



National Nutrition and Food Technology Research Institute

Shahid Beheshti University of Medical Sciences

NNFTRI is a national academic, research, counselling and educational organization in the field of food and nutrition which is active in developing food and nutrition sciences as well as promoting health and food and nutrition security of the population.



Brief overview

In 1961, National Nutrition and Food Technology Research Institute (NNFTRI) was established, with its adjunct School of Nutrition Sciences and Food Technology (SNSFT). It became affiliated with Shahid Beheshti University of Medical Sciences (former Melli University), a leading medical university in Tehran, Iran, in 1986. Since their inception, the collective mission of NNFTRI has been focused on an integrated portfolio of research, education, advocacy and consultation in food and nutrition.

Since 1992, the NNFTRI has been designated as the collaborating center for WHO. Also, it has had close collaboration with Wageningen University & Research and other UN agencies, including UNICEF and FAO.



The institute has focused its visions mainly on the assessment of the nutritional status, detection of nutritional deficiencies and problems, causes and roots of problems and their trend in different age and socio-economic groups in different geographical regions. Then in the next step, efforts have been made to achieve a high scientific ranking in the national, regional and international level in nutrition science and food technology and expand research activities with regard to information technology and human resource development. Today NNFTRI and SNSFT are



Educational departments:

- ◆ Department of clinical nutrition and dietetics
- ◆ Department of community nutrition
- ◆ Department of cellular and molecular nutrition
- ◆ Department of food sciences and technology

Research departments:

- ◆ Department of nutrition research
- ◆ Department of food technology research
- ◆ Department of food and nutrition policy and planning

Degree programs

- ◆ B.Sc. in nutritional sciences
- ◆ B.Sc. in food science and technology
- ◆ M.Sc. in nutritional sciences
- ◆ M.Sc. in clinical nutrition
- ◆ M.Sc. in food science and technology

Degree and by research programs

- ◆ Ph.D. in nutritional sciences
- ◆ Ph.D. in food and nutrition policy
- ◆ Ph.D. in food science and technology (Quality control)
- ◆ Ph.D. in hygiene and food safety

By research programs

- ◆ M.Sc. and Ph.D. in clinical and public health nutrition
- ◆ M.Sc. and Ph.D. in global health nutrition



CONTACT US

For more information and to view the professors CVs, you can scan the QR code.

Please contact:

Web site: nnftri.ac.ir

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Laboratories:

- ◆ Food analysis
- ◆ General and organic chemistry
- ◆ Biochemistry
- ◆ Food quality control
- ◆ Food microbiology
- ◆ Biochemistry and cell culture
- ◆ Animal lab
- ◆ Microbiology
- ◆ Chromatography
- ◆ Histology
- ◆ Laboratory of Nutrition Research
- ◆ Laboratory of Food chemistry
- ◆ Laboratory of Microbiology and biotechnology

