

BIOSKETCH

Bahram Rashidkhani, MD, MPH, PhD

Division of community Nutrition
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Date and place of birth September 15, 1971 in Tehran, Iran

Education/Competence

1990-1997 Doctorate degree in Medicine, Iran Medical Sciences University, Tehran, Iran

2001 Master of Public Health (MPH), University of Kuopio, **Finland**

2004 PhD in Epidemiology, Nutritional Epidemiology Division, The National
Institute of Environmental Medicine, Karolinska Institutet, Stockholm, **Sweden**

Courses passed for MPH program (56 credits)

Courses passed for PhD program (25 credits)

2004-Present Academic member of Shahid Beheshti University of Medical Sciences

RESEARCH PAPERS

1. Melika Hajjar, Arezoo Rezazadeh , Farah Naja , Mehdi Kardoust Parizi, Saba Jalali , **Bahram Rashidkhani**. Association of the Healthy Nordic Food Index with risk of bladder cancer: a case-control study. Eur J Clin Nutr. 2021 (in press).

2. Alireza Bahrami, Elham Makiabadi, Saba Jalali, Zeinab Heidari, Mojan Assadi, **Bahram Rashidkhani**. Dietary Intake of Polyphenols and the Risk of Breast Cancer: a Case-Control Study. *Clin Nutr Research*. 2021; 10: 330-340

3. Samira Sadat Fereidani, Fatemeh Sedaghat, Hassan Eini-Zinab, Zeinab Heidari, Saba Jalali, Elahe Mohammadi, Farah Naja, Mojan Assadi, **Bahram Rashidkhani**. Gaussian Graphical Models Identified Food Intake Networks among Iranian Women with and without Breast Cancer: A Case-Control Study. 2021; 73: 1890-1897

4. Zeinab Alboghobeish¹, Farinaz Hosseini Balam, Faezeh Askari, **Bahram Rashidkhani**. Dietary Carbohydrate Intake Glycemic Index and Glycemic Load and the Risk of Prostate Cancer among Iranian Men: A Case-Control Study. *Nutr Cancer*. 2021 (in press).

5. Alboghobeish Z, Hekmatdoost A, Jalali S, Ahmadi M, **Rashidkhani B**. Carbohydrate Intake, Glycemic Index, and Glycemic Load and the Risk of Breast Cancer among Iranian Women. *Nutr Cancer*. 2021; 73: 785-793

6. Zahra Shahriarpour, Bita Nasrabadi, Sudiyyeh Hejri-Zarifi, Seyedeh-Elaheh Shariati-Bafghi, Mahboobe Yousefian-Sanny, Mohsen Karamati, Bahram Rashidkhani *Arch Osteoporos*. 2021 25;16: 43.

7. Maryam Lahouti, Roza Zavoshy, Mostafa Noroozi, Reza Rostami, Maryam Gholamalizadeh, Bahram Rashidkhani, Saeid Doaei. Dietary patterns and depressive symptoms among Iranian women. *J Health Psychol*. 2021. 26: 2278-2289

8. Hamed Kord-Varkaneh¹, Ammar Salehi-Sahlabadi, Meysam Zarezade, Jamal Rahmani, Shing Cheng Tan, Azita Hekmatdoost, Bahram Rashidkhani. Association between Healthy Eating Index-2015 and Breast Cancer Risk: A Case-Control Study. *Asian Pac J Cancer Prev*. 2020 May 1;21:1363-1367

9. Behnam Babazadeh-Anvigh¹, Vahideh Abedi, Samaneh Heydari, Dariush Karamati, Siavash Babajafari, Aida Najafi, Bahram Rashidkhani, Seyedeh-Elaheh Shariati-Bafghi, Mohsen Karamati. Healthy eating index-2015 and bone mineral density among adult Iranian women. *Arch Osteoporos*. 2020, 1;15:151

10. Saeede Jafari Nasab, Pegah Rafiee, Alireza Bahrami, Nasim Rezaeimanesh, Bahram Rashidkhani Golbon Sohrab, Farah Naja, Ehsan Hejazi, Amir Sadeghi · Diet-dependent

acid load and the risk of colorectal cancer and adenoma: a case-control study. *Public Health Nutr.* 2020 Oct 22;1-8

11. Fereidani SS, Sedaghat F, Eini-Zinab H, Heidari Z, Jalali S, Mohammadi E, Naja F, Assadi M, Rashidkhani B. Gaussian Graphical Models Identified Food Intake Networks among Iranian Women with and without Breast Cancer: A Case-Control Study. *Nutr Cancer.* 2020 :1-8
12. Rabiei S, Hedayati M, Rashidkhani B, Saadat N, Shakerhossini R. The Effects of Synbiotic Supplementation on Body Mass Index, Metabolic and Inflammatory Biomarkers, and Appetite in Patients with Metabolic Syndrome: A Triple-Blind Randomized Controlled Trial. *J Diet Suppl.* 2019;16(3):294-306
13. Matin Ghanavti, Mehdi Movahed, Bahram Rashidkhani, Afshin Rakhsha , Ehsan Hejazi · Index-Based Dietary Patterns and the Risk of Prostate Cancer among Iranian Men. *Asian Pac J Cancer Prev.* 2019; 20: 1393-1401
14. Fereshteh Pashayee-Khamene¹, Hamed Kord-Varkaneh, Mahdi Saber-Firoozi, Behzad Hatami, Bahram Rashidkhani , Azita Hekmatdoost. *Gastroenterol Hepatol Bed Bench* 2019; 12: 143-148.
15. Alireza Bahrami, Mehdi Movahed , Farshad Teymoori¹, Mohammad Reza Mazandarani , Bahram Rashidkhani, Azita Hekmatdoost , Ehsan Hejazi · Dietary Nutrient Patterns and Prostate Cancer Risk: A Case-Control Study from Iran. *Asian Pac J Cancer Prev.* 2019, 25; 20: 1415-1420
16. Asal Neshatbini Tehran, Hossein Farhadnejad, Amin Salehpour , Bita Beyzai, Azita Hekmatdoost, Bahram Rashidkhani. The association between nutrition knowledge and adherence to a Mediterranean dietary pattern in Iranian female adolescents. *Int J Adolesc Med Health* (in press).
- 17.
18. Nitin Shivappa , James R Hébert, Faezeh Mirsafa, Bahram Rashidkhani. Increased Inflammatory Potential of Diet Is Associated with Increased Risk of Bladder Cancer in an Iranian Case-Control Study. *Nutr Cancer.* 2019; 71: 1086-1093

19. Nitin Shivappa , James R Hébert, Mahdieh Akhoundan, Parvin Mirmiran , Bahram Rashidkhani. Association between inflammatory potential of diet and odds of gestational diabetes mellitus among Iranian women. *J Matern Fetal Neonatal Med.* 2019. 32: 3552-3558

20. Sedaghat F, Heidari Z, Jalali S, Doustmohammadian A, Ehteshami M, Rashidkhani B. Healthy Eating Index 2010 and Breast Cancer Risk. *Nutr Cancer.* 2018:1-7

21. Fereidani SS, Eini-Zinab H, Heidari Z, Jalali S, Sedaghat F, Rashidkhani B. Nutrient Patterns and Risk of Breast Cancer among Iranian Women: a Case- Control Study. *Asian Pac J Cancer Prev.* 2018 9(9):2619-2624.

22. Heidari Z, Jalali S, Sedaghat F, Ehteshami M, Rashidkhani B. Dietary patterns and breast cancer risk among Iranian women: A case-control study. *Eur J Obstet Gynecol Reprod Biol.* 2018:73-78

23. Jalali S, Shivappa N, Hébert JR, Heidari Z, Hekmatdoost A, Rashidkhani B. Dietary Inflammatory Index and Odds of Breast Cancer in a Case-Control Study from Iran. *Nutr Cancer.* 2018; 20:1-9

24. Shivappa N, Hebert JR, Neshatbini Tehrani A, Bayzai B, Naja F, Rashidkhani B. A Pro-Inflammatory Diet Is Associated With an Increased Odds of Depression Symptoms Among Iranian Female Adolescents: A Cross-Sectional Study. *Front Psychiatry.* 2018

25. Shivappa N, Hébert JR, Steck SE, Safari A, Sedaghat F, Rashidkhani B. Dietary Inflammatory Index and Odds of Colorectal Cancer in a Case- Control Study from Iran. *Asian Pac J Cancer Prev.* 2018;19(7):1999-2006

26. Shivappa N, Hébert JR, Akhoundan M, Mirmiran P, Rashidkhani B. Association between inflammatory potential of diet and odds of gestational diabetes mellitus among Iranian women. *J Matern Fetal Neonatal Med.* 2018; 9:1-7

27. Shivappa N, Hébert JR, Rashidkhani B, Ghanavati M. Inflammatory Potential of Diet is Associated with Increased Odds of Cataract in a Case-Control Study from Iran. *Int J Vitam Nutr Res.* 2018:1-8
28. Sedaghat F, Akhoondan M, Ehteshami M, Aghamohammadi V, Ghanei N, Mirmiran. P, Rashidkhani B. Maternal Dietary Patterns and Gestational Diabetes Risk: A Case-Control Study. *J Diabetes Res.* 2017
29. Sedaghat F, Naja F, Darand M, Beyzai B, Rashidkhani B. Adherence to a Mediterranean dietary pattern and overweight and obesity among female adolescents in Iran. *Int J Adolesc Med Health.* 2017
30. Sedaghat F, Ghanavati M, Nezhad Hajian P, Hajishirazi S, Ehteshami M, Rashidkhani B. Nutrient patterns and risk of cataract: a case-control study. *Int J Ophthalmol.* 2017 ;10(4):586-592.
31. Shivappa N, Hebert JR, Rashidkhani B. Association between Inflammatory Potential of Diet and Stress Levels in Adolescent Women in Iran. *Arch Iran Med.* 2017 ;20(2):108-112
32. Shivappa N, Hébert JR, Askari F, Kardoust Parizi M, **Rashidkhani B (corresponding author)**. Increased Inflammatory Potential of Diet is Associated with Increased Risk of Prostate Cancer in Iranian Men. *Int J Vitam Nutr Res.* 2017
33. Shivappa N, Hebert JR, Behrooz M, **Rashidkhani B (corresponding author)**. Dietary Inflammatory Index and Risk of Multiple Sclerosis in a Case-Control Study from Iran. *Neuroepidemiology.* 2016;47(1):26-31
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35. Sedaghat F, Jessri M, Behrooz M, Mirghotbi M, **Rashidkhani B (corresponding author)**. Mediterranean diet adherence and risk of multiple sclerosis: a case-control study. *Asia Pac J Clin Nutr.* 2016;25(2):377-8

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42. Shariati-Bafghi SE, Nosrat-Mirshekarlou E, Karamati M, **Rashidkhani B (corresponding author)**. Higher Dietary Acidity is Associated with Lower Bone Mineral Density in Postmenopausal Iranian Women, Independent of Dietary Calcium Intake. *Int J Vitam Nutr Res*. 2014;84: 206-17
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45. Shivappa N, Hébert JR, Karamati M, Shariati-Bafghi SE, **Rashidkhani B (corresponding author)**. Increased inflammatory potential of diet is associated with bone mineral density among postmenopausal women in Iran. *Eur J Nutr*. 2015 Mar 17
46. Eslamian G, Amirjannati N, Rashidkhani B, Sadeghi MR, Baghestani AR, Hekmatdoost A. Adherence to the Western Pattern Is Potentially an Unfavorable Indicator of Asthenozoospermia Risk: A Case-Control Study. *J Am Coll Nutr*. 2015 Mar 12:1-9.

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58. **Rashidkhani B**, Pourghassem Gargari B, Ranjbar F, Zareiy S, Kargarnovin Z. Dietary patterns and anthropometric indices among Iranian women with major depressive disorder. Psychiatry Res. 2013 (in press).
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69. Jessri M, Jessri M, **Rashidkhani B (corresponding author)**, Kimiagar SM. Oral health behaviors in relation to caries and gingivitis among schoolchildren. "Eastern Mediterranean Health Journal. 2012 (in press)
70. Jessri M, **Rashidkhani B (corresponding author)**, Hajizadeh B, Jessri M, Gotay C. Macronutrients, vitamins and minerals intake and risk of esophageal squamous cell carcinoma: a case-control study in Iran. *Nutr J.* 2011
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Medical Sciences, Tehran, Iran

Computer skill

SAS
SPSS
Excel

Invitation

Oral Speaker in 5 International Breast Cancer Prevention Symposium (IBCN)

<http://www.purdue.edu/breastcancer/>

Nutrition and Health Conference Nov 19-21, 2007, Kuwait

Dietary patterns and obesity among children (oral presentation)

Language proficiency

Fluent in spoken and written English,
Swedish (basic but I have not spoken for 17 years)
Persian (mother tongue).
Turkish (basic)