



National Nutrition
And
Food Technology Research Institute

NNFTRI is a national academic, research, counselling and educational organization in the field of food and nutrition which is active in developing food and nutrition sciences as well as promoting health and food and nutrition security of the population.



History of NNFTRI

In August, 1961 upon the approval of the Cabinet, the "Iranian Food and Nutrition Institute" was founded as an independent entity, but in collaboration with Ministry of Health, with the mission of determining the general nutritional guidelines at the national level based on scientific studies. In 1976, the Parliament approved the establishment of 'The Iranian Institute of Nutrition Sciences & Food Technology'. Consequently, the previous institute was eliminated, and the new one began its mission. In line with that trend, in March, 1977, the same Parliament approved the establishment of 'The School of Nutrition Sciences & Food Technology'. Then in 1991, given the global evolution and advances as well as changes in research approach, a new organization entitled The Iranian Institute of Nutrition Sciences & Food Technology was founded upon the approval of the Islamic Consultative Assembly and the Guardian Council as a scientific and research institute with financial independence and legal identity affiliated to Shahid Beheshti University of Medical Sciences.



The institute has focused its visions mainly on the assessment of the nutritional status, detection of nutritional deficiencies and problems, causes and roots of problems and their trend in different age and socio-economic groups in different geographical regions. Then in the next step, efforts have been made to achieve a high scientific ranking in the national, regional and international level in nutrition science and food technology and expand research activities with regard to information technology and human resource development. Today NNFTRI is running with 28 faculty members.



Research laboratories

- ♦ Laboratory of Nutrition Research
- ♦ Laboratory of Food chemistry
- ♦ Laboratory of Microbiology and biotechnology

Research projects and programs

- ♦ National food and nutrition surveillance program
- ♦ National program for evaluating Household Food Consumption Patterns and Food Security
- ♦ National food composition table program
- ♦ National food safety program

Units

- ♦ Nutrition and diet therapy clinic
- ♦ Public education
- ♦ Publication
- ♦ Knowledge translation
- ♦ Incubation & innovation center
- ♦ Technology and industrial liaisons management
- ♦ Pilot plant



Research Departments

- ♦ Department of nutrition research
- ♦ Department of food technology research
- ♦ Department of food and nutrition policy and planning

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