

CV: AREZOO REZAZDEH



Date: 02/13/2023

General Information:	
Name	Arezoo Rezazadeh
Date of Birth	23/09/1982
Nationality	Iranian
Gender	Female
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Educational Information:			
Degree	Place of education	Date	Grade
Education			
PhD in Nutrition Sciences	School of Nutrition and Food Science, Shahid Beheshti University of medical science, Tehran, Iran	2010 - 2015	18.89 (grade A)
MSc in nutrition Sciences	School of Nutrition and Food Science, Shahid Beheshti University of medical science, Tehran, Iran	2005- 2008	18.23 (grade A)
BSc in nutrition Sciences	School of Health & Nutrition, Tabriz University of Medical Science, Tabriz, Iran	2002- 2005	17.29 (grade A)
Certification and Additional Training			
Diploma in experimental sciences	Bagherololum Elites high school, Tabriz, Iran	2000	19.07 (grade A)
A member of the “National Elite Foundation”	National Elites Foundation Tehran	Since 2015	
A member of the “exceptional talent students”	Shahid Beheshti University of Medical sciences	2008- 2015	
Nominating for the SCOPE (Specialist Certification for Obesity Prevention Specialist) Certification	World obesity Federation	2021	
Job Information:			
Job	Place	Date	
Assistant Professor	Community Nutrition department, National Institute of Nutrition and Food Technology, Faculty of Nutrition and Food Technology, Shahid Beheshti University of Medical Sciences, Tehran, Iran	January 2017 - September 2021	
Associate Professor	Community Nutrition department,	Since September	

	National Institute of Nutrition and Food Technology, Faculty of Nutrition and Food Technology, Shahid Beheshti University of Medical Sciences, Tehran, Iran	2021
Awards		
Best Researcher Award Winner of Shahid Beheshti University of Medical sciences and Health Services	Shahid Beheshti University of Medical sciences	2008
2 nd stand in national PhD Entrance Exam	Iran	2010
Young investigator award winner (Asia Pacific Conference on Clinical Nutrition)	Bangkok, Thailand	2011
Grant winner of SCOPE(Specialist Certification of Obesity Professional Education) summer school	Cambridge, England	2011
Winner of Best Non-English-speaking Poster, 16th International Congress of Dietetics	Sydney, Australia	2012
Winner of the best Oral presentation	2 nd gathering of Medical Students, Iran	2012
Winner of Best article among PhD Candidates of Shahid Beheshti University of Medical sciences	7 th and 8 th meeting of Shahid Beheshti Medical Sciences students	2012, 2013,2014
Grant winner of III World Congress of Public Health Nutrition	Gran Canaria, Canary Islands	<u>2014</u>
Best Research Project in National Cultural Competition of students	Tehran, Iran	<u>2014</u>
Winner of the Best Elite Medical Sciences Residents of Iran	Tehran, Iran	2016
Winner of Young Assistant Professor Award from National Elites Foundation (Kazemi-Ashtiani award)	Tehran, Iran	2017
Best Oral presentation in International Conference on Human Nutrition and Food Sciences	Rome, Italy	2017
Best Oral presentation in International Conferences on Medical and Health Science	Copenhagen, Denmark	2018
Scholarship winner for SCOPE (Specialist Certification for Obesity Prevention Specialist) training program to be a Certified Nutritionist by the World obesity Federation	World obesity Federation	2020
Winner of Early Career Travel grant for participation in International Congress of Nutrition, Tokyo	Tokyo, Japan	2022

Other studies and training courses

Topic	Place	Year
Workshops contributed as a lecturer		
Assessment of nutritional status of children and adolescents	Tehran, Iran	2016
Capacity building to assess food consumption by questionnaire method	Tehran, Iran	2016
Recall questionnaire method to assess food consumption in children	Tehran, Iran	2016
How to write and publish an original research article	Tehran, Iran	2017-2018
Promoting breastfeeding skills, For nutritionists	Tehran, Iran	2018 to 2021
Dietary considerations in Pregnancy and lactation	Tehran, Iran	2018 to 2021
Dietary considerations vegetarians	Tehran, Iran	2018
Nutritional supplementation in athletes	Tehran, Iran	2018
Nutrition in pregnancy and lactation	Tehran, Iran	2019
Systematic Review	Tehran, Iran	2019
Nutritional epidemiology	Endocrine research center, Tehran, Iran	2019
Attended workshops		
Specialist Certification of Obesity Professional Education (Scope) summer school	Cambridge, U.K	2011
Advanced Statistical Methods	Tehran, Iran	2012
Leadership and change management in advancing dietetics in the global environment	Sydney, Australia	2012
Knowledge Translation Workshop	Tehran, Iran,	2013
Advanced Systematic Review workshop	Tehran, Iran	2014
Nutritional Epidemiology (By Dr. Willet)	Las Palmas, Canary Islands, Spain	2014
Traditional, Indigenous and Cultural Food and Nutrition	International Union of Nutritional Sciences	2016
Structural equation modeling (SEM) workshop	Tehran, Iran	2016
Emergency Nutritional Assessment (ENA) Software	Tehran, Iran	2016
Systematic Review and Meta-analysis	Tehran, Iran	2016, 2017
Summer school: Basics in Human Nutrition Research	Potsdam, Germany	2017
Sarcopenia and Interventions to Improve Function	American Society for Parenteral and Enteral Nutrition. (ASPEN), Virtual	2020
Addressing Malnutrition in the Community	ASPEN, Virtual	2020
2nd and 3 rd UAE Obesity Conference (UOC)	World Obesity federation (WOF) ` scope school, (Virtual)	2020 & 2021
Interpretation of observational studies: the good, the bad and the sensational	The Nutrition Society, London, (Virtual)	2021
Nutrition Risk Screening in The Community and The Potential for Naturally Occurring Retirement Communities (NORC) to Mitigate Risk	Canadian Nutrition Society (CNS)	2021
Scope School Global: Revisiting the bi-directional relationship between obesity and CVD across the life course	World Obesity federation (WOF) ` scope school, (Virtual)	2021

How to write a policy brief	National Nutrition and Food Technology Research Institute(NNFTRI)	2021
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Research Background:

1) Publication:

i: Papers

Full Text:	Journal	Date
ISI Journals		
<u>Arezoo Rezazadeh</u> *. Bahram Rashidkhani, Nasrin Omidvar. Association of major dietary patterns with socioeconomic and lifestyle factors of adult women living in Tehran, Iran	<u>Nutrition</u> 26 (2010) 337–34	2010
<u>Arezoo Rezazadeh</u> . Bahram Rashidkhani. The Association of General and Central Obesity with Major Dietary Patterns of Adult Women Living in Tehran, Iran.	Journal of <u>Nutritional Science and Vitaminology</u> . 56 (2010):132-138.	2010
Mahboubeh Shaneshin, <u>Arezoo Rezazadeh</u> , Mahsa Jessri, Tirang Neyestani, Bahram Rashidkhani. Validity of Predictive Equations for Resting Energy Expenditure among Iranian women	Asia Pac J Clin Nutr 2011;20 (4):646-653	2011
Golaleh Asghari, <u>Arezoo Rezazadeh</u> , Firoozeh Hosseini-Esfahani, Parvin Mirmiran, Yadollah Mehrab, Mahya Mehran, Fereidoun Azizi. Reproducibility and validity of dietary patterns derived from a food-frequency questionnaire among participants in the Tehran Lipid and Glucose Study	<u>Br J Nutr</u> . 2012 Jan 17:1-9	2012
Nasrin Omidvar, Tyrang Neyestani, Majid Hajifaraji, Reza Eshraghian, <u>Arezoo Rezazadeh</u> . Sociodemographic factors associated with calcium intake in school age children in Tehran: A cross-sectional study.	Iranian Journal of Pediatrics 2015 February; 25(1):e177.	2015
<u>Arezoo Rezazadeh</u> , Nasrin Omidvar*, Mahmud Ghazi-Tabatabaei, Reza Majdzadeh, Hasan Eini-zeinab, Saeid Ghavamzadeh. Food insecurity, socioeconomic factors and weight status in two Iranian ethnic groups	Ethnicity and Health <u>Ethn Health</u> . 2016;21(3):233-50 doi: 10.1080/13557858.2015.1061102	2016
<u>Arezoo Rezazadeh</u> , Nasrin Omidvar*, Mahmud Ghazi-Tabatabaei, Reza Majdzadeh, Hasan Eini-zeinab, Saeid Ghavamzadeh. General and Central Obesity in Relation with Neighborhood Environment in Two Iranian Ethnic Groups Living in Urmia, West Azerbaijan, Iran	Iranian Red Crescent Medical Journal 18(7): e27591 doi: 10.5812/ircmj.27591.	Published online 2016May17

Arezoo Rezazadeh , Nasrin Omidvar*, Mahmud Ghazi-Tabatabaei, Reza Majdzadeh, Hasan Eini-zeinab, Saeid Ghavamzadeh. Dietary patterns and their relation with socio economic status and food insecurity , in two Iranian ethnic groups living in Urmia, Iran	Public Health Nutrition doi:10.1017/S1368980016001634	2016
Behzad Damari, Zahra Abdollahi, Majid Hajifaraji, Arezoo Rezazadeh* . Food and Nutrition Security Policy in Iran: Situation analysis and the Road-map toward 2021.	Eastern Mediterranean Health Journal East Mediterr Health J. 2018 May 3;24(2):177-188	2018
Seyedeh Fatemeh Miri, Maryam Javadi, Chung-Ying Lin, Khadijeh Irandoost, Arezoo Rezazadeh , Amir Pakpour. Health related quality of life and weight self-efficacy of life style among normal-weight, overweight and obese Iranian adolescents: A case control study	International Journal of Pediatrics 2017;5 (11): 5975-5984	2017
Sayyed Reza Sobhani, Arezoo Rezazadeh , Nasrin Omidvar, Hassan Eini-Zinabb* Healthy diet: a step toward a sustainable diet by reducing water footprint	J Sci Food Agric 2019; 0: 0	2019
Hassan Eini-Zinab, Seyyed Reza Sobhani and Arezoo Rezazadeh . Designing a healthy, low-cost and environmentally sustainable food basket: an optimization study	Public Health Nutrition: 24(7), 1952–1961	2020
Melika Hajjar, Arezoo Rezazadeh* Recommended Food Score and Healthy Nordic Food Index in Cancer: A Systematic Review	Nutrition and Cancer https://doi.org/10.1080/01635581.2020.1761406	2020
Marjan Mahdavi-Roshan, Mina Movahedian, Hamed Kord Varkaneh, Arsalan Salari, Melahat Sedanur Macit, Arezoo Rezazadeh* . Association of uric acid with metabolic parameters and obesity.	Nutrition & Food Science, Vol. 50 No. 6, pp. 1241-1254.	2020
Arezoo Rezazadeh , Nasrin Omidvar, Katherine L. Tucker. Food frequency questionnaires developed and validated in Iran: a systematic review	Epidemiol Health 2020;42:e2020015	2020
Zeinab Heidari, Elahe Mohammadi, Vahideh Aghamohammadi, Saba Jalali, Arezoo Rezazadeh , Fatemeh Sedaghat, Mojan Assadi and Bahram Rashidkhani. Dietary Approaches to Stop Hypertension (DASH) diets and breast cancer among women: a case control study	BMC Cancer 2020 ; 20:708	2020
Beheshteh Olang, Sayeh Hatefi, Farid Imanzadeh, Pejman Rohani, Farnaz Ehdavivand, Arezoo Rezazadeh et al. Assessment of Validity and Reliability of the NutriCHEQ Questionnaire for Identifying Children Aged 1 to 3 Years at Nutritional Risk	Acta Scientific Women's Health Volume 2 Issue 1 January 2020	2020
Rana Rafat, Arezoo Rezazadeh , Pishva Arzhang, Abbas Alipour. The association of food insecurity with socio-demographic factors and depression in the elderly population of Qarchak city–Iran	Nutrition & Food Science , Vol. 51 No. 1, pp. 114-124. https://doi.org/10.1108/NFS-06-2019-0191	2020

MelikaHajjar, Arezoo Rezazadeh , Farah Naja, Mehdi kardoust, saba jalali, Bahram rashidkhani. Association of the Healthy Nordic Food Index with risk of bladder cancer: a case–control study	Eur J Clin Nutr. 2021 Jul 6. doi: 10.1038/s41430-021-00971-w	2021
Asal Latifi, Arezoo Rezazadeh , Zahra Shahvegharasl, Bahram Rashidkhani. Adherence to Nordic Nutrition Recommendations and abdominal obesity among women: a cross-sectional study in Iran	Journal of Nutrition and Food Security	2021
Seyyed Reza Sobhani, Hassan Eini-Zinab, Arezoo Rezazadeh . Socioeconomic Status And Changes In Iranian Household Food Basjet Using National Household Budget And Expenditure Survey Data, 1991-2017	Iranian Journal of Public Health	<i>In press</i>
Marjan Mahdavi, Arezoo Rezazadeh , Farahnaz Joukar, Mohammadreza Naghipour, Soheil Hassanpour, Fariborz Mansour Ghanaei. Comparison of anthropometric indices as predictors of the risk factors for cardiovascular disease in Iran: The PERSIAN Guilan Cohort Study	Anatolian Journal of Cardiology DOI: 10.14744/AnatolJCardiol.2020.73557	2021
Melika Hajjar, Arezoo Rezazadeh* Recommended Food Score and Healthy Nordic Food Index in cardiovascular disease: A Systematic Review	Arya Atherosclerosis Vol 16, No 5 (2020):248-257	2021
Bahareh Seyyedini, Arezoo Rezazadeh* , Nasrin Omidvar, Farid Zayeri, Sakineh Nouri-Saeedlou. Major Dietary Patterns in Relation to Overweight/Obesity in Azeri and Kurd Female Adolescents Living in North West of Iran	Int J Pediatr 2020; 8(11): 12487-501.	2021
Rada Mazaheri, Morteza Abdollahi, Arezoo Rezazadeh , Hassan Eini-Zinab. Validation of a Salt Sensitivity Test as a Possible Alternative to a 24-Hour Urine Test	Crescent Journal of Medical and Biological Sciences 2021;8(3):185-190	2021
Seyyed Reza Sobhani, Hassan Eini-Zinab, Arezoo Rezazadeh . Assessing the Changes in Iranian Household Food Basket Using National Household Budget and Expenditure Survey Data, 1991–2017	International Journal of Preventive Medicine 12(148):1-10	2021
Marjan Mahdavi, Arezoo Rezazadeh , Y khorshidi, F Jokar, FM ghanaei. "Dietary supplements consumption and its association with socioeconomic factors, obesity and main non-communicable chronic diseases in the north of Iran: The PERSIAN Guilan Cohort Study (PGCS)	BMC Nutrition ۲۰۲۱ .Dec 15;7(1):84 doi: 10.1186/s40795-021-00488-2	2021
Association between individual and environmental factors with body mass index for age z-score in female adolescents living in North-West of Iran	Nutrition & Food Science	2021
Marjan Mahdavi, Arezoo Rezazadeh , Z darabi, Bahareh seyedin, F Jokar, FM ghanaei. Major dietary patterns in association with the grades of nonalcoholic fatty liver disease in newly diagnosed patients living in north of Iran	International j of preventive medicine	2022

Tahereh Karimi, Hassan Eini-Zinab, Arezoo Rezazadeh . Maternal dietary diversity and Nutritional adequacy in relation with anthropometric measurements of newborns at birth: a cohort study in Tehran city	BMC Pediatrics	2022
Iranian Journals (in Farsi) indexed in: Scopus, ISC, EMRO †Index Copernicus †Chemical Abstracts †CINAHL †CABI		
S.Hasan Kazemi, S.Vali Razavie, Arezoo Rezazadeh , Lale pirzeh, Maryam hosseyini, Evaluation of fungi contaminations of flour which is used in bakeries of Tabriz city.	Medical Journal of Mashhad University of Medical sciences 2007; 50 (98): 411-418	2007
Bahram Rashidkhani, Arezoo Rezazadeh , Nasrin Omidvar, Anahita Hoshyarrad,Zohre Setayeshgar. Major dietary patterns and their relation with socioeconomic and demographic factors of 20-50 years old women living in north of Tehran.	Iranian J Nutr Sci Food Tech 2008; 3 (2): 1-12.	2008
Zohre Setayeshgar, Nasrin Omidvar,Hamid Alavi, Arezoo Rezazadeh The influence of socio-economic factors of household on patterns of fruit and vegetable consumption in adolescent girls in Tehran.	Journal of population Study of Iran, 2008; 2(4):152-172.	2008
Arezoo Rezazadeh* . Bahram Rashidkhani,Narmela Asefi. Dietary patterns and their relation with obesity and anthropometric factors in 20-50 years old women with or without history of Obesity, Tehran, Iran.	Women Research Journal of Tabriz Azad University 2008;2:69-86.	2008
Arezoo Rezazadeh* . Bahram Rashidkhani, Nasrin Omidvar. Major dietary patterns and their relation with General and Central obesity of Tehrani women.	Research in Medical Science 2009,2010 33(4); 246-257.	2010
Mahbube Shaneshin, Bahram Rashidkhani, Rana Rafat, Nasrin Omidvar, Anahita Hoshyarrad, Arezoo Rezazadeh , Atena Ramezani, Maryam Behruz.Validity And Reproducibility a Food Frequency Questionnaire For Assessing Dietary Patterns in 18-45 Years Old Women Supported by Health Care in The North And East Of Tehran	Iranian Journal of Endocrinology and Metabolism 2011;13(1):58-66.	2011
Rana Rafat, Hamidreza Dorosty, M.Reza Eshraghian, Arezoo Rezazadeh . The association of myopia and overweight in elementary school children of Eslamshahr in 2009	Iranian Journal of Epidemiology 2012;7(3):34-46.	2012
Arezoo Rezazadeh* . Common single nucleotide polymorphisms of the fat mass and obesity associated (FTO) gene and their association with obesity and lifestyle factors: a systematic review	Iranian J Nutr Sci Food Tech 2013;7(5)suppl:651-659.	2013
Arezoo Rezazadeh* . Humidity Percent and	The Journal of paramedical	2013

Fungal content of consumed Flour of Tabriz City`s Bakeries.	sciences	
Behzad Damari, Sahand Riazi-Esfehani, Mina Hajian, <u>Arezoo Rezazadeh*</u> . Assessment of the situation and the cause of junk food consumption in Iran and recommendation of interventions for reducing its consumption	Community Health; Vol. 2, No. 3; 2015	2015
Mina Beytollahi, Hassan-Einizeinab, Zeinab Moslemi Z, Shabnam Hosseini, <u>Arezoo Rezazadeh*</u> . Pre-pregnancy weight status and its relationship with dairy intake in pregnant women under the care of health centers in tehran in 2015.	Community Health 2017;4(1):1-11.	2017
Gholami Nasrin, Behnaz <u>Arezoo Rezazadeh*</u> Association of Junk Food Consumption with Depression in Adolescents Living in High and Low Socio-economic Districts of Tehran	Community Health 2017;5(3):217-225.	2018
Noosha Samieefar, Maryam Golmohammadi, Ronak Rashedi, <u>Arezoo Rezazadeh*</u> , Mohammad Ali Heidarnia. Perception of Nutrition Aspects and the Relation of Spiritual Aspect of Nutrition and Health	Social Determinants of health Vol 4, No 4 (2018) DOI: https://doi.org/10.22037/sdh.v4i4.24245	2018
Mina Beytollahi, Fatemeh Sedaghat, <u>Arezoo Rezazadeh*</u> . Healthy eating index-2010 in relation with general/central obesity among adult women living in Tehran, Iran	J Kermanshah Univ Med Sci. 2019 June; 23(2):e87491	2019
Zahra Darabi, Amin Mokari-Yamchi, Masoomeh Hajizadehghaz, <u>Arezoo Rezazadeh*</u> . Diets and Irritable Bowel Syndrome	J Nutrition Fasting Health. 2019; 7(3): 121-129	2019
Gholizadeh E, Ayremlou P, Nouri Saeidlou S*, <u>Rezazadeh A.</u> The Relationship between Food Security and Type of Carbohydrate Consumed among Coronary Heart Patients: a Case-Control Study	510- Journal of Health 2019;9(5): 520	2019
Mohammad Reza Mazandarani, <u>Arezoo Rezazadeh*</u> , Alireza Bahrami. Adherence to a Mediterranean Dietary Pattern and Risk of Breast and Endometrial Cancers: A Systematic Review	JNSD 2019; Vol. 5, No. 1: 40-49	2020
Mohammad Masih Mansouri-Tehrani, reza hashemi, Tiam hajiha, <u>Arezoo Rezazadeh*</u> Association of Junk Food Consumption with overweight-obesity among students of basic medical sciences in Shahid Beheshti medical university (SBMU)	Social Determinants of health	2020
Maryam Golmohammadi , Noosha Samieefar , <u>Arezoo Rezazadeh*</u> . Association between Disordered Eating Behavior and Sleep Disturbance in Medical Students of Shahid Beheshti University	Social Determinants of health	2020
Bahareh Seyyedini, <u>Arezoo Rezazadeh*</u> ,	Salamat Ijtimai (Community	2020

Nasrin Omidvar, Farid Zayeri, Sakineh Nouri-Saeedlou. Comparison of Overweight and Obesity among Female Adolescents of Azeri and Kurd Ethnicity in Urmia City	Health2020;7(1):67-76	
A. Rezazadeh* , R. Hassanpour, B. Rashidkhani. Major Dietary Patterns of Women Living in Urban and Rural Areas of Dashtestan County (Bushehr Province), 2017	Iran South Med J 2020; 23(2): 129-142	2020
Karimi T, Eini- Zinab H, Moslemi Z, Rezazadeh A* . Maternal Macronutrient and Micronutrient Intakes during Pregnancy and their Associations with BMI for-Age z-Scores at Birth: A Cohort Study in Tehran	Iranian Journal of Nutrition Sciences & Food Technology 2021; 15(4):31-39 Scopus	2021
Shirani P, Omidvar N, Hassan Eini-Zinab, Poor Ebrahim F, Rezazadeh A* . Association of Body Fat Distribution Indices and Dietary Adequacy Ratio in (Body Shape Index and Waist-to-Height Ratio) in Free-Living Elderly in Tehran City, 2018–2019	Iranian Journal of Nutrition Sciences & Food Technology 2021; 16(1):1-13 Scopus	2021
Prevalence of Frailty and Its Relationships with Malnutrition in Elderly Living in Tehran city, 2021	Iranian Journal of Nutrition Sciences & Food Technology 2023; 17(4):19-29 Scopus	2022
Demographic and socio-economic factors associated with food diversity score in the elderly living in Tehran 2016-2021: a longitudinal study.	Iranian Journal of Nutrition Sciences & Food Technology Scopus	2023

***Corresponding author**

2- Books

Book	Publication		Date
Arezoo Rezazadeh , M Kimiagar. Krause`s Food and nutritional care processes; assessment, diagnosis and intervention; Weight management, 12 th ed. 2012	<u>Khosravi Publication, Tehran, Iran</u>	Translation	2008
Arezoo Rezazadeh . Nutrition principles for vegetarians (Emphasis on the whole lifecycle)	Roodgoon and Nashre Sina <u>Publication, Tehran, Iran</u>	Conflation	2014
Arezoo Rezazadeh , Parisa Keshani. Krause`s Food and nutritional care processes; assessment, diagnosis and intervention (4 chapters), 14 th ed. 2016.	<u>Khosravi Publication, Tehran, Iran</u>	Translation	2017
Arezoo Rezazadeh , Bahar Bakhshi, Zeynab Houshi-Alsadat. Nutrition and metabolism in sports, exercise and health, Kang Jie. 2 nd ed. 2018	<u>National Nutrition and Food Technology Research Institute</u>	Translation	2021
Arezoo Rezazadeh , Melika Hajar, Morvarid Noor Mohammadi, Nutrition Throughout Life Cycle, Nutrition in health and fitness. Krause`s Food and nutritional care processes; 15 th ed. 2020	<u>Khosravi Publication, Tehran, Iran</u>	Translation	2021

3- Conferences

	Congress	Date
1- Oral Presentations		
Arezoo Rezazadeh* , S.Hasan Kazemi, S.Vali Razavie. Evaluation of fungi contaminations and humidity percent of flour which is used in bakeries of Tabriz city	7 th congress of students of medical sciences, Tehran,Iran	2006
Arezoo Rezazadeh* , Anahita Hoshyarrad,Morteza Abdollahi, Naser Kalantari, Comparison of energy and nutrient intake status between urban and rural areas of East Azerbaijan state	2 nd international congress of students of medical sciences, Mashhad, Iran	2008
Arezoo Rezazadeh* , Bahram Rashidkhani, Nasrin Omidvar, Anahita Hoshyarrad. Assessment of major dietary patterns and their relation with socioeconomic and demographic factors of 20-50 years old women living in north of Tehran	9 th National Congress of Nutrition, Tehran, Iran	2008
Arezoo Rezazadeh* , Anahita Hoshyarrad,Morteza Abdollahi, Naser Kalantari.Comparison of Malnutrition Status Of Under 5-Year Children of East Azerbaijan state with Total under 5-year Children in Iran	4 th congress of students of Shahid beheshti University of medical sciences, Tehran,Iran	2008
Arezoo Rezazadeh* , Bahram Rashidkhani, Nasrin Omidvar, Anahita Hoshyarrad. Assessment of overweight and obesity prevalence of 20-50 years old women living in north of Tehran Iran, 2007, and it's relation with family history of overweight and obesity	4 th congress of students of Shahid beheshti University of medical sciences, Tehran,Iran	2008
Arezoo Rezazadeh* , Firoozeh Hosseyini, Parvin Mirmiran, Yadollah Mehrabi, Marjan Afghan, Fereidoon Azizi. Reproducibility and validity of dietary patterns derived from a food-frequency questionnaire among participants in the Tehran Lipid and Glucose	Asia Pacific Conference on Clinical NutritionBangkok,Thailand (Accepted for young investigator awards	2011
Arezoo Rezazadeh* , Mahsa Jesri, Bahram Rashidkhani Fruit and vegetable consumption and risk of type 2 diabetes mellitus among Iranian women,	16 th International congress of dietetics, Sydney ,2012,nutrition and dietetics 2012;69 supplement 1, page 56	2012
Mahsa Jessri, Bahram Rashidkhani, Bahareh Hajizadeh, Ghazaleh Eslamian, Arezoo Rezazadeh , Glycemic index, glycemic load and risk of esophageal squamous cell carcinoma (ESCC): a case-control study. 16th International congress of dietetics, Sydney,2012(Oral presentation).	16 th International congress of dietetics, Sydney ,2012,nutrition and dietetics 2012;69 supplement 1, page 69	2012
Arezoo Rezazadeh* , Nasrin Omidvar, Bahram Rashidkhani. Major Dietary Patterns of Iranian Women and Their Relation with Ethnicity and duration of Residence in the Capital City(TEHRAN).	20 th International Congress of Nutrition, Granada, Spain	2013
Arezoo Rezazadeh* , Nasrin Omidvar, Mahmud Ghazi-Tabatabaei, Reza Majdzadeh, Hasan Eini-zeinab, Saeid Ghavamzadeh. Major Dietary patterns in relation with Socioeconomic Status, Food Insecurity and lifestyle factors in Two Iranian Ethnic Group Living in Urmia, Iran.	12 th International Congress of Nutrition, Tehran, Iran.	2014
Arezoo Rezazadeh , Nasrin Omidvar. Major Dietary Patterns of Iranians in Relation with Obesity: A Systematic Review	14 th International Congress of Nutrition, Tehran, Iran.	2016
Arezoo Rezazadeh* , Nasrin Omidvar, Hasan Eini-zeinab. Multilevel analysis of the effects of neighborhood, household and individual on anthropometric indices in men and women from two Azeri and Kurd ethnicity living in Urmia city	14 th International Congress of Nutrition, Tehran, Iran.	2016
Arezoo Rezazadeh* , Nasrin Omidvar, Hassan Eini-zinab.	World Nutrition Cape town,	2016

Association of major dietary patterns with anthropometric indices based on gender and ethnicity in Iran	2016 Knowledge, Policy, Action, Cape town, South Africa	
<u>Arezoo Rezazadeh*</u> , Nasrin Omidvar, Hassan Eini-zinab The Association between Food Security Status and Depression in Two Iranian Ethnic Groups Living in Northwest of Iran.	International Conference on Human Nutrition and Food Sciences, Rome, Italy.	2017
<u>Arezoo Rezazadeh*</u> , Nasrin Omidvar, Hassan Eini-zinab. Major Dietary Patterns in Relationship with Anthropometric Indices in North West of Iran.	450th International Conferences on Medical and Health Science (ICMHS), Copenhagen, Denmark.	2018
<u>Arezoo Rezazadeh*</u> . Effective interventional programs in the first thousand days of life in infertility prevention	Avicenna University Jihad Research Institute for New Technologies of Medical Sciences, Tehran, Iran	2019
<u>Arezoo Rezazadeh*</u> . Nutrition in first Thousand days and Life Long Health	3 rd international congress of biomedicine. Health and nutrition panel, Tehran, Iran	2019
<u>Arezoo Rezazadeh*</u> , Bahareh Seyyedini and nasrinomidvar. High-school's neighborhood environment in relation with anthropometric indices of girl students living in north-west of Iran	International Symposium of Nutrition, Lille, France	Jan 2022
2-Poster Presentations		
A. International Congresses		
<u>Arezoo Rezazadeh*</u> , S.Hasan Kazemi, S.Vali Razavie. Evaluation of fungi contaminations and humidity percent of flour which is used in bakeries of Tabriz city.	10 th European Nutrition Conference (Paris- France)	2007
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar, Anahita Hoshyarrad Assessment of relation between physical activity and overweight and obesity in 20-50 years old women who are living in the north of Tehran, Iran, 2007: <u>A pilot study</u>	16th European Congress on Obesity (Geneva, Switzerland)	2008
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar, Anahita Hoshyarrad Assessment of overweight and obesity prevalence of 20-50 years old women living in north of Tehran Iran, 2007, and its relation with family history of overweight and obesity.	16th European Congress on Obesity (Geneva, Switzerland)	2008
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar, Anahita Hoshyarrad Dietary patterns and their relation with overweight and obesity of 20-50 years old women who are living in north of Tehran city, Iran, 2007: <u>A pilot study</u>	16th European Congress on Obesity (Geneva, Switzerland)	2008
<u>Arezoo Rezazadeh*</u> , Anahita Hoshyarrad, Morteza Abdollahi, Naser Kalantari. Comparison of Malnutrition Status Of Under 5-Year Children of East Azerbaijan state with Total under 5-year Children in Iran	16th European Congress on Obesity (Geneva, Switzerland)	2008
<u>Arezoo Rezazadeh*</u> Bahram Rashidkhani. Major dietary patterns of adult women living in Tehran, Iran and their relation with body mass Index and waist circumference.	Scandinavian Pediatric obesity Conference (SPOC) 9-10 July 2010, Stockholm. Poster	2010
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani. The Relation Between	Asia Pacific Conference on	2011

Major Dietary Patterns And Anthropometric Indexes In Tehrani Women With And Without Familial History Of Obesity	Clinical Nutrition .Bangkok, Thiland	
Arezoo Rezazadeh* , Bahram Rashidkhani. The Association of General and Central Obesity with Major Dietary Patterns of Adult Women Living in Tehran, Iran.	Scope summer school meeting 2011, Cambridge, England	2011
Arezoo Rezazadeh* , Bahram Rashidkhani , Nasrin Omidvar. Assessment of Major Dietary Patterns of Iranian Women and Their Relation with Socioeconomic and Demographic Factors.	16 th International congress of dietetics, Sydney .	2012
Arezoo Rezazadeh* , Bahram Rashidkhani. Resting metabolic rate, total energy intake and their relation with type 2 Diabetes Mellitus in Iranian women.	16 th International congress of dietetics, Sydney . (Awarded for the best poster)	2012
Arezoo Rezazadeh* , Nasrin Omidvar, Bahram Rashidkhani. Overweight, General And Central Obesity And Their Association With Ethnicity, Demographics And Socioeconomic Status In Iranian Women	20 th International Congress of Nutrition, Granada, Spain	2013
Arezoo Rezazadeh* , Nasrin Omidvar, Bahram Rashidkhani. Association Of Food Groups Consumption With Central Obesity Among Iranian Women	20 th International Congress of Nutrition, Granada, Spain	2013
Arezoo Rezazadeh* , Nasrin Omidvar, Bahram Rashidkhani. The Association Of Dietary Lipid Profile With Having History Of Hyperlipidemia In Iranian Women	20 th International Congress of Nutrition, Granada, Spain	2013
Omidvar N, Neyestani TR, Hajifaraji M, Eshraghian MR, Rezazadeh A , Haidari H, Zowghi T, Armin S. Calcium Intake, Major Dietary Sources And Its Association With Socio-Economic Status In Primary School Children In Tehran	20 th International Congress of Nutrition, Granada, Spain	2013
Arezoo Rezazadeh , Nasrin Omidvar, Mahmud Ghazi-Tabatabaei, Reza Majdzadeh, Hasan Eini-zeinab, Saeid Ghavamzadeh. Food insecurity, socioeconomic factors and weight status in two Iranian ethnic groups.	. III World Congress of Public Health Nutrition, Gran Canaria, Spain	2014
Arezoo Rezazadeh , Nasrin Omidvar, Bahram Rashidkhani. The relation of fast food pattern with body mass index and physical activity in Iranian women	<i>III World Congress of Public Health Nutrition</i> , Gran Canaria, Spain .	2014
Arezoo Rezazadeh* , Nasrin Omidvar, Mahmud Ghazi-Tabatabaei, Reza Majdzadeh, Hasan Eini-zeinab, Saeid Ghavamzadeh. Prevalence of overweight, general and central obesity in men and women and two ethnic Kurdish city of Urmia in 1392	International Congress on Obesity of mother and child, Urmia, Iran	2015
Arezoo Rezazadeh*. Nutritional assessment methods in childhood and adolescence	Iranian Scientific Society of Child Nutrition	2015
Rana Rafat , Arezoo Rezazadeh , Alirza Souri, Zahra Maleki. Prevalence Of Metabolic Syndrome In The Elderly Of Qarchak City	14 th International Congress of Nutrition, Tehran, Iran.	2016
Melika Haji Mohammad-Ebrahim Ketabforoush; Arezoo Rezazadeh . The Relation Between Mediterranean Dietary Pattern and Depression: A Systematic Review	1 st World Congress on the Mediterranean Diet, Milan, Italy	2016
Arezoo Rezazadeh* . The Anti-Inflammatory Effects of Mediterranean Diet: A Systematic Review	1 st World Congress on the Mediterranean Diet, Milan, Italy	2016

<u>Arezoo Rezazadeh*</u> , Nasrin Omidvar, Hassan Eini-zinab. Association of depression with general and central obesities in Azeri and Kurd ethnic groups in Urmia, West Azerbaijan, Iran	World Nutrition Cape town, 2016 Knowledge, Policy, Action, Cape town, South Africa obesity reviews	2016
Tahere Karimi, Arezoo Rezazadeh , Hassan Eini-Zinab. Anthropometric indices of pre-pregnancy and pregnancy in relationship with birth and 6 months anthropometric indices: a cohort study	4 th international congress of obesity and metabolic surgeries	2019
<u>Arezoo Rezazadeh*</u> , Nasrin Omidvar, Hassan Eini-zinab. Evaluation of Dietary Intake Networks Using Gassin Graphic Model and Their Relationship with anthropometric measures in Two Major ethnic Groups Living in Northwest of Iran	European and International Congress on Obesity (virtual)	2020
<u>Arezoo Rezazadeh*</u> , Bahareh Seyyedin and nasrinomidvar. High-school's neighborhood environment in relation with anthropometric indices of girl students living in north-west of Iran	3rd International Symposium on Nutrition (ISN 2022), Lille, France. Published in Proceedings of the Nutrition Society (2022), 81 (OCE2), E74	2022
B. National Congresses (Iran)		
<u>Arezoo Rezazadeh*</u> , Anahita Hoshyarrad, Morteza Abdollahi, Naser Kalantari. Comparison of Fruits and Vegetables Consumption Pattern of East Azerbaijan State with Mean Consumption in Iran, 1379-1381	9 th National Congress of Nutrition, Tabriz, Iran	2006
<u>Arezoo Rezazadeh*</u> . Assessment of Iron intake status of Iranian in 1379-1381	1st Congress of Trace Elements, Tehran, Iran	2006
<u>Arezoo Rezazadeh*</u> , Anahita Hoshyarrad, Morteza Abdollahi, Naser Kalantari. Comparison of Food Consumption Pattern of East Azerbaijan State with Mean Consumption in Iran	9 th National Congress of Nutrition, Tabriz, Iran	2006
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar, Anahita Hoshyarrad. The association between dietary patterns and overweight and obesity in 20-50 years old women with or without history of Obesity, Tehran, Iran.	1st Congress of Prevention of obesity, Tehran, Iran	2008
<u>Arezoo Rezazadeh*</u> , Azadeh Aminpour. The relation between food insecurity and obesity in children	1st Congress of Prevention of obesity, Tehran, Iran	2008
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar, Anahita Hoshyarrad. The relation between central obesity and socioeconomic factors of 20-50 years old women living in north of Tehran.	1st Congress of Metabolic Syndrome, Tabriz, Iran	2008
Zohre Setayeshgar, Nasrin Omidvar, Hamid Alavi, Arezoo Rezazadeh Body mass index in adolescents in high schools of 3 different socioeconomic areas of Tehran	1st Congress of Metabolic Syndrome, Tabriz, Iran	2008
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar, Anahita Hoshyarrad. Major dietary patterns and their relation with Central and General obesity in adult women in Tehran, Iran.	1st Congress of Metabolic Syndrome, Tabriz, Iran	2008
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani. A review of the relation between Major dietary patterns and Diabetes and obesity.	1st Congress of Metabolic Syndrome, Tabriz, Iran	2008
Zohre Setayeshgar, Nasrin Omidvar, Arezoo Rezazadeh . The relation between fruit and vegetable consumption with knowledge and education and BMI in adolescent girls in Tehran.	1st national Congress of nutrition students of Iran, Tehran	2008
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar. Zohre	10 th national congress of Iran	2008

Setayeshgar, Rana Rafat. The relation between major dietary patterns and hyperlipidemia, Diebete Melitus and Hypertension in 20-50 years old women living in north of Tehran		
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar. Zohre Setayeshgar, Rana Rafat. The relation between lifestyle factors and major dietary patterns of adult women living in Tehran, Iran.	10 th national congress of Iran	2008
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar. Zohre Setayeshgar, Rana Rafat. The relation between physical activity and obesity in Tehrani women	10 th national congress of Iran	2008
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar. Zohre Setayeshgar, Rana Rafat. The relation of major dietary patterns with central and general obesity in adult women with or without history of Obesity, Tehran, Iran.	10 th national congress of Iran	2008
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani. Fruit and vegetable consumption and their relation with Central Obesity	2 nd gathering of Medical Students of Iran ,Ilam, Iran	2012
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani. Major dietary patterns and its relation with having history of hypertension in adult women living in north of Tehran	5 th gathering of Medical Students of North of Iran ,Semnan, Iran	2012
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar. Meat Consumption and Risk of Type 2 Diabetes Mellitus in Women living in Tehran	13 th national congress of medical students, Babol, Iran.	2012
<u>Arezoo Rezazadeh*</u> , Bahram Rashidkhani, Nasrin Omidvar. Meat Consumption and Risk of General and Central Obesity in Women living in Tehran	12 th National Congress of Nutrition, Isfahan, Iran, October, 2012	2012
<u>Arezoo Rezazadeh*</u> , Nasrin Omidvar, Bahram Rashidkhani. Fast Food Pattern and Its Relation with Overweight, General and Central Obesity in Women Living in North of Tehran	14 th national congress of medical students, Sari, Iran.	2013
<u>Arezoo Rezazadeh*</u> , Nasrin Omidvar, Bahram Rashidkhani. The association of fast food pattern and its relation with history of hypertension in women living in north of Tehran	14 th national congress of medical students, Sari, Iran.	2013
<u>Arezoo Rezazadeh</u> , Nasrin Omidvar, Hasan Eini-zeinab, Reza Majdzadeh. Association of depression with general and central obesities in Azeri and Kurd ethnic groups in Urmia, West Azerbaijan, Iran.	<i>International Congress of Obesity, Vancouver, Canada</i>	2016
<u>Arezoo Rezazadeh</u> , Nasrin Omidvar, Hasan Eini-zeinab, Reza Majdzadeh. Association of major dietary patterns with anthropometric indices in men and women from two Azeri and Kurd ethnicity living in Urmia city, West Azerbaijan, Iran.	<i>International Congress of Obesity, Vancouver, Canada</i>	2016

*corresponding author

2) Projects:

Project	Affiliation	Date
Major dietary patterns and related factors among women aged 18-45 years living in North and East health care network of Tehran city, 2007 (Main	by a grant from the National Nutrition and Food Technology Research Institute and by the combined support of the School of Nutrition and Food Science, Shahid Beheshti University of Medical Sciences.	2007

Colleague)		
Psychological determinants of fruit and vegetable intake in adolescent in Tehran. (Main Colleague)	by a grant from the National Nutrition and Food Technology Research Institute and by the combined support of the School of Nutrition and Food Science, Shahid Beheshti University of Medical Sciences.	2007
The relation between major dietary patterns and overweight and obesity in students of Shahid Beheshti University of Medical Sciences living in Alzahra dormitory (Main Executer)	by a grant from Students Research Committee, Shahid Beheshti University of Medical Sciences	2012
Design and test of a multilevel model to explain the effects of neighborhood, household and individual on anthropometric factors in men and women living in the city of Urmia, Iran (Main Executer)	by a grant from the National Nutrition and Food Technology Research Institute and by the combined support of the School of Nutrition and Food Science, Shahid Beheshti University of Medical Sciences.	2013
The association of maternal nutritional intake during pregnancy with anthropometric characteristics and motor and cognitive development of the infant from birth to 12 month: a cohort study in Tehran city (Main Executer)	by a grant from Students Research Committee, Shahid Beheshti University of Medical Sciences	2016 up to now (ongoing)
Assessment of stability of dietary quality intake pattern of adult women living in districts under coverage of Shahid Beheshti University of Medical Sciences in north of Tehran, 2008-2017 (Main Executer)	by a grant from Students Research Committee, Shahid Beheshti University of Medical Sciences	2018
Changes in Iranian household food basket and its compliance with sustainable diet components using Income and Expenditures Survey data, 1991-2015 (Main Colleague)	by a grant from Students Research Committee, Shahid Beheshti University of Medical Sciences	2018
Standardization of the NutriCHEQ tool to identify nutritional risk in children aged 1 to 3 (Main Colleague)	by a grant from the Clinical Research Center of Mofid Hospital, Shahid Beheshti University of Medical Sciences.	2017
Situation analysis of lifestyle status in community living Elders of Tehran, 2018 (Main Executer)	by a grant from the National Nutrition and Food Technology Research Institute and by the combined support of the School of Nutrition and Food Science, Shahid Beheshti University of Medical Sciences.	From 2017
Iranians National food consumption survey (Main Colleague)	by a grant from the Ministry of Health and Medical Education, by the combined support of National Nutrition and Food Technology Research Institute , Tehran , Iran	From 2017
Relationship of lifestyle factors and anthropometric measures with fatty liver in Guilan province	by a grant from the Gilan medical university	2017
The relationship between healthy lifestyle and the risk of acute myocardial infarction in Rasht, 2019 (Main Executer)	by a grant from the National Nutrition and Food Technology Research Institute and by the combined support of the School of Nutrition and Food Science, Shahid Beheshti University of Medical Sciences.	2019
Investigating the Food Networks Using the Graphic Gassin Model and its Relationship with	by a grant from the National Elite Foundation	2019

General and Abdominal Obesity in Azeri and Kurdish Men and Women of Urmia City (Main Executer)		
Status of dietary supplementation and its relationship with a history of chronic diseases: A cohort study in Gilan province(Main Colleague)	by a grant from the Gilan university of medical sciences	2020
Comparison of the changes in the lifestyle components of the community living elderly of Tehran city in two time points of 2017 and 2021: a longitudinal study (Main Executer)	by a grant from the National Nutrition and Food Technology Research Institute and by the combined support of the School of Nutrition and Food Science, Shahid Beheshti University of Medical Sciences.	2021

3: Teaching and Executive Experiences

3.1. Teaching courses:

Teaching courses: - Undergraduate: “Nutrition throughout Life cycle” "Nutritional Assessment ", "Nutrition in Special Groups", " Malnutrition: causes and epidemiology", “Computer application in Nutrition sciences”, “research methods in health system” - Postgraduate: MSc. Seminar, Computer application in Nutrition sciences - Medicine: General principals of Nutrition - Ph.D: “Nutritional epidemiology”, “Nutritional Assessment in the community”, “Nutrition and reproductive health”, “nutrition in emergency and crisis”	Since 2015 Community Nutrition department, National Institute of Nutrition and Food Technology, Faculty of Nutrition and Food Technology, Shahid Beheshti University of Medical Sciences, Tehran, Iran
Teaching in "Basic Nutrition", "Practical Nutrition", "Nutrition and diet Therapy", and "Food Chemistry" courses at	2010-2015 Azad University of Tabriz and Sarab, Iran
Assisting my thesis supervisor in teaching of "Nutrition Planning" and "Nutrition in special groups" and "Assessment of Nutritional Status" and “Primary Health care” courses for undergraduate students	2010-2015

3.2. Guidance in Thesis

Thesis. Grade:	Thesis Topic	Duty
M.Sc.	Assessment of the relationship between adequacy, quality and diversity of dietary intake and anthropometric indices in free living (community-dwelling) elders of Tehran city	Supervisor
M.Sc.	Food security status and its association with socio-economic factors and dietary diversity in free-living elderly residents of Tehran city	Supervisor

M.Sc.	Assessment of changes in adequacy, quality and diversity of diet, and its relation with anthropometric indices and physical function in free living elderly in Tehran city in two time-points 2017 and 2021.	Supervisor
M.Sc.	Assessment of frailty status and its association with diet quality in free living elderly of Tehran city.	Supervisor
M.Sc.	Study of major dietary patterns and it's relation with demographic and socio-economic characteristics in urban and rural areas of Dashtestan County	Supervisor
M.Sc.	The association of maternal nutritional intake with anthropometric, motor and cognitive development of the infant from birth to 12 month: a cohort study in Tehran city	Supervisor
M.Sc.	Assessing the differences in cost and affordability of nutritious and sustainable diets by different socioeconomic groups and sub-national areas in Iran: 2016-2019.	Supervisor
M.Sc.	Evaluating the food environment and identifying food deserts based on the integrated spatial assessment approach: a case study of neighborhoods of Tehran city.	Supervisor
M.Sc.	Explaining the perspective of Iranian users of Instagram social network regarding of dairy products consumption	Supervisor
M.Sc.	Assessment of the relationship of school, household and individual factors with anthropometrics indices in girl female adolescents from two Azeri and Kurd ethnicities ethnic groups living in Urmia city	Supervisor
Ph.D.	Changes in Iranian household food basket and its compliance with sustainable diet components using Income and Expenditures Survey data, 1991-2015	Advisor
Ph.D.	Association of lifestyle factors associated with gastric cancer.	Advisor
M.Sc.	Association of Food intake and maternal anthropometric characteristics with low-birth-weight infants: a cohort study	Advisor
M.Sc.	Food insecurity status and Associated factors in Gharchak 2016. Elderly,	Advisor
M.Sc.	The relation between diet inflammatory index, total antioxidant capacity and breast cancer	Advisor
M.Sc.	The relationship between the major dietary pattern and the DASH diet with breast cancer	Advisor
M.Sc.	Validation and adherence of Nordic nutrition recommendation and its association with abdominal obesity among 20-50 years-old-women living districts under coverage of shahid Beheshti university of medical sciences and health services in north of Tehran, 2017	Advisor
M.Sc.	The association between healthy lifestyle score and acute myocardial infarction-A case-control study in Rasht city	Advisor
M.Sc.	Effectiveness of the Cognitive behavioral therapy (CBT) in improving nutritional and weight status in overweight adolescents	Advisor
M.Sc.	Investigation of Healthy and Less-Healthy Food Shares Changes in Iranian households food basket and its Association with their Socioeconomic and demographic factors over time, 1370-1394	Advisor
M.Sc.	Recommended Food Score, None Recommended Food Score and Healthy Nordic Food Index and risk of bladder cancer: a	Advisor

3.3. Executive

- President of the “**Student Research Committee**”, Faculty of Nutrition sciences and Food Technology, Shahid Beheshti University of Medical Sciences Since 2015.
- A member of the **Dean’s Council of Young Advisors** of Shahid Beheshti University of Medical Sciences, Faculty of Nutrition sciences and Food Technology Since 2015.
- A member of "**Educational Development Organization**", Shahid Beheshti University of Medical Sciences, Faculty of Nutrition sciences and Food Technology Since 2015.
- **Representative** of the Chairman of students` research office in matters of **research centers** of Shahid Beheshti University of Medical Sciences, Since 2015.
- A board member of “**PhD entrance exam of food and nutrition policy**”, 2017
- A Member of the Admission Committee of “**Growth and Innovation Center**” of National Institute of Nutrition and Food Technology, from 2017.
- Active member of the “Food and nutrition section” of **EUPHA** (European Public Health Association) and **EUPHANxt** (European Public Health Association next generation network) from 2014.
- A member of the **Examination Board of the Comprehensive National Basic Sciences Exam** of
- A member of the Scientific Committee of the National Inotech Health Event, 2019.
- A member of **Directors Board** of “**Scientific Association of Food and Nutrition, Supporter of Iranian Health**. From 2021.
- A member of **Directors Board** of “**Community Nutrition Group of Scientific Association of nutrition**” from 2021.
- A member of **Advisory Board of International Food Information Service (IFIS)** in collaboration with Nutrition Society Since 2021.
- Supervisor of **Nutritional assessment and consultation skill lab**, Department of Community Nutrition, Faculty of Nutrition and Food Technology, Shahid Beheshti University of Medical Sciences, Tehran, Iran Since 2017.
- _ A member of “**Knowledge Translation and Public Nutrition Education**” committee of National Institute of Nutrition and Food Technology, Shahid Beheshti University of Medical Sciences, Tehran, Iran Since 2021.
- Student and cultural deputy of school of Nutrition and Food science, Shahid Beheshti University of Medical Sciences, Since 2022

4: Other Competences and Skills

Reviewer :
A-Journals
Reviewer of Public Health Nutrition Journal
Reviewer of British Journal of Nutrition
Reviewer of BioMed Central journals.
Reviewer of BMC Nutrition
Reviewer of Journal of Reproduction & Infertility
Reviewer of Iranian Journal of Nutrition Sciences & Food Technology.
Reviewer of Thrita Journal of Medical Sciences.
Reviewer of Journal of Nutrition and Food Security
Reviewer of Journal of nutritional sciences and dietetics
Reviewer of Journal of community health
B- Projects
Reviewer of Projects of National Institute of Nutrition and food technology, Tehran, Iran.
Reviewer of Projects of Fund for Supporting Researchers and Technologists of the Country, Iran.
Reviewing of Projects of Heart center of Gilan University of Medical Sciences, Tehran, Iran.
Reviewer of projects of Shiraz University of Medical Sciences, Tehran, Iran.
C-Conferences
Reviewer of 3 rd and 4 th <u>international</u> congress and 10 th to 15 th <u>national</u> congresses of students of medical sciences, Tehran, Iran (2009-2014)
Reviewer of 13 th and 14 th of <u>international</u> congress of nutrition, Tehran, Iran
Other Skills (membership)
A member of Iranian Nutrition Society (since 2005)
A member of Canadian Obesity network (since 2011)
A member of Dietetic Association of Australia (DAA) (since 2012)
Active member of students` research committee of Shaid Beheshti University (2006-2015)
Full membership of British Nutrition Society (since 2017)
A member of scientific Society of Nutrition of Iran (since 2020)

5: Skills in English

Read	Speak	Write
Advanced	Advanced	Advanced