)
13. The association between sleep deprivation and obesity among Iranian adults aged 20-55 years old. Kolsoom Parvaneh MSc of Health Sciences (Community Nutrition), University of Kebangsaan Malaysia, (2012-...)
14. Relationship Between serum Vitamin D levels with blood sugar and body composition status and the effect of Vit D supplement on those parameters in Diabetics, Saeed Osaty (PhD in Nutrition). International Branch- Shahid Beheshti Univ. of Medical Sciences (2015).
15. The Effect of Diet-oriented education program on metabolic control among fasting type 2 diabetics. Mehrnoush Sadeghi-Ghouraby (MSc. In Nutrition). International Branch- Shahid Beheshti Univ. of Medical Sciences (2015).
16. Effect of Probiotics on glucose metabolism, weight changes and inflammatory and oxidative stress indices in women with gestational diabetes mellitus. Neda Dolatkah (PhD in Nutrition). International Branch- Shahid Beheshti Univ. of Medical Sciences (2015).
17. The Association between Depression, Anxiety, Stress, score and dietary behavior in high school girls in Tehran, 2015-2016. Mohebi Zahra, MSc. In Nutrition. International Branch, Shahid Beheshti Medical University.

Administrative Positions

1. Senior expert of research affairs office, SBUMS. Tehran, Iran (1991- 94)
2. Deputy -Director of university research affairs office, SBUMS. Tehran, Iran (1994-95)
3. Director of university research affairs office, SBUMS. Tehran, Iran (1995-1999).
4. Collaborating in initiating the third International Congress on Endocrine Disorders (The Thyroid) SBUMS, Tehran, Iran (1995)
5. Collaborating in initiating the "5th Iranian Congress of Ophthalmology" (1995)
6. Secretary and chair of the education & research services planning committee, SBUMS (1998- 1999)
7. Member of the central committee for planning the 3rd National Development Stage, SBUMS (1999)
8. Research faculty member of National Nutrition and Food Technology Research Institute (NNFTRI), SBUMS (2000)
9. Research Assistance Professor of National Nutrition and Food Technology Research Institute, SBUMS (2005)
10. Head, Research Department of Nutrition & Food Policy and Planning, NNFTRI, SBUMS, (May 2005-2009)
11. Director of Research Affairs, NNFTRI, SBUMS, (2005-2006)
12. Member and Secretary of Research Committee of NNFTRI, SBUMS (May 2005- Aug 2006)
13. Vice-director of NNFTRI for Research Affairs, SBUMS, (Sep. 2005- Aug 2006)
14. Member and Secretary of Ethics Research Committee of NNFTRI, SBUMS (Dec 2005-...)
15. Editorial Board member for Iranian Journal of Nutrition Sciences & Food Technology (JNSFT) of NNFTRI (Feb 2006-...).
16. Member of Research Committee of SBUMS (March – Aug 2006)
17. Member of supervisors and advisors' team of SBUMS for the special quota students (2006-...).
18. Scientific secretary of First Professional Workshop on Ethics in Nutrition and Food Technology Research, NNFTRI, SBUMS, (13-15 Feb 2007).
19. Member of National Biomedical Ethics Committee, Iranian National Commission for UNESCO (2006-...).
20. Member of Scientific Committee of National and International Collaborations Office, NNFTRI, SBUMS. (May 2007).
21. Member of Scientific Committee of 10th Iranian Nutrition Congress. Tehran, 27-30 October 2008.
22. Scientific secretary of the workshop on "Paper Writing Skills" NNFTRI, SBUMS and Nutrition Society of Iran, 14-15 Dec 2008.
23. A member of professional team on Food and Nutrition Security for compiling "National Scientific Comprehensive Map" The Council of Policy Making, Ministry of Health. 2008-2009.
24. Dean, Faculty of Nutrition & Food Technology, Shahid Beheshti University of Medical Sciences (SBUMS), Iran (2010 - 2015).

25. Director, National Nutrition & Food Technology Research Institute (NNFTRI), Iran & WHO Collaborative Centre, (2010 -2015).
26. Chairman, Journal of Nutrition Sciences & Food Technology (JNSFT) of NNFTRI (2010-...)
27. Chairman, Iranian Journal of Applied Food Biotechnology (JAFB) of NNFTRI (2014)
28. Editor-in-Chief of Nutrition and Food Science Research of NNFTRI (2014-...)
29. President, Iranian Nutrition Society, 2011-2015.
30. A member of American Society of Nutrition as the president of Iranian Nutrition Society (2011-..)
31. Secretary of the “National Committee for Compiling & Standardizing Nutrition Consultation Services”. Ministry of Health, and Medical Education, Iran (2010-...).
32. A member of Technical and constitutional Commission, Administration Office for foods, beverages and cosmetics, Food & Drug Vice-Chancellor for Ministry of Health Iran (2010 - ...).
33. A member of Technical and constitutional Commission, Administration Office for Supplement and Drug, Food & Drug Vice-Chancellor for Ministry of Health Iran (2010 - ...).
34. A member of “High Council of Shahid Beheshti University of Medical Sciences” (2010- ...)
35. A member of National High Council for Health and Nutrition Security (2012-2016)
36. A member of Theorizing, Observatory and Fore sighting Committee for Health”- Academy of Medical Sciences (2012-...).
37. A member of "International collaboration group for Health”- Academy of Medical Sciences (2012-...).
38. A member of Halal Broad Committee. Halal Research Centre of Iran (2010-...)
39. A member of Academy of Medical Sciences, Islamic Republic of Iran, (2012-...)
40. A member of National High Council for Sciences, Research and Technology, (2012-...)
41. Head of National Clinical Nutrition Knowledge and guidelines, Ministry of Health, Iran (2012-...)
42. A member of National Scientific Board for Nutrition, Ministry of Health, Iran, (2013)
43. A member of surveillance Committee for National document of Nutrition and Food Security, Ministry of Health, Iran (2013...)
44. A member of national committee of "Codifying continuous educational programs for clinical nutritionists". , Ministry of Health, Iran (2014-....)
45. Head, National Committee of Food Technology, Ministry of Health, Iran (2014-2015).
46. Head, WHO- Collaborating Centre for Nutrition Training and Research (2010-2014).
47. WHO-EMRO regional advisor for Health and Nutrition (2010-2015).
48. A member of International Advisory Panel (IAP), FAO/WHO International Symposium Sustainable Food Systems for Healthy Diets and Improved Nutrition. 2016, in FAO Headquarters, Rome.
49. Editorial Panel member of E Cronicon Nutrition (2017)
50. Editor-in-Chief of Journal of Nutrition & Weight Loss (2017-...)
51. Editorial Board member of Journal of Medicinal and Chemical Sciences (2018-...)
52. Editorial board member of Journal of Acta Scientific Women’s Health (2020-...)
53. Editorial board member of Journal of BMC Nutrition (2020-...)
54. Review Editor and the editorial board member for Journal of Nutritional Epidemiology, Frontiers in Nutrition (2021-...)

Publications

1. Hajifaraji M., Haji Tarkhani AH., (1999). "The effect of Sour tea (*Hibiscus sabdariffa*) on essential hypertension". *Journal of Ethnopharmacology*, 65: 231- 236.
2. Riaz Davoudi P., Shamshirgaran S., Hajifaraji M. (1997). "Cephalometry of Tehran's 16–18-Year-old females". *Pejouhandeh*, 2 (3): 99-107.
3. Kazemi M., Moghaddam R., Haji Faraji M., Vallaei N., (1998)."Effect of the A-V Impulse System on Swelling and Pain in Patients with ankle fractures ". *Pejouhandeh*, 3 (3): 67-71.
4. Assadzadeh E., Ejlali M., Jarollahi N., Hajifaraji M., (1998)."Anteroposterior position of upper anterior teeth compared to the incisive papilla and columella –Philtrum angle". *Pejouhandeh*, 3 (4): 35- 42.
5. Tahmassebi S., Hosseinzadeh M. Hajifaraji M, Behbahani S.M., (1998). "A comparison of the effect of Betadine and Chlorohexidine in disinfecting of nurses 'hand.' *Pejouhandeh*, 3 (5): 125-128.
6. Haji Faraji M., Leeds A.R., Powell J., Frost G., (2003). “The relationship between dietary glycaemic index and urinary chromium in British adults”. *Proceedings of the Nutrition Society*, Abstracts of Original Communications, 62: 82A.
7. Haji Faraji M., Leeds A.R., (2004). Does persistent consumption of high glycaemic diet increase chromium loss in the urine? *Cell Mol Biol Lett*, 9 (Suppl 2); 26-27 (Abst)

8. Haji Faraji M., Leeds A.R., (2004). Determination of urinary chromium as an indicator for available chromium following 75g glucose oral ingestion. *Cell Mol Biol Lett.* 9 (Suppl 2); 85-87.
9. Haji Faraji M., Leeds A.R., (2005). The effect of high and low glycaemic index diets on urinary chromium in healthy individuals. *SAJCN*, 49 (Suppl 1); 193 (Abst).
10. Esfarjani F., Mohammadi F., Roustae R., Eshraghi Sh., Haji Faraji M., (2006). Assessment of nutritional health status of adolescents in east Tehran. *Public Health Nutrition*, 9(7A) Sep: 198.
11. Esfarjani F., Mohammadi F., Hajifaraji M., Roustae R. and Khoshfetrat MR. (2006). Under-and over nutrition in a group of Tehrani adolescents. *Obesity Reviews*, 7 (Suppl. 2): 241.
12. Hajifaraji M., Esfarjani F., Roustae R. and Khoshfetrat MR., Kamrani Z. A., (2006). Assessment of anthropometric status of adolescents in public guidance schools in East Tehran, *Iranian Journal of Nutrition Sciences & Food Technology*, 2 (2): 37-43.
13. Esfarjani F, Zoghi T, Mohammadi Nasrabadi F, Islami Amirabadi M, Roustae R, Kamrani Z, Hajifaraji M., (2006). A qualitative assessment of student's snack and buffet status in middle schools of Tehran, *International Journal of Obesity*, 32, S36–S234. (ISC Abstract).
14. Rashidi A, Mohammadpour-Ahranjani B, Karandish M, Vafa MR, Hajifaraji M, Ansari F, Sadeghi Sh, Maddah M, Kalantari N and Akhavi-Rad MB, (2007). Obese and female adolescents skip breakfast more than their non-obese and male peers. *Central European Journal of Medicine*, 2 (4): 481-87.
15. Hajifaraji M., Leeds A R. (2008). The Effect of High and Low Glycemic Index Diets on Urinary Chromium in Healthy Individuals: A Cross-Over Study. *Archives of Iranian Medicine*, 11(1): 57-64.
16. Hadad Tabrizi S, Hajifaraji M, Houshiar Rad A, Abadi AR, Hosseinpanah F. (2010). The Association of Metabolic Syndrome and Food Patterns in Non-Menopause Women, *Iranian Journal of Nutrition Sciences & Food Technology*, 5 (1): 39-48.
17. Hajifaraji M (2010). A Review Article on “Ethics in biomedical research involving Human subjects”. *Ethics in Science and Technology*. 4 (1,2): 67-78.
18. M Dahri, M Safarian, M Hajifaraji, A Houshyarrad, A Abadi. (2010). PP182 influence of obesity on timing of menarche. *Clinical Nutrition Supplements*. 5; 2 (Abs.)
19. Dahri M, Safarian M, Hajifaraji M, Houshiar Rad A, Abadi A. The association of overweight and obesity with menarche age and nutritional status in girls aged 11-15 in Mashhad. *Journal of Mashhad Medical School*. March 2011.
20. Neyestani T R., Haji Faraji M, Omidvar N, Eshraghian. High prevalence of vitamin D deficiency in school-age children in Tehran, 2008- A red alert. *Journal of Public Health Nutrition*. 2011, 28:1-7.
21. Haji Faraji M, Maddah M, Rezvani V, Yaghoobi AS, Morteza H. Comparison study between the effect of oat and barley breads on serum glucose and lipid profiles: a clinical trial in dyslipidemic and diabetic subjects. *Mediterranean Journal of Nutrition and Metabolism*. 2012. 5: 247-252. DOI: 10.1007/s12349-012-0092-0.
22. Abdollahi M, Mohammadi F, Houshiar-Rad A, HajiFaraji M, Esfarjani F, Shares of Energy and Nutrients Intakes from Subsidized Food Items in Iranian Households in different Socio-Economic Status *Iranian Journal of Nutrition Sciences & Food Technology*, 2011; 6 (1) :43-56.
23. Haddad Tabrizi S, Hajifaraji M, Hossein Panah F. (2011). PP211-MON diet patterns and the prevalence of metabolic syndrome in non- menopause Iranian women. *Clinical Nutrition Supplements*. 6; 1: 194 (Abs).
24. Hajifaraji M., Rezvani V. Yaghoobi A S, Morteza H. Maddah M. Glycemic indices of three commonly consumed foods: a clinical trial in Iranian healthy adults. *Mediterranean Journal of Nutrition and Metabolism*. 2012. 5: 253-257. DOI: 10.1007/s12349-012-0094-y.
25. Mirmiran P., Hajifaraji M., Bahadoran Z., Sarvghadi F., Azizi F. Dietary protein intake and animal to plant protein ratio are associated with some cardio-metabolic risk factors in Tehranian adults: Tehran Lipid Glucose Study. *Nutrition Research*. 2012, 32; 3: 169-176. 10.1016/j.nutres.2012.01.003
26. Azarvand P, Hajifaraji M, Hoshyarrad A, Rashidkhani B, Pour Ebrahim T. Correlation between food intake and exam anxiety among female 3rd -grade high school students in educational zone 3 of Tehran-2010. *Iranian Journal of Nutrition Sciences & Food Technology*, 2012. 5 (24): 93-100.
27. Olang B, Majid Hajifaraji M, Atiya Ali M, Hellstrand S, Palesh M, Azadnyia E, Kamali Z, Strandvik B, Yngve A. Docosahexaenoic acid in breast milk reflects maternal fish intake in Iranian mothers. *FNS*. 2012; Vol.3 No.4: 441-446. DOI: 10.4236/fns.2012.34063.
28. Esfarjani F, HajiFaraji M, Roustae R, Mohammadi-Nasrabadi F, Zowghi T. Schools' Cafeteria status: Does it affect snack patterns? A qualitative study. *International Journal of Preventive Medicine*. 2013; 4(10): 1194-1199.
29. Omidvar N., Abtahi A., Neyestani TR, Hajifaraji M. Sensory evaluation and assessment of compliance with vitamin D and Calcium fortified- milk among school- age children in Tehran. *Iranian Journal of Nutrition Sciences & Food Technolog* 2012. 7; 3: 61-66.

30. Khoshnevisan F., Hajifaraji M., Salarkia N., Aminpoor A., Rasi M., Abbasgholi N. Assessment of Farsi nutrition articles in Iranian scientific journals 2006-2011: an opportunity to revise nutrition research policy. *Iranian Journal of Nutrition Sciences & Food Technolog.* 2012. 7; 3: 101-108.
31. Moghadam R, Ozgoli G(M.Sc), Molaei B, Hajifaraji M, Soori H, Ghanati K. (2012). The effect of omega3 on vasomotor disorders in menopausal women. *Arak Medical University Journal (AMUJ)*, 15 (60): 116-126.
32. Najmi, M.; Hajifaraji, M.; Mishani, M. A. (2013). The effect of adipokines secreted from adipose tissue on immune function in obese subjects. *Iranian Journal of Nutrition Sciences & Food Technology*.7;5: 887-895.
33. Zamani^N, M. Hajifaraji M., Malekzadeh R, Malekshah AF., Keshtkar AA. A case-control study of gastric cancer and meat consumption in Iran. *Archives of Iranian Medicine*, June 2013, Vol. 16, 6.
34. Khoshnevisan F., Hajifaraji M., Salarkia N., Aminpoor A., Rassi M., Abbasgholi N., Tarighi P., Shakiba M. Nutrition Research in the First Decade of 21st Century in Iran: The Necessity of Road Map. *SpringerPlus*, 2013, 2:262. DOI: 10.1186/2193-1801-2-262.
35. Roustae R., Hajifaraji M., Dezhkam M., Mehrabi Y., Abdollahi M., Houshiar-rad A., Zowghi t. Prevalence of Partial eating disorder in high school female students of Tehran in 2010 and determining the qualitative food pattern and food habits in patients and normal groups. *Iranian Journal of Nutrition Sciences & Food Technology*, 2013; 1: 135-144.
36. Abd Mishani M, Hajifaraji M, Najmi M, Najmi N. (2013). The role of vitamin D in HIV disease. *Iranian Journal of Nutrition Sciences & Food Technology*. 7;5: 679-688.
37. Parvaneh K, Poh B K, Hajifaraji M, Noor Ismail M. Sleep deprivation is related to obesity, but lower intake of energy and carbohydrate among working Iranian adults aged 20-55 years. *Asia Pac J Clin Nutr* 2014;23(1):84-90.
38. M Kazemipoor, C W J Wan Mohamed Radzi, M Hajifaraji, B S Haerian, M H Mosaddegh and Geoffrey A. Antiobesity Effect of Caraway Extract on Overweight and Obese Women: A Randomized, Triple-Blind, Placebo-Controlled Clinical Trial. *Evidence-Based Complementary and Alternative Medicine*. 2013, Open access, 29, Article ID 928582.
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54. Mahnaz Kazemipoor*, Sareena Hamzah, Majid Hajifaraji, Che Wan Jasimah Bt Wan Mohamed Radzi and Geoffrey A. Cordell. 2016. Slimming and Appetite-Suppressing Effects of Caraway Aqueous Extract as a Natural Therapy in Physically Active Women. *Phytotherapy Research*. 2016. Online: 14 MAR. DOI: 10.1002/ptr.5603.
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57. Bahareh Nikooyeh¹, Zahra Abdollahi², Majid Hajifaraji³, Hamid Alavi-Majd⁴, Forouzan Salehi², Amir Hossein Yarpardar⁵ and Tirang R. Neyestani¹. 2016. Vitamin D Status, Latitude and their Associations with Some Health Parameters in Children: National Food and Nutrition Surveillance. *J Trop Pediatr*. First published online: September 4. 2016. doi: 10.1093/tropej/fmw057.
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74. Marjan Ajami, Majid Hajifaraji*, Maryam Seyfi, Parisa Naseri, Aynaz Velayati, Fatemeh Abdollah pouri Hosseini, Fahimeh Mahmoudnia, Maliheh Zahedirad (2019). Effects of stevia on glycemic response and lipid profile of type 2 diabetic patients: A randomized controlled trial. *Avicenna Journal of Phytomedicine*, Available Online from 10 August 2019.
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77. Hajifaraji M. 2020. Health and Food Security and Dietary Pattern in a Healthy Family Life with Emphasis on Islamic Lessons. *Iranian Journal of Culture and Health Promotion*, The Academy of Medical Sciences. 4 (2): 175-182.

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Books

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2. Hajifaraji M., Armin S., (2008). Persian Translation of International Ethical Guidelines for Biomedical Research Involving Human Subjects. The Council for International Organizations of Medical Sciences (CIOMS), Geneva (2005), NNFTRI, SBUMS.
3. Hajifaraji M., Rashidi A., Neyestani TR., Persian Translation of Krause's Food & Nutrition Therapy (Nutrition Basics), Eds. 12 (2008), Elsevier, Canada. Translation published by Ghazale Javan, Tehran.
4. Hajifaraji M., Armin S., (2009). Persian Translation of International Ethical Guidelines for Biomedical Research Involving Human Subjects. (with Declaration of Helsinki-2008 included) The Council for International Organizations of Medical Sciences (CIOMS), Geneva (2005), 2nd Eds. NNFTRI, SBUMS.
5. Nematy M., Norouzy AR. Fasting In Health and Diseases. Chapter of consultant's viewpoints, Hajifaraji M. Mashahad University of Medical sciences, 2012, 257.
6. Hajifaraji M. (Ed.), Kazemipour M., Yaze I., Healthful effects of probiotics isolated from homemade food sources. Lap Lambert Academic Publishing, Germany. 2013. ISBN: 978-3-659-31039-3.
7. Hajifaraji M, Razeghi Jahromi S. 2016. "Diet". Shabana, Ayman (editor in chief), *Encyclopedia of Islamic Bioethics (EIB)*, a project jointly produced by Oxford University Press and Georgetown University.
8. Neda Dolatkah (PhD), Majid Hajifaraji (PhD), Homayun Dolatkah (PhD). (2018). Probiotic Supplementation Effects in Gestational Diabetes Mellitus, Lambert Academic Publisher, International Book Market Service Ltd., Member of Omni Scriptorum Publishing Group, Mauritius; ISBN: 978-613-9-86331-0.

Patent

- An herbal composition", providing an aqueous herbal composition comprising compounds extracted from *Carcum carvi* having appetite suppressing properties, moderate anti hypothyroidism properties enhancing metabolic rate and anti-anemic properties increasing RBC and Hb levels. Malaysian Patent, Application No.: PI 2014700948, Pintas Ref.: PT/ 4331UM/12. M Kazemipoor, C W J Wan Mohamed Radzi, M Hajifaraji.

Research Projects

1. A study of the spread of *Toxoplasma* in the livestock in Ziaran Butchery and comparing the parasitologic and serologic in its diagnosis. Shahabi S., Sharifian Dorcheh M., Moti' pour A., Haji Faraji M (1992).
2. The comparison of the effect of lone Immunoglobulin injection and the injection of Immunoglobulin plus methyl prednisolone in children affected by Gilenbareh. Ghofrani M., Mahmoudian T., Haji Faraji M. (1994).
3. Effect of supplemental zinc on wound healing in rat. Ibrahim A., Sazegar Gh., Hussaini A., Haji Faraji M., Zare' Kh. (1992).
4. The study of DNA content in the cancerous cells and correlation between DNA content and prognosis of childhood A.L.L. Arzani M T., Shahyari M., Rahimi nejad M S., Farhadi m., Haji Faraji M., Fararouee M. (1995).
5. Cephalometry of Tehrani's 16–18-Year-old females. Riaz Davoudi P., Shamshegaran Sh., Haji Faraji M (1994).

6. The effects of Immunotherapy on successful pregnancy in women with pre-mature and post-mature frequent abortion.
7. The effect of Sour tea (*Hibiscus sabdariffa*) on essential hypertension. Haji Faraji M., Haji Tarkhani AH., (1999).
8. Nutrition interventional planning to improve the management of school buffets and nutritional behaviours of secondary school students. Esfarjani F, Haji Faraji M, NNFTRI (2005).
9. The study on research priorities in food and nutrition policies. Hajifaraji M, Mansouri I, NNFTRI (2006).
10. The compiling of provisions and regulations for employment of contractual personnel in research projects of NNFTRI. Hajifaraji M (2006).
11. Reviewing and compiling the action plan of the Strategic programme of NNFTRI. Mansouri I, Hajifaraji M (2006).
12. Comparison of the effect of real oat bread with the bread claimed "oat bread" on serum glucose and lipid Levels of hypercholesterolemic and type II diabetic subjects. Najjar-Safari Sh, Haji Faraji M (2007).
13. The study on prevalence of vitamin D deficiency in Tehrani school children in 2007 and comparison the effects of calcium and vitamin D-fortified milk, fruit juice or calcium + vitamin D supplement on their calcium and vitamin D status. Neyestani T R., Hajifaraji M, Omidvar N, Eshraghian M. (2007-2009).
14. Glycaemic index evaluation of 10 different breads in Mashhad city. Nematy M, Ghayour M, Hajifaraji M (2007).
15. The Association of the Metabolic Syndrome and Food Pattern in Non-Menopause Women. Hajifaraji M, Haddad-tabrizi S, Houshiar-rad A, Abadi A.R (2009).
16. The association of overweight and obesity with puberty age in girls aged 11-15 in Mashhad. Hajifaraji M, Safarian M, Dahri M, Dr. Abadi A.R, Houshyar-rad A (2009).
17. A comparison study on determination of the Glycaemic Index of macarini (nole and Semolina made), Lavash bread and Hashemi rice in Tehran. Hajifaraji M, Rezvani V (2010).
18. Prevalence of Partial eating disorder in high school female students of Tehran in 2010 and determining the qualitative food pattern and food habits in patients and normal groups. 2010.
19. Dietary protein intake and animal to plant protein ratio are associated with some cardio-metabolic risk factors in Tehranian adults: Tehran Lipid Glucose Study.
20. Correlation between food intake and exam anxiety among female 3rd -grade high school students in educational zone 3 of Tehran-2010.
21. Docosahexaenoic acid in breast milk reflects maternal fish intake in Iranian mothers. *FNS*. 2012.
22. Schools' Cafeteria status: Does it affect snack patterns? A qualitative study (2012).
23. Assessment of Farsi nutrition articles in Iranian scientific journals 2006-2011: an opportunity to revise nutrition research policy (2012).
24. The effect of omega3 on vasomotor disorders in menopausal women (2012).
25. Assessing Iran's English Publications in the Field of Nutrition Science (2012).
26. A compilation of National Nutrition and Food Security (2013).
27. Anti-obesity Effect of Caraway Extract on Overweight and Obese Women: A Randomized, Triple-Blind, Placebo-Controlled Clinical Trial. 2013.
28. Effects of aqueous extracts from the dried calyx of sour tea (*Hibiscus sabdariffa* Linn.) On polygenic dyslipidaemia: a randomized clinical trial. 2013.
29. A case-control study of gastric cancer and meat consumption in Iran. 2013.
30. Sleep deprivation is related to obesity, but lower intake of energy and carbohydrate among working Iranian adults aged 20-55 years. 2013.
31. Slimming and Appetite-Suppressing Effects of *Caraway* Aqueous Extract as a Natural Therapy in Physically Active Women. 2014.
32. Preliminary Safety Evaluation and Biochemical Efficacy of a *Carum carvi* Extract: Results from a Randomized, Triple-Blind, and Placebo-Controlled Clinical Trial. 2014.
33. Probiotic supplements in gestational diabetes mellitus: study protocol for a placebo- controlled randomized clinical trial. 2014.
34. The Association between Parental Behavior Patterns and the Dietary Intake of Preschool Children in Tehran Kindergartens. 2014.
35. Major Dietary Patterns among Female Adolescents with Eating Disorders: A Factor Analysis Approach. 2015.
36. A Fatty acid compositions and Tran's content of frequently consumed edible oils and fats from Iran's market. 2015.
37. Is there a value for probiotic supplements in gestational diabetes mellitus? A randomized clinical trial. 2015.

38. Metabolic Effects of Vitamin D Supplementation in Vitamin D Deficient Patients (a Double-Blind Clinical Trial). 2015.
39. Alternative Treatments for Weight Loss: Safety/Risks and Effectiveness of Anti-obesity Medicinal Plants. 2015.
40. Appraisal of adaptive neuro-fuzzy computing technique for estimating anti-obesity properties of a medicinal plant. 2015.
41. Vitamin D Status, Latitude and their Associations with Some Health Parameters in Children: National Food and Nutrition Surveillance. 2016.
42. Prevalence of Obesity and Overweight and Its Associated Factors in Urban Adults from West Azerbaijan, Iran: The National Food and Nutritional Surveillance Program (NFNSP). 2016.
43. Comparison study for the effects of stevia and Sucralose sweetened tea and coffee bag on glycemic indices and lipid profile in the type 2 diabetic patients. 2016.

Congress and Seminars

1. Oral presentation at 8th Iranian Students Seminar in UMIST University, Manchester, UK, 29th June 2001
2. Oral presentation at 9th Iranian Students Seminar in Birmingham, UK, 29th June 2002
3. Poster presentation at 3rd Nutrition and Health Conference in London, UK, 29th-30th November 2002
4. Oral presentation at Research Symposium at King's College London, UK, 16th Jan 2003
5. Oral presentation at 9th Iranian Students Seminar in UMIST University, Manchester, UK, 29th June 2003
6. Poster presentation at Annual Postgraduate Symposium at King's College London, 16th January 2004.
7. Poster presentation at Winter Nutrition Society Meeting, The Institute of Child Health, University College London, UK, 11th –12th February 2004.
8. Poster presentation at 8th Iranian Congress on Nutrition, Iran University of Medical Sciences & Iranian Nutrition Society, 6-9 Sep 2004.
9. Poster presentation at Irish Section- Nutrition Society Meeting, Queens University Belfast, UK, 15-17 June 2005
10. Participation and contribution in " The Stakeholder's Meeting" for establishing the Graduate Level Training in Nutrition M.Sc. Community Nutrition and PhD Food and nutrition Policy (World Bank Second Primary Health Care and Nutrition Project). SBUMS, NNFTRI, 3-4 July 2005.
11. Poster presentation at 18th International Congress of Nutrition & Metabolism, (Nutrition Safari for Innovative Solutions) Durban, South Africa, 19-23 September 2005.
12. Participation and contribution in "The presentation and critiquing of curricular programs workshop" for establishing the Graduate Level Training in Nutrition M.Sc. Community Nutrition and PhD Food and nutrition Policy (World Bank Second Primary Health Care and Nutrition Project)., NNFTRI, SBUMS, 6-9 November 2005.
13. Participation and contribution in the Study tour to University of Philippines Los Baños (UPLB) as a part of program for establishing the Graduate Level Training in Nutrition MSc. Community Nutrition and PhD Food and nutrition Policy. NNFTRI, 19-26 November 2005.
14. Cooperation and Attendance in the ISO 22000:2005 Food Safety Seminar. By BVQI and NNFTRI, SBUMS, 4th Jan 2006.
15. Participation in the "First National Congress of Medical Ethics and its Continual Education program". By Medical Society Mobilization. Mashad University of Medical Sciences (MUMS), 3-4 May 2006.
16. Participation and contribution in Sixth Joint Meeting with the University of Philippines Los Baños (UPLB) technical experts, for developing of the MSc Food and Nutrition Policy and PhD Food and Nutrition Policy curricular programs, NNFTRI, Tehran, 15-23 June 2006.
17. Poster presentation at 10TH International Congress on Obesity. Under-and over nutrition in a group of Tehrani adolescents. Sydney, Australia, 3-8 Sep 2006.
18. 1st World Congress of Public Health Nutrition. Assessment of nutritional health status of adolescents in east Tehran. Barcelona 28-30 Sep 2006.
19. Oral presentation at 1st Sub-regional Expert meeting on Ethics Education in Sciences and Technology with collaboration of UNESCO. The importance of ethics education in Nutrition and Food Technology researches, Academy of Medical Sciences of Islamic Republic of Iran. 28-29 Oct 2006.
20. Attendance in the Congress for the role of Aquatics in Society's Health as Panel member, Ministry of Agriculture of Iran, Fisheries Organization. Araak, 16 May 2007.
21. Lecture presentation at the Congress for the role of Aquatics in Community's Health. The role of aquatics in food and nutrition security, Ministry of Agriculture of Iran, Fisheries Organization. Araak, 16 May 2007.

22. Oral presentation at the Congress for the role of Fishes and Aquatics in Food Security and Health of Community. The role of aquatics in food security, Fisheries Organization of Iran. Tehran, 12 June 2007.
23. Poster presentation at the 3rd Congress of Medicinal Plants. The effect of Sour tea on essential hypertension, Shaahed University, Tehran, 24-25 October 2007.
24. Poster presentation at "the 1st National Congress on Preventing & Treatment of Obesity". Anthropometric assessment in Tehrani adolescents. Raazi Conferences Centre, 23-25 February 2008.
25. Attending at the 1st Student Nutrition Congress as head of panel for nutrition in specific groups. NNFTRI, SBUMS, 15 April 2008.
26. Oral presentation at the Conference on Nutrition and Obesity” Zahedan Medical University, 22-23 May 2008.
27. Oral presentation at the 10th Nutrition Congress of Iran by Tehran Medical University and Nutrition Society of Iran. 27-30 Oct 2008.
28. Head Symposium of Nutrition for specific groups at the “10th Nutrition Congress of Iran” by Tehran Medical University and Nutrition Society of Iran. 27-30 Oct 2008.
29. Poster presentation at the “19th International Congress of Nutrition 2009 (ICN)”. Glycaemic index evaluation of different breads in Mashhad city-2007.Thailand, 4-9 Oct 2009.
30. Poster presentation at the 2nd Iranian Congress on Prevention and Management of Obesity. The association of overweight and obesity with puberty age in girls aged 11-15 in Mashhad. Tehran, 29-30 Oct 2009.
31. Oral presentation at the “4th International Congress on Health, Treatment and Crises Management in Calamities” (Head Symposium). Nutritional needs and food security in Crisis condition. Medical Society, Iran University of Medical Sciences, Tehran. 15-17 December 2009.
32. Oral presentation on “Food Pattern Reformation and Nutrition Security” at the “1st National Meeting on Health Consensus & Expenditure Pattern reformation, Ministry of Health & Medical Education, Iran, 17-18 Feb 2010.
33. Lecture presentation at the seminar on The Impact of Nutrition in Promotion of Health Indexes. Kordestan University of Medical Sciences, Iran, 20-21 July 2010.
34. Oral presentation on “The necessity of transformation in professional education and qualitatively and quantitatively promotion of nutrition research in Iran”. 11th Iranian Nutrition Congress (Nutrition: from Cell to Society), Shiraz Medical University. 1-4 November 2010.
35. Chair of “The 1st National probiotics and prebiotics congress in Iran- from Technology to clinic”. NNFTRI, SBUMS. 18-21 May 2011.
36. Oral presentation on Pediatric Nutrition (0-2 years) at the 6th Meeting for Prevalence of Pediatric Gastrointestinal and Hepatic Diseases. NNFTRI, SBUMS. 15-17 June 2011.
37. Chair of “The National Meeting on “Olive and Health” NNFTRI, SBUMS. December 2011.
38. Participation in the 33rd Congress of European Society for Clinical Nutrition and metabolism (ESPEN), Sweden, 3-6 Sep. 2011.
39. Oral presentation on National Congress of Probiotic and functional Foods. Islamic Azad University, Tehran, Iran, 12 Dec. 2012.
40. A member of scientific Committee of 11th and 12th National Nutrition Congress, 2010 (Shiraz University) and 2012 (Esfahan University), Iran.
41. Scientific Secretary of 1st International and 13th Iranian Nutrition Congress. NNFTRI, SBMU, Iran, 2014.
42. Oral presentation on 8th Annual Conference of Iranian Cancer Association, 20-21 Dec. 2012, Tehran, Iran.
43. Oral presentation on 2nd Congress of Food Security Promotion for Vulnerable people, 12 Oct. 2012.
44. Chair, 50th Anniversary Foundation of National Nutrition & Food Technology Research Institute, Iran, 2012.
45. Chair of the first Middle East Nutrition Leadership Program as WHO Collaborative Centre, Iran, May 28-30, 2012.
46. Key note lecturer at the "1st National Conference on Snack foods", Food Sciences and Technology Research Centre, Mashhad, 2014.
47. Oral presentation on the 1st Razavi Congress in clinical Nutrition in conjunction with the 2nd international symposium on Nutrition. Razavi Hospital, Mashhad, Iran, 16-17 Aug 2014.
48. Oral presentation at the 1st International and 13th National Nutrition Congress in Iran, on "National food fortification program", Nov 30-Dec 03, 2014.
49. Oral presentation at the 1st International and 13th National Nutrition Congress in Iran, on Insurance coverage & systematization of nutrition services", Nov 30-Dec 03, 2014.
50. Oral presentation at the 1st International and 13th National Nutrition Congress in Iran, on Instruments for body weight and size reduction", Nov 30-Dec 03, 2014.

51. Scientific committee Member of the 1st International congress on Naval Preventive Medicine, "Health, Rescue and clinical management "on the naval and submarine fleets, Army Marine Force, Iran, 19-20 Jan 2015.
52. Scientific committee Member of the National congress on "Nutrition and Cancer". Yazd University of Medical Sciences, Iran, Feb 16-17, 2015.
53. Oral presentation at the national meeting on "Salt intake reduction in community". Ministry of Health, Iran, 18 Jan 2015,
54. Poster presentation on "The effect of probiotic supplementation daily consumption on the inflammation and oxidative stress among pregnant women with gestational diabetes mellitus" at the 8th International symposium on Diabetes, Hypertension, Metabolic syndrome and Pregnancy, Berlin, Germany, April 15-18, 2015.
55. Poster presentation on "The effect of probiotic supplementation daily consumption on the metabolic profile and weight changes among pregnant women with gestational diabetes mellitus" at the 8th International symposium on Diabetes, Hypertension, Metabolic syndrome and Pregnancy, Berlin, Germany, April 15-18, 2015.
56. Oral presentation at the 12th Asian Congress of Nutrition as President of Iranian Nutrition Society on Nutrition Status in Iran, PACIFICO Yokohama, Japan, May 15,2015.
57. Oral presentation on the "Less Sleep Duration and Poor Sleep Quality Lead to Obesity" at the Joint Nutrition Society & Royal Society of Medicine on the roles of Sleep and Obesity and Metabolic Syndrome. London, UK. 8-9 December 2015.
58. Oral presentation on the "A case-control study of gastric cancer and meat consumption in Iran". International Conference on "Paediatric Gastroenterology, Hepatobiliary Transplant and Nutrition; Controversies and Consensus-New Dimensions to Explore" February 11-14, 2016 at Rajasthan, India, as International advisory board and key speaker.
59. Oral presentation on "The challenges and successes of salt, sugar and fat reduction program to prevent NCDs (Iran experiences)" as an invited speaker at The First Dubai International Conference on Applied Nutrition,7-8 November, 2016.
60. Poster presentation on "The effect of diet education program on glycaemic and lipid profile among fasting type 2 diabetes. World Congress on Clinical Trials in Diabetes, Berlin, Germany. 30 November 2016 - 01 December 2016.
61. Invited speaker for presenting "Whether probiotic supplementation is effective in prevention of the hyperglycemia induced maternal hypertension?" 11th European Nutrition and Dietetics Conference, Madrid, Spain June 29- July 01, 2017.
62. Keynote presentation on "The effect of Stevia on lipid profile and glycemic indices of type two diabetic patients". Moreover, oral presentation as invited speaker on "Whether probiotic supplementation is effective in prevention of the hyperglycemia induced maternal hypertension?" World Congress on Nutrition and Dietetics. June 18-19, 2018. Paris, France.
63. Oral presentation on "The ethical aspects of clinical nutrition research" 3rd International and 15th Iranian Nutrition congress. December 19-21, 2018. Tehran.
64. Chairing a panel on Health and Nutrition. 2nd International Congress on Biomedicine. December 24-27 December 2018. Tehran.
65. A keynote speaker and member of organizing committee of the Congress on Nutrition, Obesity and Food Technology, July 2019 and an International Conference on Food and Nutrition, October 2019 in Rome.

Society's membership

1. International Union of Nutritional Sciences (IUNS, 2001-...)
2. Federation of Asian Nutrition Societies (FANS-2011-...)
3. American Society of Nutrition (2001- ..)
4. The Nutrition Society of UK, (2001-...)
5. Association for the Study of Obesity, UK, (2003-...)
6. Halal Research Centre of Iran (2010-...)
7. Iranian Nutrition Society, (2005-...)
8. Iranian Obesity Society (2006-...)
9. Iranian Medical Ethics Society (2006-...)
10. Iranian Paediatric Nutrition Society (2008-...)

11. Food and Nutrition Association for Health Advocacy (2005-...)
12. Establishing member of Iranian Enteral and Parenteral Nutrition Society (2014)

Awards

1. Award Letter of Honour for facilitating and initiating the University workshops. An awarded by the Vice - Chancellor of research of Shaheed Beheshti University of Medical Sciences (SBUMS). Tehran, Iran (1997).
2. Award Letter of Honour for teaching Research Methodology at the third International Congress on Endocrine Disorders (The Thyroid) of SBUMS Tehran, Iran (1995).
3. Award Letter of Honour for teaching and Facilitated Medical Research Paper writing to medical attendants of Kashan University of Medical Sciences Awarded by the Vice- Chancellor of research. Kashan, Iran (1996).
4. Award Letter of Honour for facilitating and initiating at the research Methodology workshop of Gazvin University of Medical Sciences. Awarded by the president of University (1994).
5. Award Letter of Honour for facilitating, initiating and / or lecturing at the research Methodology workshops (primary to advance) for Faculty members and Residents, Shahid Beheshti University of Medical Sciences. Awarded by the president of University (1989-1999).
6. Award Letter of Honour for compiling and publishing the SBUMS academic records. Awarded by the president of University (1994-96)
7. Elected as the most outstanding referee in Medical Journal of Teb and Tazkyeh. Tehran, Iran (1997)
8. Award Letter of Honour for facilitating and Initiating at "The First Seminar for Providing Best treatment at Hospitals" SBUMS Awarded by the Secretary of seminar (1996).
9. Elected as the most outstanding National Personnel. Awarded by the president of Islamic republic of Iran (1998).
10. Award Letter of Honour for collaboration the 5th National Food Technology Congress for "Health, Safety, and Quality". Awarded by the Director of National Nutrition and Food Technology Research Institute of Iran, 2-5 May 2005.
11. Elected as the most outstanding researcher in 6th Research Festival of SBUMS. Awarded by the president of Islamic republic of Iran, 21 Dec. 2005.
12. Award Letter of Honor for the outstanding Scientific-Research National Journal, Awarded by the president of Shahid Beheshti University of Medical Sciences. Iran, 2011 and 2012.
66. Dr Ghashmi's Award for the efforts towards Nutrition Knowledge Translation, offered by Iranian Nutrition Societies and Shahid Beheshti University of Medical Sciences at "The 3rd International and 15th Iranian Nutrition congress. December 19-21, 2018. Tehran.

Interests

1. Clinical and Human Nutrition (Obesity, Diabetes, Metabolism,)
2. Clinical Trials
3. Herbal and traditional Medicine and NCDs.
4. Nutrition and Food Policy
5. Nutrition and Food Security
6. Research Methodology and Management
7. Research Ethics in Biomedical Sciences